**Personality Unit Exam Review**

**Human Behavior**

Define Personality

Explain Defense Mechanics

 Repression

 Regression

 Displacement

 Projection

 Sublimation

 Reaction Formation

 Denial

 Rationalization

Know and explain the 8 stages of the life cycle

Meyers/Briggs (your 4 letters)

Howard Gardners – Multiple Intelligence

Jung

 Introvert/Extrovert/Ambivert and Mandalas

Type A/B Personality

Optimist/Pessimist

Internal vs External – (Who controls your life)

Sigmund Freud

 Id, Ego and Super Ego (3 structures of personality)

 Defense Mechanisms

Classical Conditioning – classical Conditioning

Operant Conditioning

BF Skinner Positive Reinforcement

Punishment

Rewards

Kohlberg’s stages of Morality

The Big 5 Know the OCEAN acronym

Explain each birth order