

The LPS Health Standards include:

1. Students will comprehend concepts related to health promotion and disease prevention.
2. Students will demonstrate the ability to access valid health information and health-products and services.
3. Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.
4. Students will analyze the influence of culture, media, technology and other factors on health.
5. Students will demonstrate the ability to use interpersonal communication skills to enhance health.
6. Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.
7. Students will demonstrate the ability to advocate for personal, family and community health.

Youth Health Risk Behaviors include:

1. Behaviors that result in unintentional and intentional injuries
2. Tobacco use
3. Alcohol and other drug use
4. Sexual behaviors that result in sexually transmitted diseases (including HIV) and unintentional pregnancy
5. Dietary behaviors which contribute to disease
6. Physical inactivity