

# Basic Center Emergency Services



CEDARS Basic Center Services provide support to youth and their families to either prevent the placement of the youth outside the home, and/or to provide a safe environment for a youth until a successful transition back into the family home can be achieved.

Teens and their families may be eligible for Basic Center support because of homelessness or due to any of the following: behavioral or mental health problems, school truancy, law violations or other social factors that threaten the preservation of the youth in the family home.

Basic Center utilizes a positive youth development approach, with a strength-based, family-centered focus. Services include: individual and family counseling; educational support; aftercare; follow-up and community education. Basic Center staff work with youth to strengthen relationships with adult role models to create opportunities for structure and permanence.

## Emergency Shelter

For homeless or runaway youth who are in need of a safe environment in which to live for a period of time, CEDARS Emergency Shelter offers a place where qualified and dedicated professionals, available 24 hours a day, meet the physical, developmental and emotional needs of youth.

While the youth is staying in the Emergency Shelter families receive immediate and intensive assistance to develop a long-term plan to address the behaviors of the youth in order to reunite the family or find the most appropriate alternative placement.

When the youth is prepared to transition back home, our team provides support to youth throughout their transition into a long-term, permanent care setting. Aftercare services available to youth and their parents or legal guardians include respite care, community resource referrals, support groups, and outpatient therapy.

## Preventative Services

For those families that are still intact, staff may go into the family home for a period of up to 21 days to assess current issues and develop a plan to ensure the retention of the family unit.

Family supports may include:

- Problem solving and parenting skill building
- Productive behavior modeling
- Advocacy
- Assistance with personal, vocational and educational goals
- Assistance in accessing other community resources
- Education regarding the effect of health-related and behavioral issues that may impact the daily functioning of a family and tools for coping and changing behavior

For more information, please contact:

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## Out of Home Services

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**CEDARS**

