

Maturity Reflection

Summative 40 pts.

Consider a person or people in your life right that possess all or the majority of the areas of Maturity:

Philosophically Mature---Your values and beliefs change as you have new life experiences. You have a strong belief system

Intellectually Mature---You recognize that learning never stops. You constantly challenge yourself to learn new things.

Socially Mature---You can relate to others and have adequate social skills. You are socially appropriate.

Emotionally Mature---You are able to deal with emotions and understand when to express them. You can have conversations without yelling and are able to express yourself without putting others down.

Physically Mature---You take care of your body and are on the right track of development. You eat healthy (for the most part) and partake in physical activity.

Directions:

Your task is to identify a person (ideally ONE or several if needed) and then give examples in each area that show that they are “mature” in that area.

Paper Structure

1st paragraph: Identify the person(s) will be focusing on and one brief statement of why you think they do well in all these areas.

2nd-6th—Discuss each area separately and give examples of how the person(s) is mature in each area. BE SPECIFIC.

7th—Conclusion. What can you learn from this person? What areas of maturity are your strongest and weakest? Why?

Grading

Each section is worth 5 points = 35 points; Turning in the paper on time (due on second work day of class (two total days to work)

While typing, make sure you have no misspellings, have at least 4-7 sentences for a paragraph and include ALL AREAS. This assignment can be double-spaced and should be 1-2 pages.