

Meet the Counselor:

Rousseau's school counselor, Sally Carlson, has worked as an elementary classroom teacher, counselor, school psychologist, administrator, consultant, and PBiS Coach during her career. She worked at Rousseau the past two years as their PBiS Coach before taking the full time elementary counselor position.

Mrs. Carlson is a member of the American School Counselor Association and the National Association of School Psychologists. She is a Nationally Certified School Psychologist.



NATIONAL ASSOCIATION OF
School Psychologists



AMERICAN
SCHOOL
COUNSELOR
ASSOCIATION

School Counselors help children by....

- Promoting positive attitudes among students toward self, family, peers and community.
- Helping create a safe school environment where children can learn.
- Assisting students in learning how school performance relates to future opportunities.
- Developing and delivering classroom guidance lessons that teach skills, such as healthy decision making, resolving conflicts, and respecting others.
- Working collaboratively with students, parents, and teachers to identify and remove barriers to learning.
- Helping students to recognize and make the best of their abilities.
- Counseling with students individually and in groups.
- Providing support during personal crisis.
- Helping students develop coping and problem solving skills.
- Orienting new students.
- Helping teachers create a positive learning environment.
- Developing community partnerships.
- Helping students learn anger management, conflict resolution, stress management, and mediation skills, among others.
- Supporting students by teaching skills for achieving success.

