

MTSS-B is a positive school-wide Multi-Tiered System of Supports for Behavior that guides and supports SouthWEst High School to create safe, successful, and positive learning environment and culture for everyone.

MTSS-B UPDATE @ LSW

Lincoln Southwest High School

December 2019 – January 2020

Silver Hawk Teacher Recognition Blitz December 2019 ak you teachers for beloing your students Si

Thank you, teachers, for helping your students SOAR high!



Matt James



Leslie Mann



Danna Moore



Thomas Nettleton



Russ Raatz

Remember to recognize your students for great things they do! The jump code to an electronic "You've been caught" card is <u>LSWSOAR</u>

From December 1st through January 1st, we received **48** SOAR e-tickets. Let's shoot for 100 this month, Silver Hawks!

From Sasha Van Zandt: Building Relationships with students AND parents

Research indicates that you can improve behavior by 80% just by pointing out what someone is doing correctly. At LSW, we acknowledge the desired behavior by providing specific positive feedback to let our students know what they have done correctly. Giving SOAR tickets and the short and meaningful conversations with your students allows you an opportunity to build relationships with you students, as they feel noticed and appreciated.

SOAR tickets can also help you build relationships with parents. In one of our MTSS-B committee meetings we were discussing ways to communicate with parents. This prompted me to use SOAR tickets as a way to reach both: my students and their parents (thank you Michael Geist and MTSS-B committee for the inspiration!) Now every time I give out a SOAR card, I also email parents and ask them to congratulate their students and encourage them to continue to work hard in my class.

Initially, this may seem overwhelming. Yes, it does take time. However, our committee folks suggested to create a template, and this process became quite manageable. There are a few things that I've learned through this process:

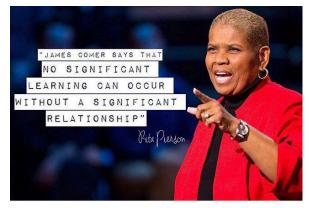
- 1. The feedback that I receive from the parents is worth the few minutes I spend on these emails. It is simply spreading kindness, and my heart is full when I hear the words of gratitude from the parents who appreciate that their child has been noticed and cared for.
- 2. It helps me gain parents' trust, so when the true issue does come up, parents know that I am sincere in wanting success for their child.
- 3. It creates a kind opportunity for parents and children to have a kind discussion at home about my class or school in general.

It's a win-win situation!

If you would like me to share my template with you, please, let me know! I would be happy to! Meanwhile, keep focusing on building relationships and nurturing your connections with all your students.

Lastly, I suggest a TED Talk from Rita Pierson. This video is a "call to educators to believe in their students and actually connect with them on a real, human, personal level". Please Google "Rita Pierson Every Kid Needs a Champion" or click on the link below this newsletter.

Thank you all for the great work you do and cheers to a new and exciting semester!



From our MTSS-B Coach Sara Mann:

As the saying goes, "If you can predict it, you can prevent it." At LSW, we focus on prevention in the following ways:

- 1. Clear expectations
- 2. Predictable routines and procedures
- 3. Active supervision
- 4. Intentional student engagement
- 5. Thoughtful room arrangement

These practices can be applied outside school, too. For example, if your child struggles with leaving on time, having a set routine could help with this. It might sound like, *"Remember where we agreed your device will go? I look forward to you putting it there and having time for us to talk with each other on the way."* Then, immediately watch for the agreed upon behavior and let them know you appreciate it. Let us know if you have tried any of these ways of prevention outside of school.