The Grieving Process

Activity C

Section 16:1

In the diagram, fill in the letters that correspond with the stages of the grieving process. Then, read the scenario below and answer the questions that follow.

A. acceptance
B. anger
C. blame
D. denial
E. depression
F. guilt

Scenario: A teenager, driving too fast around a corner, loses control of the car and hits a tree. As a result, the car is totaled and the teenager becomes a paraplegic.

7. How might this crisis affect the family members’ roles and resources?

8. What healthy adjustment pattern would return the family to a balanced system of functioning? Describe it.

9. What unhealthy adjustment pattern would prevent the family from returning to a balanced system of functioning? Describe it.