

Wellness Article Search Name: \_\_\_\_\_

Title of Article (2.5 points)

Website Source (2.5 points)

Summary (25 points)

Write a paragraph of at least 5 sentences that tells about the article and answers the questions Who? What? When? Where? Why?

## What I Learned (10 points)

What new information did you learn? Try to find a fact that you didn't know before reading the article. Write in at least one complete sentence.

## \*\*Health/Wellness Significance (5 extra points)

Why is this important to a person's health? (How will knowing this information help people?)