

## Charting Independence

Name: \_\_\_\_\_

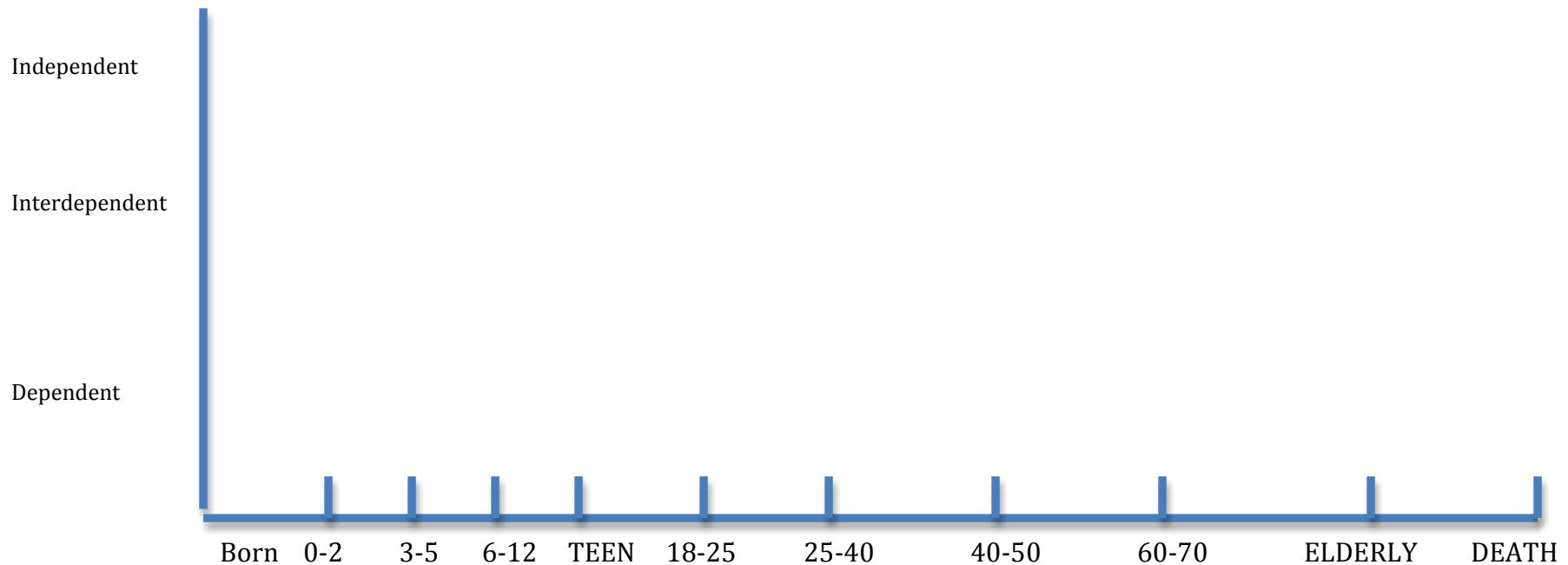
First, in your own words, define the following terms.

**Dependence:**

**Independence:**

**Interdependence:**

Now, consider different stages of life. On the chart below, graph what dependence, interdependence, and independence look like throughout our life cycle. Put a dot on the level and then connect with a line.



**Looking back over your chart, in what stage does a person start out their life? What are characteristics of dependence?**

**As a child grows, what stage do you believe that they favor more? Why?**

**Where did you place teenagers? Why?**

**As a person enters “adulthood”, what circumstances in life might make them more independent versus interdependent?**

**What happens as a person nears the end of their life cycle? Do you think reverting back to a stage is hardship? Why?**

**Do you believe a person can ever truly be independent? Why or why not?**