LINCOLN HIGH TRACK AND FIELD



2021

SEASON SUMMARY

A SPECIAL THANKS TO ALL PARENTS and/or GUARDIANS FOR ALL OF THE FOOD, WATER, SNACKS AND FINANCIAL SUPPORT THROUGHOUT THE SEASON.

Lincoln High School Records

100 METERS	Dajaz DeFrand	11.67	2021
200 METERS	Dajaz DeFrand	24.36	2021
400 METERS	Linda Brown	57.6	1991
800 METERS	Carol Nunnally	2:15.51	1982
1600 METERS	Carol Nunnally	5:00.61	1982
3200 METERS	Carol Nunnally	10:45.89	1982
100 METER HURDLES	Carrie Moore	15.6	1990
300 METER HURDLES	Teonna Wimes	46.0	2007
POLE VAULT	Novalee Schmit	10'0	2021
	Megan Harrington	10'0	1977
SHOT PUT	Karen Wilson	43'8	1978
DISCUS	Robin Hruby	151'1	1977
LONG JUMP	Lisa Hunter	17'5	1984
TRIPLE JUMP	Nya Gatluak	37'10"	2016
HIGH JUMP	Sydney McAlister	5' 5"	2016
4 x 100 METER RELAY	Jamiah Patterson Neryah Hekl Zainab Funnah Dajaz DeFrand	48.18	2021
4 x 400 METER RELAY	Carol Nunnally Gaylene Gaskins Vallery Brown Michelle Maxey	4:00.91	1982
4 x 800 METER RELAY	Heidi Tussing Linda Brown Margaret Fisher Kelly Loos	9:32.59	1988

GIRLS VARSITY

March 25	LNE RELAYS	NO	TEA	M SC	CORES
April 1	OMAHA WESTSIDE INV.	**	4 th	/ 62	Pts. **
April 8	GRAND ISLAND INV.	**	4 th	/ 5	4 Pts. **
April 15	PAPILLION-LS INV.	**	5 th	/ 4	4 Pts. **
April 22	HAROLD SCOTT INV.	**	8 th	/ 4	4 Pts. **
April 28	LPS CHAMPIONSHIP	**	3^{rd}	/	84 Pts. **
May 5	HEARTLAND CONF.	**	10 th	/ :	26 Pts. **
May 12	A-1 DISTRICT	**	4 th	/	86 Pts. **
May 19 & 20	NE STATE MEET	**	7 th	/ ;	34.5 Pts. **

BOYS VARSITY

March	25	LNE RELAYS	NO	TEA	M	SCC	RES	
April	1	OMAHA WESTSIDE INV.	**	8 th	/	11	Pts.	* <i>*</i>
April	8	GRAND ISLAND INV.	**	5 th	/	69.5	Pts.	
April	15	PAPILLION-LS INV.	**	5 th	/	54.5	Pts.	
April	22	HAROLD SCOTT INV.	**	9 th	/	28	Pts.	
April	28	LPS CHAMPIONSHIP	**	5 th	/	35	Pts.	**
May	5	HEARTLAND CONF.	**	8 th	/	34	Pts.	**
May	12	A-2 DISTRICT	**	5 th	/	53	Pts.	**
May 19	& 20	NEBRASKA STATE MEET	**	20 th	/	11	Pts.	**

Lincoln High School Records

100 METERS	Bobby Williams	10.4	1961
200 METERS	Bobby Williams	21.5	1961
400 METERS	Jay-J Parks	48.36	2012
800 METERS	Jerry Kletchka	1:54.5	1974
1600 METERS	Kurt Holliday	4:22.1	1991
3200 METERS	Kurt Holliday	9:31.62	1991
110 HIGH HURDLES	Darius Luff	13.69	2019
300 IM HURDLES	Darius Luff	38.2	2019
POLE VAULT	Luke Franssen	15'2"	2007
SHOT PUT	Mike Washington	60'2"	1975
DISCUS	John Beaver	184'0"	1976
LONG JUMP	Bobby Williams	24' .5"	1961
TRIPLE JUMP	Richard Ross	48'5.5"	2000
HIGH JUMP	Doug Kuszak	6'11"	1987
4 X 100 METER RELAY	Darius Luff, Dauntavis Lawerence, Zion Perry, CJ Jones	41.95	2018
4 X 400 METER RELAY	Doug Kuszak, Eric Priebe, Jeff Payne, Aaron Brown	3:23.4	1987
4 X 800 METER RELAY	Mike Wilson, Kurt Holliday, Rod Beery, Chris Swanson	7:57.1	1991
1600 METER MEDLEY	Zion Perry, CJ Jones, Darius Luff, LeeAaron Berks	3:35.1	2018
4000 METER MEDLEY	Chris Clymer, Joel Sievert David Crabtree, Chris Hatch	10:44.38	2003
6400 METER RELAY	Chris Swanson, Kurt Holliday Mike Wilson, Rod Beery	18:38.2	1991

LINCOLN PUBLIC SCHOOLS <u>CHAMPIONS</u>

Dajaz DeFrand 100 Meters

Dajaz DeFrand 200 Meters

Jamiah Patterson 4 x 100 Relay

Neryah Hekl 4 x 100 Relay

Zainab Funnah 4 x 100 Relay

Dajaz DeFrand 4 x 100 Relay

Javon Leuty 110 HH

LINCOLN PUBLIC SCHOOLS MEDAL WINNERS

Parker Vyhildal 100 Meters

4 x 100 Relay

Neryah Hekl 200 Meters

Hunter Kuehn 200 Meters

4 x 100 Relay

Long Jump

Zainab Funnah 200 Meters

Faith Van Eck 800 Meters

Jordan Kwiatkowski 800 Meters

Nyrawaga Jock 100 HH

300 LH

Javon Leuty 4 x 100 Relay

Isaac Mongtmery 4 x 100 Relay

LINCOLN PUBLIC SCHOOLS MEDAL WINNERS (CON'T.)

Lola Agena 4 x 800 Relay

Faith Van Eck 4 x 800 Relay

Kennedy Bartee 4 x 800 Relay

Olivia Dillilo 4 x 800 Relay

Azai Ramsey Shot Put

Kayla Farmer Discus

Novalee Schmit Pole Vault

Morgan Gatzmeyer Long Jump

Korbin Arnold Pole Vault

Marcelus McCulley Triple Jump

HEARTLAND CONFERENCE CHAMPIONS

** None for 2021 **

HEARTLAND CONFERENCE MEDAL WINNERS

Korbin Arnold Pole Vault

Kennedy Bartee 3200 Meters

Sage Gibson Triple Jump

Nyawarga Jock 100 HH

Hunter Kuehn Long Jump

400 Meters

4 x 100 Relay

HEARTLAND CONFERENCE MEDAL WINNERS (con't.)

Jordan Kwiatkowski	800 Meters
Javon Leuty	110 HH
Isaac Montgmery	4 x 100 Relay
Beni Ngoyi	Triple Jump
	High Jump
	4 x 100 Relay
Jamiah Patterson	100 Meters
Claire Raszick	100 Meters
	200 Meters
Novalee Schmit	Pole Vault
Parker Vyhildal	100 Meters
	4 x 100 Relay

DISTRICT A-2 CHAMPIONS

Lola Agena	1600 Meters
Dajaz DeFrand	100 Meters
	200 Meters
	4 x 100 Relay
Zainab Funnah	4 x 100 Relay
Neryah Hekl	4 x 100 Relay
Hunter Kuehn	4 x 100 Relay
Javon Leuty	110 HH
Isaac Mongtmery	4 x 100 Relay
Beni Ngoyi	4 x 100 Relay
Jamiah Patterson	4 x 100 Relay
Parker Vyhildal	4 x 100 Relay

A-2 DISTRICT MEDAL WINNERS

Lola Agena 4 x 800 Relay

Korbin Arnold Pole Vault

Kennedy Bartee 1600 Meters

3200 Meters

4 x 800 Relay

Jesse Cruse 4 x 400 Relay

Olivia DiLillo 4 x 800 Relay

Kayla Farmer Discus

Sage Gibson Triple Jump

Neryah Hekl 100 Meters

Zainab Funnah 200 Meters

Nyrawaga Jock 100 HH

Hunter Kuehn 400 Meters

4 x 400 Relay

Long Jump

Jordan Kwiatkowski 4 x 400 Relay

Linda Laam 100 HH

Jacob Lawrence 1600 Meters

Sandrine Lekouyi Shot Put

Discus

Marcelus McCulley High Jump

Beni Ngoyi High Jump

Triple Jump

Azai Ramsey Shot Put

Novalee Schmit Pole Vault

Faith Van Eck 4 x 800 Relay

Parker Vyhildal 4 x 400 Relay

** STATE CHAMPIONS **

Dajaz DeFrand	100 Meters
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200 Meters

4 x 100 Relay

Zainab Funnah 4 x 100 Relay

Neryah Hekl 4 x 100 Relay

Jamiah Patterson 4 x 100 Relay

STATE MEDAL WINNERS

Neryah Hekl	100	Meters
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Hunter Kuehn 400 Meters

4 x 100 Relay

Javon Leuty 110 High Hurdles

Isaac Mongtmery 4 x 100 Relay

Beni Ngoyi 4 x 100 Relay

Triple Jump

Novalee Schmit Pole Vault

Parker Vyhildal 4 x 100 Relay

VARSITY CERTIFICATE

Award Recipients

Lekia Idigmia 15' 3.75" in the Long Jump @ LHS/LNE JV Open Inv.

37' 3.5" in the Shot Put @ LPS Championships

Cameron Long Soldier 3:15.12 in the 800 Meters @ LPS OPEN Inv.

22' 7" in the Shot Put @ LPS OPEN Inv. 3:02.01 in the 800 Meters @ Silverhawk Inv.

3:13.77 in the 800 Meters @ LHS/LNE JV Open Inv.

3:09.14 in the 800 Meters @ Fremont JV Inv.

Lual Lual 13.78 in the 100 Meters @ LPS OPEN Inv.

27.64 in the 200 Meters @ LPS OPEN Inv. 15' 10.5" in the Long Jump @ LPS OPEN Inv.

15' 5" in the Long Jump @ LHS/LNE JV Open Inv. 6th place in the Long Jump @ Fremont JV Inv. / 15' 2"

Livon Ramsey 19' 9.75" in the Long Jump @ HAC Championship

18' 6" in the Long Jump @ District Meet

Tyree Sallis 16' 7.75" in the Long Jump @ LNE Relays

35' 10" in the Triple Jump @ LNE Relays 17' 4.5" in the Long Jump @ LPS OPEN Inv. 37' 10" in the Triple Jump @ LPS OPEN Inv. 16' 4" in the Long Jump @ Silverhawk Inv.

4th place in the Triple Jump @ Silverhawk Inv. / 38' 11"

36' 11" in the Triple Jump @ LPS Championships

VARSITY LETTER

Award Recipients

* CHAMPION * in 1600 Medley Relays @ LNE Relays / 4:31.09 Lola Agena 2nd place in the 4 x 800 Relay @ Westside Inv. / 10:25.82 3rd place in the 1600 Meters @ Westside Inv. / 5:38.82 4:33.0 in the 4 x 400 Relay @ Westside Inv. 5th place in the 1600 Meters @ GI Inv. / 5:24.74 2nd place in the 4 x 800 Relay @ GI Inv. / 10:28.52 2:31.28 in the 800 Meters @ Pap. L-S Inv. 3rd place in the 1600 Meters @ Pap. L-S Inv. / 5:22.61 ** 4th fastest time in LHS History ** 5th place in the 4 x 800 Relay @ Harold Scott Inv. / 10:19.58 5:30.14 in the 1600 Meters @ Harold Scott Inv. 3rd place in the 4 x 800 Relay @ LPS Championships / 10:16.16 ** 9th fastest time in LHS History ** 5:35.19 in the 1600 Meters @ HAC Championship * CHAMPION * in the 1600 Meters @ District Meet / 5:26.34 ** DISTRICT CHAMPION ** ** STATE OUALIFIER ** 3rd place in the 4 x 800 Relay @ District Meet / 9:57.28 ** 5th fastest time in LHS history ** ** STATE QUALIFIER ** 5:28.16 in the 1600 Meters @ STATE MEET 10:15.49 in the 4 x 800 Relay @ STATE MEET James Allen * CHAMPION * in the High Jump @ Beatrice JV Inv. / 5'8" 3rd place in the High Jump @ GI Inv. / 6' 0" 3rd place in the High Jump @ Pap. L-S Inv. / 5' 10" 5' 9" in the High Jump @ Harold Scott Inv. 5' 7" in the High Jump @ LPS Championships 5' 9" in the High Jump @ HAC Championship Noelani Anderson 4th place in the DMR Relay @ LNE Relays / 13:53.46 2:47.94 in the 800 Meters @ Westside Inv. 4:33.0 in the 4 x 400 Relay @ Westside Inv. 2:46.93 in the 800 Meters @ GI Inv. 2:44.34 in the 800 Meters @ Harold Scott Inv. 1:08.77 in the 400 Meters @ LPS Championship 2:39.65 in the 800 Meters @ LPS Championship 1:06.39 in the 400 Meters @ HAC Championship 2:40.47 in the 800 Meters @ HAC Championship 2:34.39 in the 800 Meters @ District Meet

** STATE OUALIFIER **

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Korbin Arnold
                           6<sup>th</sup> place in the Pole Vault @ LNE Relays / 10' 6"
                           3<sup>rd</sup> place in the Pole Vault @ Westside Inv. / 11' 0"
                           3rd place in the Pole Vault @ GI Inv. / 10' 6"
                           5th place in the Pole Vault @ Pap. L-S Inv. / 11' 6"
                           8th place in the Pole Vault @ Harold Scott Inv. / 11' 3"
                           4th place in the Pole Vault @ LPS Championships / 11' 9"
                           4th place in the Pole Vault @ HAC Championship / 12' 2"
                           6<sup>th</sup> place in the Pole Vault @ District Meet / 11' 8"
                           4<sup>th</sup> place in the DMR Relay @ LNE Relays / 13:53.46
Kennedy Bartee
                           2^{nd} place in the 4 x 800 Relay @ Westside Inv. / 10:25.82
                           4th place in the 1600 Meters @ Westside Inv. / 5:40.18
                           5:54.34 in the 1600 Meters @ GI Inv.
                           2^{nd} place in the 4 x 800 Relay @ GI Inv. / 10:28.52
                           4th place in the 3200 Meters @ Pap. L-S Inv. 11:50.91
                                        ** 6th fastest time in LHS History **
                           5th place in the 4 x 800 Relay @ Harold Scott Inv. / 10:19.58
                           5:36.55 in the 1600 Meters @ Harold Scott Inv.
                                        ** 10<sup>th</sup> fastest time in LHS History **
                           3<sup>rd</sup> place in the 4 x 800 Relay @ LPS Championships / 10:16.16
                                        ** 9th fastest time in LHS History **
                           3<sup>rd</sup> place in the 3200 Meters @ LPS Championship / 11:57.03
                           6<sup>th</sup> place in the 3200 Meters @ HAC Championship / 12:16.59
                           5<sup>th</sup> place in the 1600 Meters @ District Meet / 5:35.47
                                        ** STATE QUALIFIER **
                           5<sup>th</sup> place in the 3200 Meters @ District Meet / 11:56.46
                                        ** STATE OUALIFIER **
                           3<sup>rd</sup> place in the 4 x 800 Relay @ District Meet / 9:57.28
                                        ** 5<sup>th</sup> fastest time in LHS history **
                                               ** STATE QUALIFIER **
                           5:32.72 in the 1600 Meters @ STATE MEET
                           11:58.09 in the 3200 Meters @ STATE MEET
                           10:15.49 in the 4 x 800 Relay @ STATE MEET
Deshawn Burks
                           5<sup>th</sup> place in the DMR Relay @ LNE Relays / 11:41.71
                           2:09.89 in the 800 Meters @ Westside Inv.
                           3:47.41 in the 4 x 400 Relay @ Westside Inv.
                           5<sup>th</sup> place in the 800 Meters @ GI Inv. / 2:10.53
                           5<sup>th</sup> place in the 4 x 400 Relay @ GI Inv. / 3:41.87
                           2:07.26 in the 800 Meters @ Pap. L-S Inv.
                           5<sup>th</sup> place in the 4 x 400 Relay @ Pap. L-S Inv. / 3:46.20
                           8th place in the 800 Meters @ Harold Scott Inv. / 2:08.59
                           2:05.79 in the 800 Meters @ LPS Championship
                           2:09.48 in the 800 Meters @ HAC Championship
                           2:08.03 in the 800 Meters @ District Meet
                                        ** STATE QUALIFIER **
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Jesse Cruse
                       4th place in the 100 Meters @ Beatrice JV Inv. / 12.09
                       * CHAMPION * in the 4 x 100 Meter Relay @ Beatrice JV Inv. / 47.34
                       * CHAMPION * in the 4 x 400 Relay @ Beatrice JV Inv. / 4:01.63
                       6<sup>th</sup> place in the 200 Meters @ GI Inv. / 23.96
                       5<sup>th</sup> place in the 4 x 400 Relay @ GI Inv. / 3:41.87
                       5th place in the Sprint Medley Relay @ GI Inv. / 1:44.87
                       54.61 in the 400 Meters @ Pap. L-S Inv.
                       5<sup>th</sup> place in the 4 x 400 Relay @ Pap. L-S Inv. / 3:46.20
                       54.33 in the 400 Meters @ Harold Scott Inv.
                       11.75 in the 100 Meters @ LPS Championship
                       23.71 in the 200 Meters @ LPS Championship
                       23.8 in the 200 Meters @ HAC Championship
                       52.98 in the 400 Meters @ District Meet
                       4<sup>th</sup> place in the 4 x 400 Relay @ District Meet / 3:33.1
                                   ** STATE QUALIFIER **
                       3:34.81 in the 4 x 400 Relay @ STATE MEET
Dajaz DeFrand Jr.
                       * CHAMPION * in 1600 Medley Relay @ LNE Relays / 4:31.09
                       2<sup>nd</sup> place in the Sprint Medley Relay @ LNE Relays / 1:59.97
                       * CHAMPION * in the 100 Meters @ Westside Inv. / 12.36
                       * CHAMPION * in the 200 Meters @ Westside Inv. / 25.26
                       * CHAMPION * in the 4 x 100 Relay @ Westside Inv. / 49.51
                       * CHAMPION * in the 100 Meters @ GI Inv. / 11.67
                                   ** SCHOOL RECORD **
                       * CHAMPION * in the 200 Meters @ GI Inv. / 25.33
                       * CHAMPION * in the 4 x 100 Relay @ GI Inv. / 48.93
                       * CHAMPION * in the 100 Meters @ Pap. L-S Inv. / 11.79
                       * CHAMPION * in the 200 Meters @ Pap. L-S Inv. / 24.52
                       * CHAMPION * in the 200 Meters @ Harold Scott Inv. / 24.36
                                   ** SCHOOL RECORD **
                       * CHAMPION * in the 4 x 100 Relay @ Harold Scott Inv. / 49.03
                       * CHAMPION * in the 100 Meters @ LPS Championship / 11.81
                                   ** MEET RECORD **
                       * CHAMPION * in the 200 Meters @ LPS Championship / 24.52
                                   ** MEET RECORD **
                       * CHAMPION * in the 4 x 100 Relay @ LPS Championship / 48.57
                             ** MEET RECORD ** & ** SCHOOL RECORD **
                       * CHAMPION * in the 100 Meters @ DISTRICT MEET / 11.79
                                   ** STATE OUALIFIER **
                       * CHAMPION * in the 200 Meters @ DISTRICT MEET / 24.91
                                   ** STATE OUALIFIER **
                       * CHAMPION * in the 4 x 100 Relay @ DISTRICT MEET / 48.18
                                   ** SCHOOL RECORD **
                                   ** STATE QUALIFIER **
                 ** STATE CHAMPION ** in the 100 Meters @ STATE MEET / 11.73
                 ** ALL CLASS GOLD MEDAL FOR THE 100 METERS **
                 ** STATE CHAMPION ** in the 200 Meters @ STATE MEET / 24.53
                 ** ALL CLASS GOLD MEDAL FOR THE 200 METERS **
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** STATE CHAMPION ** in the 4 x 100 Relay @ STATE MEET / 48.38 ** ALL CLASS GOLD MEDAL FOR THE 4 X 100 RELAY **

Olivia DiLillo

4th place in the DMR Relay @ LNE Relays / 13:53.46

2nd place in the 4 x 800 Relay @ Westside Inv. / 10:25.82

4:33.0 in the 4 x 400 Relay @ Westside Inv.

6:09.83 in the 1600 Meters @ GI Inv.

2nd place in the 4 x 800 Relay @ GI Inv. / 10:28.52

5th place in the 4 x 800 Relay @ Harold Scott Inv. / 10:19.58

2:36.61 in the 800 Meters @ Harold Scott Inv.

3rd place in the 4 x 800 Relay @ LPS Championships / 10:16.16

** 9th fastest time in LHS History **

2:35.39 in the 800 Meters @ LPS Championship

3rd place in the 4 x 800 Relay @ District Meet / 9:57.28

** 5th fastest time in LHS history **

** STATE QUALIFIER **

10:15.49 in the 4 x 800 Relay @ STATE MEET

Kayla Farmer

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3<sup>rd</sup> place in the Discus @ LNE Relays / 102' 6"
30' 1.5" in the Shot Put @ LNE Relays
30' 6" in the Shot Put @ Westside Inv.
5<sup>th</sup> place in the Discus @ Westside Inv. / 92' 7"
4<sup>th</sup> place in the Discus @ GI Inv. / 105' 10"
32' 5.75" in the Shot Put @ GI Inv.
6<sup>th</sup> place in the discus @ Pap. L-S Inv. / 97' 4"
6<sup>th</sup> place in the Shot Put @ Pap. L-S Inv. / 33' 0.5"
29' 4" in the Shot Put @ Harold Scott Inv.
103' 2" in the Discus @ Harold Scott Inv.
2<sup>nd</sup> place in the Discus @ LPS Championships / 112' 3"
29' 5.5" in the Shot Put @ LPS Championships
32' 7" in the Shot Put @ HAC Championship
7th place in the Discus @ HAC Championship / 104' 6"
31' 11.25" in the Shot Put @ District Meet
4<sup>th</sup> place in the Discus @ District Meet / 106' 9"
             ** STATE QUALIFIER **
104'3" in the Discus @ STATE MEET
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Zainab Funnah

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* CHAMPION * in 1600 Medley Relay @ LNE Relays / 4:31.09
      2<sup>nd</sup> place in the 800 Medley Relay @ LNE Relays / 1:59.97
      14' 0" in the Long Jump @ LNE Relays
      13.66 in the 100 Meters @ Westside Inv.
      28.06 in the 200 Meters @ Westside Inv.
      * CHAMPION * in the 4 x 100 Relay @ Westside Inv. / 49.51
      6<sup>th</sup> place in the 200 Meters @ GI Inv. / 27.34
      15' 9.75" in the Long Jump @ GI Inv.
      * CHAMPION * in the 4 x 100 Relay @ GI Inv. / 48.93
      13.18 in the 100 Meters @ Pap. L-S Inv.
      27.29 in the 200 Meters @ Pap. L-S Inv.
      4th place in the 200 Meters @ Harold Scott Inv. / 26.6
            ** 10th Fastest Time in LHS History **
      * CHAMPION * in the 4 x 100 Relay @ Harold Scott Inv. / 49.03
      * CHAMPION * in the 4 x 100 Relay @ LPS Championship / 48.57
            ** MEET RECORD ** & ** SCHOOL RECORD **
      4th place in the 200 Meters @ HAC Championship / 26.70
      5<sup>th</sup> place in the 200 Meters @ District Meet / 26.65
                 ** STATE QUALIFIER **
      * CHAMPION * in the 4 x 100 Relay @ District Meet / 48.18
                  ** SCHOOL RECORD **
                  ** STATE QUALIFIER **
      26.59 in the 200 Meters @ STATE MEET
** STATE CHAMPION ** in the 4 x 100 Relay @ STATE MEET / 48.38
** ALL CLASS GOLD MEDAL FOR THE 4 X 100 RELAY **
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Zavier Gamble

114' 6" in the Discus @ LNE Relays
34' 11.5" in the Shot Put @ LNE Relays
34' 6" in the Shot Put @ Westside Inv.
112' 5.5" in the Discus @ Westside Inv.
103' 11" in the Discus @ GI Inv.
35' 9.75" in the Shot Put @ GI Inv.
106' 10" in the Discus @ Pap. L-S Inv.
34' 7.5" in the Shot Put @ Pap. L-S Inv.
111' 7" in the Discus @ Harold Scott Inv.
115' 10" in the Discus @ LPS Championships

Morgan Gatzmeyer

13'5" in the Long Jump @ LNE Relays

5th place in the Long Jump @ Beatrice JV Inv. / 13'6"

5th place in the Triple Jump @ Beatrice JV Inv. / 27' 8"

16' 3" in the Long Jump @ GI Inv.

30' 0.5" in the Triple Jump @ GI Inv.

14' 8" in the Long Jump @ Pap. L-S Inv.

29' 9" in the Triple Jump @ Pap. L-S Inv.

15' 8" in the Long Jump @ Harold Scott Inv.

28' 9.5" in the Triple Jump @ Harold Scott Inv.

6th place in the Long Jump @ LPS Championships / 15' 7"

30' 7.25" in the Triple Jump @ LPS Championships

15' 5.5" in the Long Jump @ HAC Championship

29' 4.5" in the Triple Jump @ HAC Championship

14' 2.5" in the Long Jump @ District Meet

30' 2.25" in the Triple Jump @ District Meet

Sage Gibson

19'2.5" in the Long Jump @ LPS OPEN Inv.
39' 7.5" in the Triple Jump @ LPS OPEN Inv.
19' 7" in the Long Jump @ GI Inv.
37' 8.5" in the Triple Jump @ GI Inv.
18' 7" in the Long Jump @ Pap. L-S Inv.
34' 10.5" in the Triple Jump @ Pap. L-S Inv.
18' 9" in the Long Jump @ Harold Scott Inv.
37' 9.5" in the Triple Jump @ Harold Scott Inv.
39' 2" in the Triple Jump @ LPS Championships
39' 10.5" in the Triple Jump @ HAC Championship
5th place in the Triple Jump @ District Meet / 40' 11.75"
*** STATE QUALIFIER ***

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Neryah Hekl
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2<sup>nd</sup> place in the 800 Medley Relay @ LNE Relays / 1:59.97
      2<sup>nd</sup> place in the 100 Meters @ Westside Inv. / 12.7
      4<sup>th</sup> place in the 200 Meters @ Westside Inv. / 27.18
      * CHAMPION * in the 4 x 100 Relay @ Westside Inv. / 49.51
      2<sup>nd</sup> place in the 100 Meters @ GI Inv. / 12.28
                   ** 4th fastest time in LHS History **
      * CHAMPION * in the 4 x 100 Relay @ GI Inv. / 48.93
      2<sup>nd</sup> place in the 100 Meters @ Pap. L-S Inv. / 12.43
      5<sup>th</sup> place in the 200 Meters @ Pap. L-S Inv. 26.43
                   ** 6th fastest time in LHS History **
      * CHAMPION * in the 100 Meters @ Harold Scott Inv. / 12.32
      * CHAMPION * in the 4 x 100 Relay @ Harold Scott Inv. / 49.03
      2<sup>nd</sup> place in the 100 Meters @ LPS Championship / 12.40
      * CHAMPION * in the 4 x 100 Relay @ LPS Championship / 48.57
             ** MEET RECORD ** & ** SCHOOL RECORD **
      3<sup>rd</sup> place in the 100 Meters @ District Meet / 12.31
      * CHAMPION * in the 4 x 100 Relay @ District Meet / 48.18
                   ** SCHOOL RECORD **
                   ** STATE QUALIFIER **
      5<sup>th</sup> place in the 100 Meters @ STATE MEET / 12.36
** STATE CHAMPION ** in the 4 x 100 Relay @ STATE MEET / 48.38
** ALL CLASS GOLD MEDAL FOR THE 4 X 100 RELAY **
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Adonis Hutchinson

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3rd place in the 1600 Medley Relay @ LNE Relays / 3:56
3rd place in the 100 Meters @ Beatrice JV Inv. / 12.04
* CHAMPION * in the 200 Meters @ Beatrice JV Inv. / 24.69
* CHAMPION * in the 4 x 100 Meter Relay @ Beatrice JV Inv. / 47.34
5th place in the Sprint Medley Relay @ GI Inv. / 1:44.87
24.34 in the 200 Meters @ Harold Scott Inv.
24.2 in the 200 Meters @ HAC Championship
24.24 in the 200 Meters @ District Meet
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Zion Jenkins

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5th place in the DMR Relay @ LNE Relays / 11:41.71

* CHAMPION * in the 400 Meters @ Beatrice JV Inv. / 58.13

* CHAMPION * in the 4 x 400 Relay @ Beatrice JV Inv. / 4:01.63

5th place in the Sprint Medley Relay @ GI Inv. / 1:44.87

3rd place in the 400 Meters @ LHS / LNE JV Open Inv. / 56.09

25.12 in the 200 Meters @ LHS / LNE JV Open Inv.

3rd place in the 4 x 100 Relay @ Freshmen Inv. / 49.87

56.26 in the 400 Meters @ HAC Championship

55.15 in the 400 Meters @ District Meet
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Nyawarga Jock
                         * CHAMPION * in 1600 Medley Relays @ LNE Relays / 4:31.09
                         2<sup>nd</sup> place in the Sprint Medley Relay @ LNE Relays / 1:59.97
                         14.2 in the 100 Meters @ Westside Inv.
                          * CHAMPION * in the 4 x 100 Relay @ Westside Inv. / 49.51
                                      ** 3RD fastest time in LHS History **
                          * CHAMPION * in the 200 Meters @ Silverhawk Inv. / 27.77
                         * CHAMPION * in the 4 x 100 Meter Relay @ Silverhawk Inv. / 55.0
                         2<sup>nd</sup> place in the 100 HH @ LHS/LNE JV Open Inv. / 18.32
                          2<sup>nd</sup> place in the 4 x 100 Relay @ LHS/LNE JV Open Inv. / 54.5
                          * CHAMPION * in the 300 LH @ LHS / LNE JV Open Inv. / 51.97
                          5<sup>th</sup> place in the 100 HH @ Harold Scott Inv. / 17.09
                         51.88 in the 300 LH @ Harold Scott Inv.
                         2<sup>nd</sup> place in the 100 HH @ LPS Championship / 16.65
                         3<sup>rd</sup> place in the 300 LH @ LPS Championship / 49.87
                                      ** 4th fastest time in LHS History **
                         7th place in the 100 HH @ HAC Championship / 16.08
                                      ** 3rd fastest time in LHS History **
                         5<sup>th</sup> place in the 100 HH @ District Meet / 16.24
                                      ** STATE QUALIFIER **
                         50.49 in the 300 LH @ District Meet
                         15.98 in the 100 HH @ STATE MEET
Jacob Kelly
                         5<sup>th</sup> place in the DMR Relay @ LNE Relays / 11:41.71
                         5:09.21 in the 1600 Meters @ Westside Inv.
                         5:09.24 in the 1600 Meters @ GI Inv.
                         4:54.33 in the 1600 Meters @ Pap. L-S Inv.
                         4:55.57 in the 1600 Meters @ Harold Scott Inv.
                         4:56.52 in the 1600 Meters @ LPS Championship
                         5:02.59 in the 1600 Meters @ HAC Championship
                         4:57.55 in the 1600 Meters @ District Meet
Landon Kruse
                         2:27.78 in the 800 Meters @ Westside Inv.
                         1:12.98 in the 400 Meters @ GI Inv.
                         2:35.17 in the 800 Meters @ GI Inv.
                         2:22.11 in the 800 Meters @ Harold Scott Inv.
                         33.84 in the 200 Meters @ Harold Scott Inv.
                         2:26.74 in the 800 Meters @ HAC Championship
                         34.81 in the 200 Meters @ District Meet
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** STATE QUALIFIER **

* CHAMPION * in the 200 Meter / Wheel Chair / 37.46

* CHAMPION * in the 800 Meter / Wheel Chair / 2:28.87

** ALL CLASS GOLD MEDAL FOR THE 200 METER / WHEEL CHAIR **

** ALL CLASS GOLD MEDAL FOR THE 800 METER / WHEEL CHAIR **
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2:21.87 in the 800 Meters @ District Meet

** STATE QUALIFIER **

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Hunter Kuehn
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2<sup>nd</sup> place in the Long Jump @ LNE Relays / 20'3"
53.785 in the 400 Meters @ Westside Inv.
45.37 in the 4 x 100 Relay @ Westside Inv.
4<sup>th</sup> place in the 200 Meters @ GI Inv. / 23.52
* CHAMPION * in the 4 x 100 Relay @ GI Inv. / 44.44
3<sup>rd</sup> place in the Long Jump @ GI Inv. / 20' 9"
5<sup>th</sup> place in the 400 Meters @ Pap. L-S Inv. / 52.61
2<sup>nd</sup> place in the 4 x 100 Relay @ Pap. L-S Inv. / 44.38
4<sup>th</sup> place in the High Jump @ Pap. L-S Inv. / 20' 6"
19' 10" in the Long Jump @ Harold Scott Inv.
5<sup>th</sup> place in the 400 Meters @ Harold Scott Inv. / 52.47
5<sup>th</sup> place in the 4 x 100 Relay @ Harold Scott Inv. / 44.38
4th place in the Long Jump @ LPS Championships / 20' 8.5"
3<sup>rd</sup> place in the 200 Meters @ LPS Championship / 23.15
3<sup>rd</sup> place in the 4 x 100 Relay @ LPS Championship / 44.24
5<sup>th</sup> place in the 400 Meters @ HAC Championship / 52.05
3<sup>rd</sup> place in the 4 x 100 Relay @ HAC Championship / 44.08
7th place in the Long Jump @ HAC Championship / 20' 9.25"
2<sup>nd</sup> place in the 400 Meters @ District Meet / 51.48
             ** STATE QUALIFIER **
* CHAMPION * in the 4 x 100 Relay @ District Meet / 43.39
             13th Fastest time in LHS history **
                    ** STATE QUALIFIER **
4<sup>th</sup> place in the 4 x 400 Relay @ District Meet / 3:33.1
             ** STATE QUALIFIER **
5th place in the Long Jump @ District Meet / 21' 2"
             ** STATE OUALIFIER **
21' 0.25" in the Long Jump @ STATE MEET
3:34.81 in the 4 x 400 Relay @ STATE MEET
5<sup>th</sup> place in the 400 Meters @ STATE MEET
8<sup>th</sup> place in the 4 x 100 Relay @ STATE MEET
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Jordan Kwiatkowski

```
3rd place in the 1600 Medley Relay @ LNE Relays / 3:56
5th place in the 800 Meters @ Westside Inv. / 2:09.68
3:47.41 in the 4 x 400 Relay @ Westside Inv.

2nd place in the 800 Meters @ GI Inv. / 2:08.6
5th place in the 4 x 400 Relay @ GI Inv. / 3:41.87
5th place in the 800 Meters @ Pap. L-S Inv. 2:05.77
5th place in the 4 x 400 Relay @ Pap. L-S Inv. / 3:46.20
6th place in the 800 Meters @ LPS Championship / 2:03.85
8th place in the 800 Meters @ HAC Championship / 2:06.61
2:04.83 in the 800 Meters @ District Meet
4th place in the 4 x 400 Relay @ District Meet
4th place in the 4 x 400 Relay @ District Meet
4th place in the 4 x 400 Relay @ District Meet
4th place in the 4 x 400 Relay @ District Meet
4th place in the 4 x 400 Relay @ District Meet
4th place in the 4 x 400 Relay @ STATE MEET
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Linda Laam
                         14.45 in the 100 Meters @ Beatrice JV Inv.
                         5<sup>th</sup> place in the 200 Meters @ Beatrice JV Inv. / 30.73
                         * CHAMPION * in the 4 x 100 Meter Relay @ Beatrice JV Inv. / 56.08
                         13.59 in the 100 Meters @ Silverhawk Inv.
                         * CHAMPION * in the 4 x 100 Meter Relay @ Silverhawk Inv. / 55.0
                         5<sup>th</sup> place in the 100 HH LHS/LNE JV Open Inv. / 18.82
                         14.4 in the 100 Meters @ LHS/LNE JV Open Inv.
                         2<sup>nd</sup> place in the 4 x 100 Relay @ LHS/LNE JV Open Inv. / 54.5
                         2<sup>nd</sup> place in the 100 Meters @ Fremont JV Inv. / 13.71
                         4<sup>th</sup> place in the 200 Meters @ Fremont JV Inv. / 29.52
                         * CHAMPION * in the 100 HH @ Fremont JV Inv. / 17.4
                         16.71 in the 100 HH @ HAC Championship
                         6<sup>th</sup> place in the 100 HH @ District Meet / 16.28
                                      ** 5th fastest time in LHS History **
                                             ** STATE OUALIFIER **
                         16.79 in the 100 HH @ STATE MEET
                         5<sup>th</sup> place in the DMR Relay @ LNE Relays / 11:41.71
Jacob Lawrence
                         4:56.76 in the 1600 Meters @ Westside Inv.
                         4:56.29 in the 1600 Meters @ GI Inv.
                         5<sup>th</sup> place in the 1600 Meters @ Pap. L-S Inv. 4:44.55
                         4:54.88 in the 1600 Meters @ Harold Scott Inv.
                         4:49.53 in the 1600 Meters @ LPS Championship
                         4:48.16 in the 1600 Meters @ HAC Championship
                         4th place in the 1600 Meters @ District Meet / 4:37.67
                                      ** STATE OUALIFIER **
                         4:51.78 in the 1600 Meters @ STATE MEET
Sandrine Lekouyi
                         5th place in the Shot Put @ LNE Relays / 33' 10"
                         86' in the Discus @ LNE Relays
                         30' 8" in the Shot Put @ Westside Inv.
                         88' 10.5" in the Discus @ Westside Inv.
                         85' 9" in the Discus @ GI Inv.
                         31' 8.75" in the Shot Put @ GI Inv.
                         86' 8" in the Discus @ Pap. L-S Inv.
                         5th place in the Shot Put @ Pap. L-S Inv. / 33' 0.5"
                         32' 9.5" in the Shot Put @ Harold Scott Inv.
                         78' 6" in the Discus @ Harold Scott Inv.
                         86' 8" in the Discus @ LPS Championships
                         30' 9.5" in the Shot Put @ LPS Championships
                         31' 8.75" in the Shot Put @ HAC Championship
                         70' 7" in the Discus @ HAC Championship
                         4th place in the Shot Put @ District Meet / 34' 6.25"
                                      ** STATE QUALIFIER **
                         2<sup>nd</sup> place in the Discus @ District Meet / 110" 0"
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** STATE QUALIFIER **

99' 8" in the Discus @ STATE MEET

Javon Leuty

```
3rd place in the 1600 Medley Relay @ LNE Relays / 3:56
* CHAMPION * in the 110 HH @ Beatrice JV Inv. / 16.54
11.94 in the 100 Meters @ Westside Inv.
24.14 in the 200 Meters @ Westside Inv.
45.37 in the 4 x 100 Relay @ Westside Inv.
3:47.41 in the 4 x 400 Relay @ Westside Inv.
4<sup>th</sup> place in the 200 Meters @ GI Inv. / 23.68
* CHAMPION * in the 4 x 100 Relay @ GI Inv. / 44.44
6<sup>th</sup> place in the 110 HH @ GI Inv. / 16.93
23.69 in the 200 Meters @ Pap. L-S Inv.
2<sup>nd</sup> place in the 110 HH @ Pap. L-S Inv. / 15.79
* CHAMPION * in the 110 HH @ Harold Scott Inv. / 15.47
45.75 in the 300 IH @ Harold Scott Inv.
* CHAMPION * in the 110 HH @ LPS Championship / 15.65
23.41 in the 200 Meters @ LPS Championship
3<sup>rd</sup> place in the 4 x 100 Relay @ LPS Championship / 44.24
4<sup>th</sup> place in @ HAC Championship the 110 HH / 15.13
* CHAMPION * in the 110 HH @ District Meet / 15.07
             14th Fastest time in LHS history **
             ** STATE QUALIFIER **
5<sup>th</sup> place in the 100 HH @ STATE MEET / 15.32
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Tyler Lorenz

```
3rd place in the 1600 Medley Relay @ LNE Relays / 3:56
* CHAMPION * in the 100 Meters @ Beatrice JV Inv. / 11.83
3<sup>rd</sup> place in the 200 Meters @ Beatrice JV Inv. / 25.51
* CHAMPION * in the 4 x 400 Relay @ Beatrice JV Inv. / 4:01.63
5<sup>th</sup> place in the 100 Meters @ GI Inv. / 11.61
5<sup>th</sup> place in the 4 x 400 Relay @ GI Inv. / 3:41.87
5th place in the Sprint Medley Relay @ GI Inv. / 1:44.87
12.13 in the 100 Meters @ Pap. L-S Inv.
24.70 in the 200 Meters @ Pap. L-S Inv.
5<sup>th</sup> place in the 4 x 400 Relay @ Pap. L-S Inv. / 3:46.20
11.76 in the 100 Meters @ Harold Scott Inv.
23.89 in the 200 Meters @ Harold Scott Inv.
11.63 in the 100 Meters @ LPS Championship
23.84 in the 200 Meters @ LPS Championship
11.55 in the 100 Meters @ HAC Championship
24.3 in the 200 Meters @ HAC Championship
12.02 in the 100 Meters @ District Meet
24.85 in the 200 Meters @ District Meet
      ** STATE QUALIFIER **
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Marcelus McCulley

5'0" in the High Jump @ Beatrice JV Inv.

2nd place in the Long Jump @ Beatrice JV Inv. / 18'9"

3rd place in the Triple Jump @ Beatrice JV Inv. / 37' 10.25"

2nd place in the High Jump @ Silverhawk Inv. / 6'0"

4th place in the Long Jump @ Silverhawk Inv. / 19'2"

* CHAMPION * in the Triple Jump @ Silverhawk Inv. / 40'4"

5th place in the High Jump @ GI Inv. / 5'8"

6th place in the High Jump @ Pap. L-S Inv. / 5'8"

5'7" in the High Jump @ Harold Scott Inv.

8th place in the Triple Jump @ Harold Scott Inv. / 41'9.75"

5th place in the Triple Jump @ LPS Championships / 40'5.25"

5'7" in the High Jump @ LPS Championships

38'7.75" in the Triple Jump @ District Meet

Isaac Mongtmery

12.13 in the 100 Meters @ Westside Inv. 45.37 in the 4 x 100 Relay @ Westside Inv. 5th place in the 100 Meters @ GI Inv. / 11.51 * CHAMPION * in the 4 x 100 Relay @ GI Inv. / 44.44 11.97 in the 100 Meters @ Pap. L-S Inv. 42' 6" in the Shot Put @ Pap. L-S Inv. 2nd place in the 4 x 100 Relay @ Pap. L-S Inv. / 44.3 40' 4" in the Shot Put @ Harold Scott Inv. 11.55 in the 100 Meters @ Harold Scott Inv. 5th place in the 4 x 100 Relay @ Harold Scott Inv. / 44.38 11.47 in the 100 Meters @ LPS Championship 3rd place in the 4 x 100 Relay @ LPS Championship / 44.24 11.94 in the 100 Meters @ HAC Championship 3rd place in the 4 x 100 Relay @ HAC Championship / 44.08 11.94 in the 100 Meters @ District Meet * CHAMPION * in the 4 x 100 Relay @ District Meet / 43.39 13th Fastest time in LHS history ** ** STATE QUALIFIER ** 8th place in the 4 x 100 Relay @ STATE MEET

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Beni Ngoyi
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16'5" in the Long Jump @ LNE Relays
2<sup>nd</sup> place in the High Jump @ Beatrice JV Inv. / 5'8"
* CHAMPION * in the Triple Jump @ Beatrice JV Inv. / 40' 7"
5<sup>th</sup> place in the 200 Meters @ Westside Inv. / 23.69
45.37 in the 4 x 100 Relay @ Westside Inv.
3:47.41 in the 4 x 400 Relay @ Westside Inv.
* CHAMPION * in the 4 x 100 Relay @ GI Inv. / 44.44
2<sup>nd</sup> place in the High Jump @ GI Inv. / 6' 0"
2<sup>nd</sup> place in the Triple Jump @ GI Inv. / 42'1"
2<sup>nd</sup> place in the 4 x 100 Relay @ Pap. L-S Inv. / 44.38
2<sup>nd</sup> place in the High Jump @ Pap. L-S Inv. / 5' 10"
* CHAMPION * in the Triple Jump @ Pap. L-S Inv. / 44' 1"
5<sup>th</sup> place in the High Jump @ Harold Scott Inv. / 6' 3"
6th place in the Triple Jump @ Harold Scott Inv. / 42' 10"
5<sup>th</sup> place in the 4 x 100 Relay @ Harold Scott Inv. / 44.38
3<sup>rd</sup> place in the 4 x 100 Relay @ HAC Championship / 44.08
3rd place in the High Jump @ HAC Championship / 6' 3"
             ** 15th best jump in LHS History **
5th place in the Triple Jump @ HAC Championship / 41' 8.25"
* CHAMPION * in the 4 x 100 Relay @ District Meet / 43.39
             13th Fastest time in LHS history **
                    ** STATE QUALIFIER **
4<sup>th</sup> place in the Triple Jump @ District Meet / 42'1.75"
             ** STATE QUALIFIER **
6' 2" in the High Jump @ STATE MEET
7<sup>th</sup> place in the Triple Jump @ STATE MEET
8<sup>th</sup> place in the 4 x 100 Relay @ STATE MEET
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Jamiah Patterson

```
* CHAMPION * in the 100 Meters @ Beatrice JV Inv. / 13.46
     * CHAMPION * in the 200 Meters @ Beatrice JV Inv. / 28.23
     * CHAMPION * in the 4 x 100 Meter Relay @ Beatrice JV Inv. / 56.08
      6<sup>th</sup> place in the 100 Meters @ GI Inv. / 13.14
     28.16 in the 200 Meters @ GI Inv.
      * CHAMPION * in the 4 x 100 Relay @ GI Inv. / 48.93
     8th place in the 100 Meters @ Harold Scott Inv. / 13.10
     * CHAMPION * in the 4 x 100 Relay @ Harold Scott Inv. / 49.03
     12.85 in the 100 Meters @ LPS Championship
      * CHAMPION * in the 4 x 100 Relay @ LPS Championship / 48.57
            ** MEET RECORD ** & ** SCHOOL RECORD **
     3<sup>rd</sup> place in the 100 Meters @ HAC Championship / 12.75
                  ** 12th fastest time in LHS History **
     13.13 in the 100 Meters @ District Meet
      * CHAMPION * in the 4 x 100 Relay @ District Meet / 48.18
                 ** SCHOOL RECORD **
                  ** STATE QUALIFIER **
** STATE CHAMPION ** in the 4 x 100 Relay @ STATE MEET / 48.38
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** ALL CLASS GOLD MEDAL FOR THE 4 X 100 RELAY **

Azai Ramsey

87' 0" in the Discus @ LPS OPEN Inv.
28' 2.5" in the Shot Put @ LPS OPEN Inv.
2nd place in the Shot Put @ Silverhawk Inv. / 29' 5"
3rd place in the Discus @ Silverhawk Inv. / 98' 11"
4' 2" in the High Jump @ Silverhawk Inv.
62' 9" in the Discus @ LHS / LNE JV Open Inv.
2nd place in the Shot Put @ LHS / LNE JV Open Inv. / 29' 11.5"
31' 9" in the Shot Put @ Harold Scott Inv.
5th place in the Shot Put @ LPS Championships / 33' 6"
31' 0.5" in the Shot Put @ HAC Championship
92' 6" in the Discus @ HAC Championship
6th place in the Shot Put @ District Meet / 33' 7.75"

Claire Raszick

3rd place in the 100 Meters @ LHS/LNE JV Open Inv. / 13.89
2nd place in the 200 Meters @ LHS/LNE JV Open Inv. / 29.17
29.07 in the 200 Meters @ Harold Scott Inv.

* CHAMPION * in the 100 Meters @ Fremont JV Inv. / 13.59

* CHAMPION * in the 200 Meters @ Fremont JV Inv. / 28.59

4' 0" in the High Jump @ Fremont JV Inv.

8th place in the 100 Meters @ HAC Championship / 13.19

7th place in the 200 Meters @ HAC Championship / 27.10

28.36 in the 200 Meters @ District Meet

** STATE OUALIFIER **

Daniel Schmaderer

3rd place in the 1600 Meters @ Beatrice JV Inv. / 5:30.56 5:10.1 in the 1600 Meters @ LHS/LNE JV Open Inv. 2:19.07 in the 800 Meters @ LHS/LNE JV Open Inv. 5:04.37 in the 800 Meters @ Fremont JV Inv. 5:02.34 in the 1600 Meters @ HAC Championship 5:03.76 in the 1600 Meters @ District Meet

Novalee Schmit

5th place in the Pole Vault @ Silverhawk Inv. / 6' 6"
6' 2" in the Pole Vault @ LHS / LNE JV Open Inv.
7' 3" in the Pole Vault @ Harold Scott Inv.
* CHAMPION * in the Pole Vault @ LPS JV Inv. / 8' 0"
3rd place in the Pole Vault @ LPS Championships / 9' 3"
4th place in the Pole Vault @ HAC Championship / 9' 0"
2nd place in the Pole Vault @ District Meet / 10' 0"

** STATE QUALIFIER **

8th place in the Pole Vault @ STATE MEET

Isabel Smith 11' 9" in the Long Jump @ LNE Relays 27' 6" in the Triple Jump @ LNE Relays 12' 11" in the Long Jump @ GI Inv. 27' 0" in the Triple Jump @ GI Inv. 12' 9" in the Long Jump @ Harold Scott Inv. 28' 9" in the Triple Jump @ Harold Scott Inv. 12' 10.25" in the Long Jump @ LPS Championships 29' 6.5" in the Triple Jump @ LPS Championships 13' 5.75" in the Long Jump @ HAC Championship 28' 11" in the Triple Jump @ HAC Championship 13' 4.25" in the Long Jump @ District Meet 29' 5" in the Triple Jump @ District Meet 4th place in the DMR Relay @ LNE Relays / 13:53.46 Faith Van Eck 2nd place in the 4 x 800 Relay @ Westside Inv. / 10:25.82 4:33.0 in the 4 x 400 Relay @ Westside Inv. 1:07.3 in the 400 Meters @ GI Inv. 2nd place in the 4 x 800 Relay @ GI Inv. / 10:28.52 1:05.06 in the 400 Meters @ Pap. L-S Inv. 2:33.96 in the 800 Meters @ Pap. L-S Inv. 5th place in the 4 x 800 Relay @ Harold Scott Inv. / 10:19.58 2:34.78 in the 800 Meters @ Harold Scott Inv. 3rd place in the 4 x 800 Relay @ LPS Championships / 10:16.16 ** 9th fastest time in LHS History ** 2:31.84 in the 800 Meters @ LPS Championship 2:32.39 in the 800 Meters @ HAC Championship 2:36.83 in the 800 Meters @ District Meet 3rd place in the 4 x 800 Relay @ District Meet / 9:57.28 ** 5th fastest time in LHS history ** ** STATE QUALIFIER ** 10:15.49 in the 4 x 800 Relay @ STATE MEET 11.79 in the 100 Meters @ Pap. L-S Inv. Parker Vyhildal 2nd place in the 4 x 100 Relay @ Pap. L-S Inv. / 44.38 11.43 in the 100 Meters @ Harold Scott Inv. 5th place in the 4 x 100 Relay @ Harold Scott Inv. / 44.38 5th place in the 100 Meters @ LPS Championship / 11.40 7th place in the 100 Meters @ HAC Championship / 11.33 3rd place in the 4 x 100 Relay @ HAC Championship / 44.08 11.62 in the 100 Meters @ District Meet * CHAMPION * in the 4 x 100 Relay @ District Meet / 43.39 13th Fastest time in LHS history ** ** STATE QUALIFIER ** 4th place in the 4 x 400 Relay @ District Meet / 3:33.1

3:34.81 in the 4 x 400 Relay @ STATE MEET 8^{th} place in the 4 x 100 Relay @ STATE MEET

** STATE QUALIFIER **

Taylor Wieczorek

40' 2" in the Shot Put @ LNE Relays
39' 1" in the Shot @ Westside Inv.
91' 3.5" in the Discus @ Westside Inv.
39' 3.25" in the Shot Put @ GI Inv.
91' 11" in the Discus @ Pap. L-S Inv.
38' 9" in the Shot Put @ Pap. L-S Inv.
37' 4.5" in the Shot Put @ Harold Scott Inv.
4th place in the Shot Put @ Fremont JV Inv. / 39' 1"
3rd place in the Discus @ Fremont JV Inv. / 110' 4"
37' 7" in the Shot Put @ HAC Championship
88' 10" in the Discus @ HAC Championship
39' 4.5" in the Shot Put @ District Meet
111' 10" in the Discus @ District Meet

Corlen Williams-Barney

84' 7" in the Discus @ LHS/LNE JV Open Inv.
37' 3" in the Shot Put @ LHS/LNE JV Open Inv.
38' 1" in the Shot Put @ Harold Scott Inv.
108' 5" in the Discus @ Harold Scott Inv.

* CHAMPION * in the Shot Put @ Freshmen Inv. / 39' 7"

* CHAMPION * in the Discus @ Freshmen Inv. / 108' 6"
90' 1" in the Discus @ LPS Championships
40' 0" in the Shot Put @ LPS Championships
41' 5.25" in the Shot Put @ HAC Championship
84' 5" in the Discus @ HAC Championship
40' 10" in the Shot Put @ District Meet
106' 10" in the Discus @ District Meet

Tyrah Woods

69' 10" in the Discus @ Beatrice JV Inv.
28' 0" in the Shot Put @ Beatrice JV Inv.
26' 2" in the Shot Put @ Silverhawk Inv.
79' 3" in the Discus @ Silverhawk Inv.
4th place in the Discus @ LHS/LNE JV Open Inv./ 88' 9"
27' 3" in the Shot Put @ LHS/LNE JV Open Inv.
91' 1" in the Discus @ Harold Scott Inv.
88' 8" in the Discus @ LPS Championships
75' 2" in the Discus @ District Meet

Isyss Wright

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2nd place in the 800 Medley Relay @ LNE Relays / 1:59.97

* CHAMPION * in the 300 IH @ Beatrice JV Inv. / 55.09

* CHAMPION * in the 4 x 100 Meter Relay @ Beatrice JV Inv. / 56.08

* CHAMPION * in the 4 x 100 Meter Relay @ Silverhawk Inv. / 55.0

19.09 in the 100 HH @ LHS / LNE JV Open Inv.

2nd place in the 4 x 100 Relay @ LHS / LNE JV Open Inv. / 54.5

4th place in the 300 LH @ LHS / LNE JV Open Inv. / 53.64

52.39 in the 300 LH @ Harold Scott Inv.

2nd place in the 100 HH @ Fremont JV Inv. / 18.65

* CHAMPION * in the 300 LH @ Fremont JV Inv. / 52.23

49.50 in the 300 LH @ District Meet

*** 3rd fastest time in LHS history **

** STATE QUALIFIER **
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49.98 in the 300 LH @ STATE MEET