

School Counselor Vision

As the Rousseau Elementary School counselor, I am a student advocate and partner in your child's academic achievement.

I believe everyone:

- Has worth & value.
- Has the ability to make wise decisions.
- Deserves to be treated with dignity and respect.
- Has strengths that can be built upon.
- Is ultimately responsible for his/her choices.
- Needs to have skills to be resilient when dealing with new and difficult situations.

Counselor Goals....

- Build positive relationships with students.
- Build positive relationships with staff and parents.
- Be visible and available to students, parents, and staff.
- Communicate effectively.
- Be proactive.
- Assist in creating a positive school environment with clear and consistent expectations by teaching, supporting, and acknowledging appropriate student behavior
- Ensure all students have opportunities to develop and practice social skills.

Rousseau Elementary Counselor

Sally Carlson, Ed. S., NCSP



Rousseau Elementary School 3701 S. 33rd St. Lincoln, Nebraska 68506 (402) 436-1165, ext. 53181

Meet the Counselor:

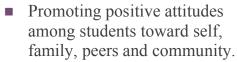
Rousseau's school counselor, Sally Carlson, has worked as an elementary classroom teacher, counselor, school psychologist, administrator, consultant, and PBiS Coach during her career. She worked at Rousseau the past two years as their PBiS Coach before taking the full time elementary counselor position.

Mrs. Carlson is a member of the American School Counselor Association and the National Association of School Psychologists. She is a Nationally Certified School Psychologist.





School Counselors help children by....



- Helping create a safe school environment where children can learn
- Assisting students in learning how school performance relates to future opportunities.
- Developing and delivering classroom guidance lessons that teach skills, such as healthy decision making, resolving conflicts, and respecting others.
- Working collaboratively with students, parents, and teachers to identify and remove barriers to learning.



- Helping students to recognize and make the best of their abilities.
- Counseling with students individually and in groups.
- Providing support during personal crisis.
- Helping students develop coping and problem solving skills.
- Orienting new students.
- Helping teachers create a positive learning environment.
- Developing community partnerships.
- Helping students learn anger management, conflict resolution, stress management, and mediation skills, among others.
- Supporting students by teaching skills for achieving success.