

WESTSIDE TRACK & FIELD
INVITATIONAL
April 1, 2021

BUS LEAVES AT 7:15 SHARP !!! PLAN ON ARRIVING PRIOR TO
7:00 AM AT LHS!

BRING YOUR OWN WATER BOTTLE OR CONTAINER !

A BREAKFAST SNACK WILL BE PROVIDED WHEN YOU EXIT THE BUS
AT OMAHA WESTSIDE.

BRING EXTRA CLOTHING, NO MATTER THE WEATHER IS IN THE
MORNING!

Boys Teams

Omaha Creighton Prep
Omaha Westside
Omaha Central
Millard North
Lincoln Pius X
Lincoln Southeast
Lincoln NE
Lincoln High

Girls Teams

Omaha Central
Omaha Westside
Millard North
Millard West
Lincoln Pius X
Lincoln Southeast
Lincoln NE
Lincoln High

Adds and/or Scratches may be made on Thursday and must be turned in at
the finish line tent by 9:00 am. Adds made on the day of the meet will be
placed in the slowest heat and only allowed if there is an available lane.

Medals will be awarded to the top six finishers in each of the individual events.
Medals will be awarded to the top three teams in each of the relay events.

FIELD EVENTS

FIELD EVENTS -- 4 ATTEMPTS

9:30 Boys Shot Put (Northwest Ring) -- Xavier G., Taylor W., Tytus W.

Girls Shot Put (Southeast Ring) -- Sandrine L., Kayla F., Deyonna H.

10:00 Girls Pole Vault -- NONE

Boys Pole Vault follows Girls -- Korbin A.

11:00 Girls Discus -- Sandrine L., Kayla F., Deyonna H.

Boys Discus follows Girls -- Xavier G., Tytus W., Taylor W.

ROLLING TIME SCHEDULE / EVENT FINISHES NEXT ONE STARTS

- 11:00 Girls 4 x 800 Relay -- Lola A., Olivia D., Faith V.E., Kennedy B.
- Boys 4 x 800 Relay -- NONE
- Girls 100 HH (Finals Against Time) -- NONE
- Boys 110 HH (Finals Against Time) -- NONE
- Girls 100 Meters (Finals Against Time) -- Nya J., Neryah J., Dajaz D., Zainab F.
- Boys 100 Meters (Finals Against Time) -- Parker V., Isaac M., Javon L.
- Girls 400 Meters -- NONE
- Boys 400 Meters -- Hunter K.
- Girls 3200 Meters -- NONE
- Boys 3200 Meters -- NONE
- Girls 4 x 100 Relay -- Nya J., Neryah J., Zainab F., Dajaz D.
- Boys 4 x 100 Relay -- Parker V., Hunter K., Beni N., Isaac M.
- Girls 800 Meters -- Noelani A.
- Boys 800 Meters -- Jordan K., Landon K., Deshawn B.
- Girls 300 LH -- NONE
- Boys 300 IH -- NONE
- Girls 200 Meters (Finals Against Time) -- Neryah H., Dajaz D., Zainab F., Nya J.
- Boys 200 Meters (Finals Against Time) -- Parker V., Isaac M., Javon L., Beni N.
- Girls 1600 Meters -- Lola A., Kennedy B.
- Boys 1600 Meters -- Jacob Kelly, Jacob Lawrence
- Throwers 4 x 100 Relay -- NONE
- Girls 4 x 400 Relay -- Faith V.E., Noelani A., Olivia D., Lola A.
- Boys 4 x 400 Relay -- Beni N., Jordan K., Javon L., Deshawn B.