

The Grieving Process

Activity C

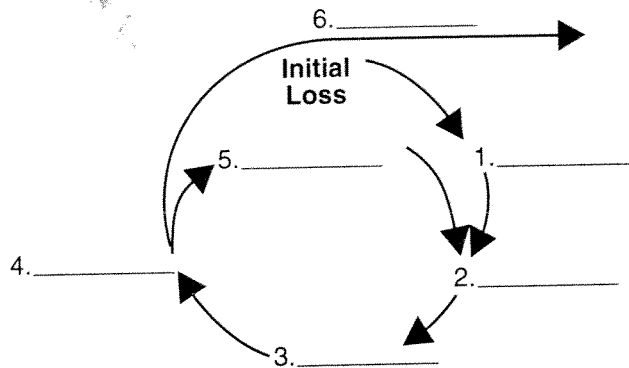
Name _____

Section 16:1

Date _____ Period _____

In the diagram, fill in the letters that correspond with the stages of the grieving process. Then, read the scenario below and answer the questions that follow.

- A. acceptance
- B. anger
- C. blame
- D. denial
- E. depression
- F. guilt



Scenario: A teenager, driving too fast around a corner, loses control of the car and hits a tree. As a result, the car is totaled and the teenager becomes a paraplegic.

7. How might this crisis affect the family members' roles and resources? _____

8. What *healthy* adjustment pattern would return the family to a balanced system of functioning? Describe it. _____

9. What *unhealthy* adjustment pattern would prevent the family from returning to a balanced system of functioning? Describe it. _____
