

PARENTING STYLES OUTLINE

Name: Key

Authoritative Parents

- Reasonable balance of three key aspects:
 - Nurturance
 - Discipline
 - Respect
- Direct children's activities in a rational, issue-oriented manner
- Display firm control
- Do not restrict children
- Recognize children's interests and unique personalities
- Show respect for their children while expecting respect from them
- Willing to discuss behavioral guidelines that have been set

Children of Authoritative Parents

- High levels of familial involvement and closeness
- High levels of academic achievement
 - Higher levels of conscientiousness = better grades
- Higher levels of Self-esteem
- Cooperative with peers, siblings and adults
- More mature, resourceful, empathetic, and higher reasoning ability
- Less likely to exhibit behavior problems
- More likely to turn to parents for decision making
- Higher levels of self-actualization
 - What does self-actualization mean? Its aesthetic, creative, philosophical, and spiritual understanding.

Authoritarian Parents

- Favor punitive, forceful punishment
- Shame children into compliance
- Place value on:
 - Keeping children in their place
 - Restricting children's autonomy
 - Assigning household responsibilities in order to instill respect for work
- May use physical punishment to get obedience
- Emphasize respect for parents but not children
- Discourage children from free expression
- "Because I said so!"
- Can be emotionally detached and unresponsive

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Children of Authoritarian Parents

- Not encouraged to think for themselves
- Expected to look to others for approval, answers
- Abnormal emotional development
- Dependent, passive, conforming, less self-assured, less creative, and less socially adept than other children
- Lower psychosocial maturity
- Lower resourcefulness and academic achievement
- Lower self-esteem
- Social problems and externalizing behaviors
 - Rule breaking, aggression
- Higher risk for substance abuse, crime, delinquency
- Girls at risk for early sexual behavior

Permissive Parents

- Do not help their children learn to set limits
- Very lenient parenting style, little restriction
- Lack of routine, consistency
- Engage less in independence training
- Lack of demandingness in responsibilities (household)
- Allow children to regulate own behavior
- Internet regulation lowest in permissive parents
- Fail to exercise sufficient control of their children but also have diminished self-control
- Not well organized or effective in running their households

Children of Permissive Parents

- Lower academic achievement
- Lack impulse control
- More immature, less self-reliant
- Less socially responsible and less independent
- Cannot regulate their behavior
 - Association with heavy drinking
- Boys at risk for early sexual behaviors
- Permissive parents are not seen as persons whom they can come to when making important life decisions
 - More likely to go to peers when making moral decisions

PARENTING STYLES OUTLINE

Name: _____

- Less happy

Indulgent Parents

- Excessively lax parenting pattern
- Parents do not exercise control over children
- Highest in involvement with children
- Lowest in strictness
- Few clear expectations
- Seldom set limits
- Yield to coercion and manipulation from their children
- View discipline and control as being potentially damaging to children's developing creativity
- Provide high levels of support and affection
- Do not stipulate limits and guidelines but let them do as they please

Children of Indulgent Parents

- Manipulative of others, especially their parents
- Exhibit externalizing behaviors (outgoing)
- Tend to be irresponsible and immature
- Conform more to their peers
- More involved in risky behaviors (crime & delinquency)

Discussion Questions

Out of the parenting styles you've learned about today, which seems like it produces the best outcomes for the children reared by that particular parenting style?

Which parenting style do you think you'd like to aim to use when you have children? Why?

Consider the parent-child interactions of families with whom you are familiar (your own and those of friends or relatives) and see if you can identify a family that fits the authoritative pattern. If so, what are the lives of the children like? See if you can identify some of the positive outcomes of the authoritative parenting in those families. (Heath, 2013)

