

Supersize Me Discussion Questions

Name _____

Homerroom _____

1. In general, what was Morgan's health status at the start of the project?
 - a. At the end?

2. How did Morgan feel after his first Supersize meal? Why do you think this happened?

3. Why is the comparison between cigarette smokers and overweight people being made?

4. Do you believe that people can have food addictions? Why or why not?

5. a)What role does personal responsibility play in people's food choices?
 - b)How much choice do consumers really have in the fast food world?

9. Does our society promote an unhealthy attitude toward food?

10. In your opinion what was the most memorable part of *Supersize me* and why?

11. Should any laws or policies be instituted to help combat obesity in North American society?

a. If so, what are they and how could they be enforced?

b. If not, why should we leave the current rising trend of obesity with all of its consequences unchecked?

12. In an age when we have so much information at our disposal, why do we still make choices based on advertising and marketing?

13. Advertising affects us all, explain how advertising affects you (the things you buy, the food you eat, and the places you go or want to go)?