

Dictionary Definition:

Definition In My Words:

*Safety*

Reminds me of....

Example in a sentence:

Picture:

Is similar to....

Dictionary Definition:

Definition In My Words:

*Security*

Reminds me of....

Example in a sentence:

Picture:

Is similar to....

# Physical Needs Summary

Name \_\_\_\_\_

Date \_\_\_\_\_ Period \_\_\_\_\_

For each aspect of physical needs, describe how those needs are being met (whose responsibility) and how well they are being met.

Food

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Water

Sleep

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Shelter

Other....  
Clothing

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## **SUMMARY:**

Overall, how well are you meeting your basic physical needs, could you improve on any area? How would/could it affect other areas of your life if you could improve on meeting your basic physical needs? Could you/should you change that? What affect does each have on your BEHAVIOR?