The Five Love Languages quiz

By Gary Chapman

Read each pair of statements and circle the one the best describes you. Total the number of each letter at the bottom of the page. This will determine your Love Language.

A. I like to receive notes of affirmation with you

E. I like it when you hug me

B. I like to spend one-on-one time with you

D. I feel loved when you give me practical help

C. I like it when you give me gifts

B. I like taking long walks with you

D. I feel loved when you do things to help me

E. I feel loved when you hug or touch me

E. I feel loved when you hold me in you arms

C. I feel loved when I receive a gift from you

B. I like to go places with you

E. I like to hold hands with you

A. I feel love when you acknowledge me

C. Visible symbols of love (gift) are very important to me

E. I like to sit close to you

A. I like it when you tell me that I am attractive

B. I like to spend time with you

C. I like to receive gifts from you

D. I know you love me when you help me

A. Your words of acceptance are important to me

B. I like to be together when we do things

A. I like the kind words you say to me

E. I feel loved when you hug me

D. What you do affects me more than what you say

A. I value your praise and try to avoid your criticism

C. Several inexpensive gifts mean more to me that one large expensive gift

E. I feel closer to you when you touch me

B. I feel close when we are talking or doing something together

A. I like you to compliment my achievements

D. I know you love me when you do things for me that you don’t enjoy doing

E. I like it when you touch me when we walk together

B. I like it when you listen to me sympathetically

C. I really enjoy receiving gifts from you

D. I feel loved when you help me with my home projects

A. I like when you compliment my appearance

B. I feel loved when you take the time to understand my feelings

E. I feel secure when you are touching me

D. Your acts of service make me feel loved

D. I appreciate the many things you do for m

C. I like receiving gifts that you make

B. I really enjoy the feeling I get when you give me your undivided attention

D. I really enjoy the feeling I get when you do some act of service for me

C. I feel loved when you celebrate my birthday with a gift

A. I feel loved when you celebrate my birthday with meaningful words

D. I feel loved when you help me out with my chores

C. I know you are thinking of me when you give me a gift

C. I appreciate it when you remember special events with a gift

B. I appreciate it when you listen patiently and don’t interrupt me

B. I enjoy extended trips with you

D. I like to know that you are concerned enough to help me with my daily task

E. Kissing me unexpectedly make me feel loved

C. Giving me a gift for no occasion makes me feel loved

A. I like to be told you appreciate me

B. I like for you to look at me when we are talking

C. Your gifts are always special to me

E. I feel loved when you kiss me

A. I feel loved when you tell me how much you appreciate me

D. I feel loved when you enthusiastically do a task I have requested

E. I need to be hugged by you every day

A. I need your words of affirmation daily

TOTALS

\_\_\_\_\_\_\_\_\_\_\_\_ A’s Words of Affirmation

\_\_\_\_\_\_\_\_\_\_\_\_ B’s Quality Time

\_\_\_\_\_\_\_\_\_\_ C’s Receiving Gifts

\_\_\_\_\_\_\_\_\_\_ D’s Acts of Service

\_\_\_\_\_\_\_\_\_\_\_ E’s Physical Touch