

Community Awareness Series: Promoting Healthy Behaviors

Our youth are our future's greatest asset. Schools, parents, caregivers and communities all play a role in providing supportive pathways for our youth as they navigate childhood and adolescence. SCIP (School Community Intervention and Prevention) is partnering with Lincoln Public Schools, Bryan Independence Center and the Lancaster Prevention Leadership Team to put on a series of valuable presentations about how to support the health and well-being of our community's youth. These events are open to parents, students, school professionals and community members. Please join us for our first event on:

October 24, 2019- Let's Talk: Youth Vaping & Marijuana Use

Lincoln Southeast High School (Commons Area)

2930 S. 37th Street

Lincoln, NE 68508

6:30 p.m. – 8:00 p.m.

Presentation:

Research shows that families and influential adults play the most important role in preventing youth substance use. As part of National Health Education Week, this presentation will provide education and awareness surrounding two growing youth substance use issues as a means to promote conversations and healthy decision making. Marijuana continues to be one of the most prevalent substances of abuse among our youth and teen vaping is increasing at alarming rates.

Rebekah Willoughby, a Public Health Educator with the Lincoln-Lancaster County Health Department and Deputy Jeremy Schwarz, a Licensed Drug Recognition Expert with the Lancaster County Sheriff's Office, will discuss:

- The prevalence of youth vaping and marijuana use
- The effects of these substances on the developing youth brain
- Physical health effects of vaping and marijuana use
- The role of marketing in vaping and various products that youth are using
- Legal aspects
- Signs of use
- How to engage in conversations with youth about vaping and marijuana
- Resources to further address prevention and early intervention of use.

Please contact Abbe Edgecombe, SCIP Coordinator for Lincoln-Lancaster County for questions or additional information: (402) 327-6841 or aedgecombe@lmep.com

