

Overview of Maslow's Theory

Humanist Psychology

- Humanist focus on _____
- Humanist do not believe that human beings are being pushed and pulled by _____, either of stimuli and reinforcements (behaviorism) or of the unconscious institution impulses (psychoanalysis).
- They believe that humans strive for an _____

- Humans seek the frontiers of creativity. _____ and _____

Maslow Said

- All Human behavior is motivated by a _____

- In order for a person to keep striving towards the ultimate in his/her growth there has to be _____

More Self Actualization

- Words that would describe Self-Actualizing.
- Examples of someone who is Self-Actualized.

One more thought

- Some behavior may be more than one level.
- Example: Eating Dinner is both a _____ (food) and a _____ (social).