*atoms (neutral)

Subatomic Particle	What do you use?	Where do you find the information?
Protons (+)	Atomic #	periodic table (above symbol)
Neutrons (0)	Mass #, atomic #	given mass # / periodic table (above symbol)
Electrons (-)	atomic #/protons	periodic table

Other helpful information:

Mass # = protons + neutrons

neutrons = mass# - atomic #

neutrons = mass# - protons

for neutral atom: protons = electrons

atomic mass look @ periodic table