

True Colors

Take this Quiz to get in touch with your inner hues.

Circle all the descriptions that apply to you.

- a. When all your friends went out for sports, you joined the drama club.
- c. You frequently delay a movie because you can't decide on which one to see.
- e. You feel overwhelmingly compelled to interrupt during a lecture.
- b. You stay at your homework until it's done and even research more.
- f. You want to be the boss.
- c. Yoga, EST, Kabbalah – you've tried them all in your search for inner harmony.
- e. You have been called arrogant by everybody but your mother.
- a. When others snifle at a sad movie, you have a good cry.
- e. You like to impress your friends and family with your "Jeopardy" fast intelligence.
- a. You're the first one to volunteer your home for group homework projects.
- c. Even your dog thinks you are a pushover.
- c. You're sure that there is life on other planets; you just haven't found the right communicative vehicle.
- f. You feel good about you, especially when you compare yourself with others.
- c. You feel that daydreaming is an important part of the creative process.
- b. Details, details, details – you thrive on them.
- d. You define yourself by your nurturing skills.
- a. You are not good at sharing shoes, boy-girl friends, or money.
- c. Someday you're going to chuck it all and go live in the wilderness.
- e. Negotiation is for whimps – you make your own decisions and stick to them.
- d. You believe home is the center of your world.
- b. When friends call, you are ready to hop up and party.
- e. When friends call, you can be counted on to help.
- a. You are rarely intimidated by an important project due date.
- f. When you played school, you were always the "teacher." When you played fort, you were always the "general."
- e. Your friends think you're fun because you're lively and talkative.
- b. You would never wear black or white to a wedding because you think it would be tacky.
- d. You avoid conflict. Can't people just get along?
- b. You frequently rearrange your bedroom furniture and try trendy paint colors.
- f. When you love something, you go all out, whether it is sports, homework, and boy-girl friends.
- d. Lack of funds doesn't hold you back. You could make your own slippers or patio furniture.
- b. You would love to have jury duty.
- c. You can relate to Peter Pan – especially the flying part.
- f. If one is good, more is merrier when it comes to food, furniture, jewelry, or cars.
- e. You always tell the truth, even if it hurts.
- d. You frequently engage complete strangers in conversation.
- d. You make the decisions in your family.
- f. You like to back seat drive.
- a. Like a bulldog, you protect your turf.
- d. You would rather shop at a farmers market than a fashion mall.
- f. Winning is everything. You like to be first.
- a. Your friends and family say you're stubborn. You don't agree.
- b. Home is a great place but you'd rather move a lot.

Count how many of each letter you have. Take the 2 highest letters and put them in order. The color you chose most often is your dominant color. If there is a tie, choose the one that sounds most like you.

a. Go Green

Deep down inside you are a green person. You have a confident and caring nature, and would feel centered in a room washed with sage, basil or apple green. You mark your territory with collections of pottery, trinkets or even vintage tablecloths. Think ahead. Seashore tones and botanical inspired greens remain popular.

Of course you don't have to be one of these dominant colors to use them in your décor. Use green for relaxation and to refresh the spirit. Green is a good color to promote health.

b. Yellow, but definitely not mellow

Yellow people are movers and shakers. You will be additionally energized in a room with buttery walls and mahogany furniture. Let in the light with minimal window coverings. Keep flat surfaces clutter-free. Collect Yellow Ware pottery. Rearrange your furniture when the mood strikes. Ochre and gold are popular.

c. Let's face it – you are a purple person

While others are doing something practical with their lives, you're still reading tarot cards and eating tofu. Celebrate with shades of violet, lavender and silver. The hippest way to accomplish this is with a coat of lavender paint followed by a silver glaze. Use eggplant or plum as an accent. Don't think about it, just do it. Imagine candles. Try feng shui.

For people seeking purple in their lives, use it to increase spirituality and enlightenment. Also dieters should use purple to suppress the appetite.

d. Orange people love food, home and entertaining

Surround yourself with delectable shades of orange such as pumpkin, copper and muted auburn. Silk looks especially sumptuous in shades of orange. So does linen. Use orange in your kitchen if your idea of a good time is cooking while surrounded with a hungry crowd of talkative friends and family.

Anybody can add a dash of orange to bring cheerfulness and order to the home.

e. Blue is a breath of fresh air

Blue people strive to feel safe in their surroundings. Your dependable and truthful nature will feel most at ease in rooms washed in shades of gray-blue and soft turquoise. Dark woods such as ebony with bronze accessories look especially striking against soft blue velvets and silks. Decorate with books. Definitely use blue in bedrooms for a serene night's sleep.

Busy people might try blue to promote calm. Blue is especially good in bedrooms for people with sleep disorders.

f. You are a passionate red person

Most likely you will do everything over in red once you realize this is your inner color. Because you like to be in charge, you won't listen to this advice, but here it goes: Start small with a few throw pillows against a neutral-colored couch. Shop for modern art with splashes of red. Choose red for floral arrangements – not carpet colors. Make sure everything is perfect, since it will be noticed. To tone down your wild side, think pink.

Shy people might try red to attract attention, gain confidence and spark their love life.