

## Foods & Wellness Article Rubrics

Directions: This assignment will be mostly done as homework. It will be due 4 times throughout the term. Please check the website for dates. The assignment will be scored as follows:

	50 POINTS	24 POINTS	20 POINTS	
Length	10 points - 1 page typed 12 Times New Roman font	8 points ¾ page typed 12' Times New Roman font	5 points ¼ page typed 12' Times New Roman font	3 points hand written
Article	10 points - with an appropriate article attached			0 points for no article
Questions	10 points All 5 questions answered in paragraph form	8 points All five answers in short sentence form	5 points Duplicate answers on the questions	0 points for no answers
Article Summary	10 points - A well written summary of the article	8 points A short paraphrased summary of the article	5 points for the article not summarized well	0 points No summary
Due Date	10 points for turning the article in on the date it is due	8 points Turning the article in 1-2 days late	5 points for turning the article assignment in 1-2 weeks late	0 points After the next article is due

### Article Ideas

Nutrition Articles, Wellness Articles, Safety & Sanitation, Measuring, Equivalence, Carbohydrates, Protein, Vitamins, Minerals, Water, Fat, Exercise, Anorexia, Obesity, Bulimia, others upon approval.

### Questions:

How will this information help you with your wellness goals?

How will knowing this information help you in your life today?

Compare and contrast this article with information you have learned in class.

How will this information help with society now and in the future?

Would you recommend this article be shared with the class for future use? Why or Why Not?

### Extra Credit Option:

Be prepared to share with the class your findings. 10 points