

Name _____ Block _____ Date _____

What is Personality?

Human Behavior

Student Objective: The student will define what personality is and where it develops.

Directions: Working individually and eventually in small groups develop a definition of PERSONALITY.

Pre-Definition: What do you think personality is? Is not? Write it here....

1. Personality is.....

2. Personality is not....

3. Draw a picture of what you think personality is:

With your assigned small groups share and record each other's ideas of what personality is and is not. Be ready to share your group's lists with the class.

4. Personality IS

Personality IS NOT

5. Textbook definition of Personality:

Name:

Block:

Nature vs. Nurture Heredity vs. Environment

Your **personality** consists of all the things that make you a unique individual:

- Many of the characteristics that you possess were inherited from your parents. (Heredity)
- You developed other characteristics as you grew up. (Environment)
- You can continue to acquire new characteristics for the rest of our life.

It is often difficult to discern between heredity and environmental factors because your parents, from whom you inherited certain characteristics, are usually the ones who created your environment.

The wise person accepts responsibility for his/her personality characteristics and tries to acquire new characteristics that will help them become a more useful and happy person!

Directions: Place an **H** before the following personality characteristics you think are primarily heredity (those inherited from parents) and an **E** before those that are primarily acquired through encounters with your environment.

- | | |
|--|--|
| 1. _____ Your height | 9. _____ Your physical coordination |
| 2. _____ Your attitudes | 10. _____ Your honesty |
| 3. _____ Your desire to succeed | 11. _____ Your ability to get along with others |
| 4. _____ Your fears | 12. _____ Your neatness, or lack thereof |
| 5. _____ Your enthusiasm | 13. _____ Your personal appearance |
| 6. _____ Your ability to make decisions | 14. _____ Your punctuality (ability to be on time) |
| 7. _____ Your initiative (doing things on your own) | 15. _____ Your sense of humor |
| 8. _____ Your values/morals (knowing right from wrong) | 16. _____ Your self control |

17. Which do you think has MORE effect on your personality, heredity or environment? Why?
