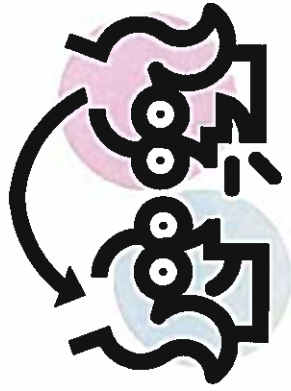


History and Development

Families Inspiring Families (FIF) was organized in 2002 after mothers of children with mental health needs realized the navigation skills they had developed while raising their own children were skills worth sharing with other families. FIF is a family run organization which believes families know best what their children need and with encouragement and support families are able to find needed resources and develop coping skills for managing day-to-day challenges



Families Inspiring Families is
a Nebraska non-profit
corporation



Affiliated with
The Federation of Families for
Children's Mental Health

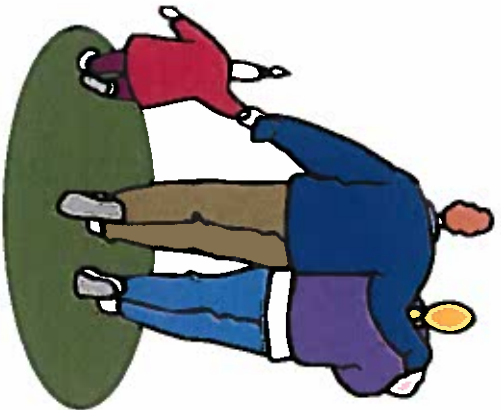


Re-Entry Services Funded by OJJDP
Re-Entry Grant 13-RW-BX-21

The Healthy Relationships Class for
Teens and Peer Support for their
parents is funded by Nebraska
Crime Commission Grant 13-JJ-05

1645 "N" Street
Lincoln, NE 68508
(402) 441-4369

familiesinspiringfamilies.org



We are a family group for parents and families of youth with mental, emotional and behavioral health challenges. We offer parents the opportunity to gather with others who have successfully navigated the mental and behavioral health systems in order to achieve support for their child. We are a family focused organization and we believe families are best able to advocate for their children because you know best what your child needs for a positive future and quality of life.

What do we provide?

FIF provides “peer support” for parents delivered by parents who have experienced the challenges of raising a child with mental and behavioral health needs. This is a “one on one” service designed to be encouraging and informational, with access to parent education and skill building, workshops and support groups. The services are voluntary and support group and workshops are available whether you want “peer support” or not.

Available Services

WRAP Groups

Circle of Security Facilitation

Wrap Around Facilitation

Parenting Education

Peer Support

Healthy Relationships Class for Teens

Parent Workshops with Childcare

Newsletter

Resource Navigation

Who is using our services?

Individuals, therapists, probation officers, LPS, the Juvenile Detention Center or Youth Assessment Center, and the Department of Health and Human Services.

Reach out to us

If you would like more information about any of our services please call (402) 441-4439 or visit our website at familiesinspiringfamilies.org where you will find archived issues of our newsletter and previews of coming events.



Providing Education and Support in the Region V area of southeast Nebraska