

Maxey After School Classes



Spring 2017

Class Schedules, Descriptions & Registration

Dear Maxey Parents & Students,

Welcome to the Spring 2017 Maxey after school program. This program offers a wide range of classes to further enrich our students. Individual class descriptions are in this packet for your review.

- * Classes start the week of February 27th and run for six weeks (excluding spring break).
- * Classes must have a minimum of six students to fund the class. Any class with less than six students will be evaluated by the teacher to see if it can still be funded. If the class is cancelled you will be notified to either switch to another class or be issued a refund.
- * Tuition is \$35/class. Some classes may require a materials/supply fee so the instructors can purchase materials/supplies relevant to the class.
- * On their scheduled class day, your child will go directly to the gym when school is dismissed for the day. There they will line up by their after school class. From there your child will be accompanied to their after school classroom by the instructor.
- * Classes dismiss at 4:30 pm. Family Service students will report to the cafeteria. Other students will be dismissed through the front doors. Please be prompt in picking up your child; we want to make sure all students are safe.
- * **WE ARE NOW DOING REGISTRATION ONLINE.** Go to maxeypto.org to register for classes. You may use a computer in the school if you need access to the internet.
- * **Registration ends Friday, February 17th.** Classes will be filled in order of receipt of registration, so register early!

We are looking for a parent to help during the 3:30-4:30 hour! It's simply making sure the students get to the gym, take the attendance from the teachers and then make sure kids get picked up afterwards. **YOUR KIDS CAN TAKE THEIR CLASS FOR FREE** while you spend 45 minutes relaxing, reading, doing work.... Contact me for more details.

Please email any questions to jerstad@cox.net.

Sincerely,

Jessica Erstad
After School Class Coordinator

2017 Spring Classes

Monday

Yoga for Kids (K-2nd)

Healthy Little Chefs (K-3rd)

Chinese Club (K-5th)

PE Games (1st-3rd)

Decorating with Fondant (1st-5th)

Spanish (2nd-5th)

Scratch Animation (3rd-5th)

Rails, Roads and Race Cars (4th-5th)

Solo Singers Symposium (5th)

Wednesday

PE Games (K-2nd)

Crafty Kids (1st-3rd)

East High Cheer Club (1st-5th)

Spanish (2nd-5th)

Intro to Show Choir/Glee (2nd-5th)

Uke Crazy (4th-5th)

Thursday

Beginning Gymnastics (K-3rd)

PE Games (2nd-5th)

Sew Amazing (3rd-5th)

Broadway Bound (4th-5th)

Monday Classes

February 27 March 6, 20, 27 April 3, 10

Yoga for Kids

Grades K-2nd

Incorporating the Take 5 Program, students will learn breath work, yoga asana (poses) and ways to self-regulate and navigate the demands of our ever changing environment. Encouraging compassion and love for the self and empathy for others is emphasized. Signature Take 5 Sequence of bright, brave, balanced and kind poses are included in each class--consistently bringing joy and self awareness to the hearts and minds of our students.

Instructor: Jennifer Conway, 200RYT is Certified in Take 5 Training

Cost: \$35

Max number of students: 12

For specific questions on this class, please contact Jennifer Conway (jconway456@gmail.com).

Healthy Little Chefs

Grades K-3rd

Calling all hungry kids! Join Alyssa, your 70th & Pioneers Hy-Vee dietitian after school for a Lil' Chefs Cooking Class! During each class, kids will prepare and enjoy delicious seasonal snacks. Kids will also learn nutrition basics. This class may not be suitable for children with specific food allergies. Some snacks may contain nut products like peanut butter.

Instructor: Alyssa Krejci, RD, LMNT

Cost: \$53 (includes a \$18 materials fee)

Max number of students: 12

For specific questions on this class, please contact Alyssa Krejci (akrejci@hy-vee.com)

Chinese Club

Grades K-5th

Did you know that Lux Middle School has offered Chinese language classes? Come try it out and see if you'd like to study it further in middle school. Maxey Chinese Club will help students learn and understand Chinese language and culture naturally through highly engaging activities, stories, games, music and arts.

Instructor: Grace Li

Cost: \$35

Max number of students: 12

For specific questions on this class, please contact Grace Li (gli@lps.org)

PE Games

Grades 1st-3rd

Looking for a high energy class that's LOTS of fun!?!? Then this is the class for you! Former Husker Soccer player Mayme Conroy looks forward to spending time with you playing all the timeless PE games. You'll start your day with some stretching and then get into all the fun games including kickball, 3x3 basketball tournament, team handball, touch football and scooter sharks and minnows. Get ready to have FUN!

Instructors: Mayme Conroy

Cost: \$35

Max number of students: 20

For specific questions on this class, please contact Mayme Conroy (mjconroy222@gmail.com).

Decorating with Fondant

Grades 1st-5th

This class will explore the creative fun of cake decorating with fondant. Each week students will do projects and learn techniques for cake decorating by using tips, tools, and fondant. Examples of the instructors work can be found at <http://theitaliancake.com>

Instructor: Dora Monica

Cost: \$50 (includes a \$15 materials fee)

Max number of students: 12

For specific questions on this class, please contact Monica at (doraadam@gmail.com)

Spanish

Grades 2nd-5th

Students going to Moore Middle School will have a chance to take Spanish. Come try it out at our after school class. See if you like it and will want to take Spanish at Moore. Learn greetings, colors, numbers and fruits in Español? Bring your enthusiasm and be willing to learn this beautiful language. Learning will be fun! It will be reinforced with music and games.

Instructor: Jesus Meyer

Cost: \$35

Max number of students: 14

For specific questions on this class, please contact Jesus Meyer (jessicameyer6@yahoo.com).

Scratch Animation

Grades 3rd-5th

With Scratch, you can program your own interactive stories, games, and animations. Scratch helps young people learn to think creatively, reason systematically, and work collaboratively — essential skills for life in the 21st century. Scratch is a project of the Lifelong Kindergarten Group at the MIT Media Lab. Come and build fun games and animations in this after school class. All the projects will be different than class activities. **THIS IS A NEW AFTER SCHOOL CLASS SO REGISTER EARLY TO MAKE SURE YOU GET A SPOT!**

Instructor: Mr. Tebo

Cost: \$35

Max number of students: 15

For specific questions on this class, please contact Mr. Tebo (gtebo@lps.org)

Roads, Rails & Race Cars

Grades 4th-5th

Roads, Rails & Race Cars is an exciting class that offers a chance to learn through hands-on fun involving transportation engineering programs at the University of Nebraska-Lincoln—from race car crash testing to simulated videos of transportation planning using GPS. Activities use real world math and science in the many applications of engineering. Fun experiments and friendly competitions with your fellow students!

Instructor: UNL College of Civil Engineering Students

Cost: \$35

Max number of students: 20

For specific questions about this class, please contact Gabriel Bruguier (gbruguier@gmail.com) or visit their website at <http://matc.unl.edu/>

Solo Singer's Symposium

Grades 5th

Students will vocalize and be introduced to solo repertoire appropriate for recital and audition experiences. Each class will begin with vocalize, i.e. warm-up the voice with scales, arpeggios and vowel/consonant exercises to improve articulation. Each student will then have an opportunity to sing from solo repertoire. Students will be assigned solos from art song/folksong repertoire and Broadway standards. Great for students who wish to sing solos in church and/or audition for musical theatre productions. **Please note: It is recommended that students be able to read music at a basic level, have access to a piano or keyboard, and a CD or MP3 player.** Hurry to register because this class is limited to only 12 fifth grade students.

Instructor: Sylvia Bailey

Cost: \$35

Max number of students: 12

For specific questions on this class, please contact Sylvia Bailey (sbailey@lps.org)

Wednesday Classes

March 1, 8, 22, 29 April 5, 12

PE Games

Grades K– 2nd

Looking for a high energy class that's LOTS of fun!?!? Then this is the class for you! Former Husker Soccer player Mayme Conroy looks forward to spending time with you playing all the timeless PE games. You'll start your day with some stretching and then get into all the fun games including kickball, 3x3 basketball tournament, team handball, touch football and scooter sharks and minnows. Get ready to have FUN!

Instructors: Mayme Conroy

Cost: \$35

Max number of students: 20

For specific questions on this class, please contact Mayme Conroy (mjconroy222@gmail.com).

Crafty Kids

Grades 1st-3rd

Come and make super cool crafts that you can take home and use! All kinds of fun weekly crafts that are easy to make and have fun making right here at school too.

Instructor: Sheri Tebo

Cost: \$50 (includes a \$15 materials fee)

Max number of students: 10

For specific questions on this class, please contact Mrs. Tebo (stebo@lps.org)

East High Cheer Club

Grades 1st-5th

This class will be fun, fun, fun!! Full of custom cheers for the Maxey Mustangs. Kids will learn basic pom motions, kicks and jumps used in cheerleading.

Instructor: East High Cheerleaders

Cost: \$35

Max number of students: 20

For specific questions on this class, please contact Christy Firestone (cfirest@lps.org)

Spanish

Grades 2nd-5th

Students going to Moore Middle School will have a chance to take Spanish. Come try it out at our after school class. See if you like it and will want to take Spanish at Moore. Learn greetings, colors, numbers and fruits in Español? Bring your enthusiasm and be willing to learn this beautiful language. Learning will be fun! It will be reinforced with music and games.

Instructor: Jesus Meyer

Cost: \$35

Max number of students: 14

For specific questions on this class, please contact Jesus Meyer (jessicameyer6@yahoo.com).

Intro to Show Choir/Glee

Grades 2nd-5th

Join Katie and Kresse in this after school club to sing, dance, act, and strut your stuff in true show choir fashion. Katie and Kresse are directors at the Youth Actors Academy of Lincoln. They are excited to teach our Maxey kids the fun of singing and dancing!

Instructors: Kresse Alvey and Katie Frankforter

Cost: \$35

Max number of students: 15

For specific questions on this class, please contact Youth Actors Academy of Lincoln (infor@yaal.org)

Uke Crazy?

Grades 4th-5th

Uke Crazy? Bring your ukulele to class. Join your friends to learn to play the ever popular ukulele. Beginner Ukulele Class will be a fun and friendly environment where we sing familiar songs and strum along. Together we'll learn to play basic chords and sign and play simple songs that everybody knows. No prior musical experience required. The Ukulele is a great instrument for kids! It has a small body that is easy to hold and its narrow neck allows for playing that is easy and comfortable. Playing the ukulele improves fine motor skills and coordination. Don't have a ukulele of your own? **Maxey school has six ukuleles that students can use in class. Please email me if you need to use a school ukulele. They will be assigned on a first come basis.**

Instructor: Sylvania Bailey

Cost: \$35

Max number of students: 16

For specific questions on this class, please contact Sylvania Bailey (sbailey@lps.org)

Thursday Classes

March 2, 9, 23, 30 April 6, 13

Beginning Gymnastics

Grades K-3rd

Want to have fun learning some cool tricks? Former Husker gymnast Jamie Schleppebach will be coaching/teaching a fun energy driven gymnastics class with many different activities such as relay races, learning handstands, somersaults, cartwheels and more. Stretching will also be a part of the class as well as balancing techniques and other gymnastics related games!

Instructor: Jamie Schleppebach

Cost: \$35

Max number of students: 10

For specific questions on this class, please contact Jamie (jschlepp3@gmail.com).

PE Games

Grades 2nd-5th

Looking for a high energy class that's LOTS of fun!?? Then this is the class for you! Former Husker Soccer player Mayme Conroy looks forward to spending time with you playing all the timeless PE games. You'll start your day with some stretching and then get into all the fun games including kickball, 3x3 basketball tournament, team handball, touch football and scooter sharks and minnows. Get ready to have FUN!

Instructors: Mayme Conroy

Cost: \$35

Max number of students: 20

For specific questions on this class, please contact Mayme Conroy (mjconroy222@gmail.com).

Sew Amazing

Grades 3rd- 5th

Sewing is a life-long lesson that can not only be used for practical purposes but for fun activities and crafting. In Sew Amazing you will make easy projects and learn basic skills in sewing on buttons and mending. Students will also learn some decorative stitching as well!

Instructor: Kim Meyers

Cost: \$40 (includes a \$5 material fee)

Max number of students: 10

For specific questions about this class, please contact Kim Meyers (kmeyers@lps.org).

Broadway Bound

Grades 4th-5th

So you wanna be in show business? Finally, it's your big break! Here's your chance to sing some of the greatest Broadway hits. We'll be singing some great Broadway classics from *Camelot*, *My Fair Lady*, *A Chorus Line*, *The Wiz*, *Wicked*, *High School Musical*, and movie classics such as *The Wizard of Oz*. This is a great opportunity for students that are interested in learning about musical theatre. Hurry to register because this class will only be open to 20 fourth and fifth grade students that love to sing!

Instructors: Syliva Bailey

Cost: \$35

Max number of students: 20

For specific questions on this class, please contact Syliva Bailey (sbailey@lps.org).

To register for after school classes, please go to maxeypto.org and fill out the appropriate form.