

PART 4

1. How much did Victoria spend on jeans? How many t-shirts does Gracie have? About how much are they worth? How much does Marnie have in scraping booking things? How would they be able to save total a year but not purchasing these items?

2. How much did the Widlund's save per week by not eating out and buying groceries?

3. What is the annual interest charged to do a paycheck advanced for the Widlund's? What is the paycheck advance percentage at a "Paycheck Advance" store?

4. How much will the Bradley's save by not eating out in a year? How much does she save by not using plastic silverware and plates? How much do they save on coffee?

5. Why is it good for a family to sit down at home and eat? How much did the Bradley's spend each day eating out?

6. What does the expert suggest Lisa do instead of shopping? Why?

7. How much credit card debt do the Eggleston's have? How much do they spend on interest?

8. What happens when you are late paying your credit cards?

9. How much more were the Eggleston's spending each month over what they are earning?

10. What order do pay your credit cards off? Why?

11. What were the Eggleston's able to do with just one phone call?

12. How much do they save by giving up 2 of their Bears tickets?

13. What are some of the steps to playing the credit cards game?

14. What are the first 4 steps of the debt diet? (They will repeat in show 5 if you miss one)

15. What set back does Sally experience? What is important to remember if someone has set backs while on the debt diet?

PART 5

16. How are other families benefiting from the debt diet? (Give 3 examples)

17. What are some of the tricks in the fine print?

18. How much should people be spending each month on Housing? What does it include?

19. How much should you spend transportation? What type of income should you base the amounts on?

20. How much on other? What does it include?

21. How much for your debt? What debt is not included?

22. How much for saving?

23. What term does the single mother (Latasha) use for transferring her credit card debt to her student loans?
24. What percentage is Latasha spending on each of the categories?
25. How much is Latasha over-spending each month?
26. What are Sally and Dan Eggleston doing to increase their income? How many credit cards have they paid off?
27. How do you grow your income?
28. How much will the Eggleston's get back in mistakes on their income taxes?
29. How much extra are the Bradley's earning through extra jobs? How much money will the Bradley's have by investing their additional income for 30 years?
30. How are the Widlund's increasing their income?
31. If the Widlund's invest $\frac{1}{2}$ of their extra income how much will they have saved for retirement?
32. What did one woman do to decrease her debt that made her news worthy?
33. What are some forms of free entertainment everyone can take part in?
34. Why do you think all of the people who participated in the debt diet seem so much happier?
35. What is step #7 of the debt diet? What is step #8?

36. What is the “key to your future” according to the expert?

37. What is one thing everyone can do to separate themselves from the poor and build their wealth?

38. Name 3 things you think are the most important points of the Debt Diet?

39. What are some things that you can start doing today to be more financially prepared for the future?