

# Chapter 11 Emotional and Social Development from One to Three

## Section 11.1 Emotional Development from One to Three



### Note Taking

**Directions** As you read, write notes, facts, and main ideas in the Note Taking column. Write key words and short phrases in the Cues column. Then summarize the section in the Summary box.

Cues	Note Taking
<ul style="list-style-type: none"> <li>• experiences and temperament</li>   <li>• six basic emotions</li>   <li>• relationship's change</li>   <li>• adequate sleep</li> </ul>	<p><b>EMOTIONAL PATTERNS</b></p> <ul style="list-style-type: none"> <li>• Emotional development goes in cycles in childhood.</li> </ul> <p><b>SPECIFIC EMOTIONS</b></p> <ul style="list-style-type: none"> <li>• Even young babies have specific emotions.</li> </ul> <p><b>EMOTIONAL ADJUSTMENT</b></p> <ul style="list-style-type: none"> <li>• There are clear signs when a child and parents have a healthy relationship.</li> </ul> <p><b>SLEEP AND EMOTIONAL BEHAVIOR</b></p> <ul style="list-style-type: none"> <li>• Sleep problems are one of the most common problems children experience.</li> </ul>
<p style="text-align: center;"><b>Summary</b></p> <p>Children go through a series of emotional stages, both positive and somewhat negative.</p>	

