

## 7th Grade Health Education

Dear Parent or Guardian:

In our health education class, we will soon begin a unit on human sexuality. Because this can be a sensitive subject and one in which I hope you will want to be involved, I wanted to inform you in advance that such instruction will be taking place.

Students this age are naturally interested in and curious about the changes taking place in their own bodies and those of their peers. It is important to have this curiosity satisfied with honest accurate information. The material we will be using in class will provide accurate, age-appropriate information about the male and female anatomy, puberty, abstinence, reproduction and sexually transmitted diseases, including HIV/AIDS.

Students are reminded that they are responsible for their own behavior and its consequences and that important decisions need to be thought out carefully rather than be made on the spur of the moment. It is my hope that you will continue to talk with your youngster about what he/she is learning, thinking and feeling. Such discussions are important in helping students form and clarify their goals and values and in building good communication between you and your child.

In order to effectively present the topics in this unit, I have scheduled the following resource speakers and videos on the dates listed. Please contact me if you would like more information or wish to preview any of the videos.

<b>Speaker Information</b>			
<b>Date</b>	<b>Name</b>	<b>Affiliation</b>	<b>Topic</b>
<b>Video Information</b>			
<b>Date</b>	<b>Video Title</b>	<b>Summary</b>	

Finally, the tone of Lincoln Public Schools human sexuality units is straightforward but sensitive. It is recognized that sexuality is an awkward topic for many, but also that it is a normal part of living. Abstinence is emphasized as the most certain and the most highly recommended behavior.

Lincoln Public Schools policy states that "alternative learning activities will be provided if the student and/or the student's parents object to a controversial issue being studied." Please address questions to me or to the district health education curriculum specialist, Marybell Avery at 436-1812.

Sincerely,

7<sup>th</sup> Grade Health Education Teacher (name) \_\_\_\_\_

School phone number: \_\_\_\_\_