

REVIEW FOR TEST

(Chapter 20, Lessons 4-6 First Aid)

- ❖ **Vocabulary Words:** first aid, universal precautions, sprain, fracture, **heat cramps**, **heat exhaustion**, **heatstroke**, abdominal thrusts, cardiopulmonary resuscitation (CPR), shock, AED
- ❖ **What are the 6 universal precautions to follow when giving first aid?**
 - **Why are these important?**
- ❖ **First aid kit supplies—purpose of various materials**
- ❖ **3 Steps in an Emergency**
- ❖ **How to recognize (signs/symptoms) and treat (first-aid) various emergencies:**
 - **Sprains/strains--RICE**
 - **Fractures**
 - **Burns (1st, 2nd, and 3rd degree)**
 - **Poisoning**
 - **Nosebleed**
 - **Choking (Adults vs. Children)**
 - **Severe Bleeding**
 - **Shock**
 - **Dislocations**
 - **Stroke**
- ❖ **What are the steps of CPR/Rescue Breathing?**
 - **How are these steps different for children/infants?**
- ❖ **What's an AED & why do we use it?**
- ❖ **Where do we take pulse on adult? Infant?**
- ❖ **Important phone numbers to keep handy.**
- ❖ **Purpose of medic alert tags**
- ❖ **ABC's of CPR**
- ❖ **Factors that determine seriousness of burns**

BE VERY SPECIFIC ON ANSWERS! IF YOU HAVEN'T GOTTEN ALL THE NOTES, BE SURE TO GET THOSE FILLED IN FROM A CLASSMATE!