

EXPECTATIONS FOR PHYSICAL EDUCATION

Scott Middle School

Welcome to Scott Physical Education! All Physical Education teachers here at Scott have worked hard over the years to develop a program designed to give students a positive experience in a variety of physical activities over the next three years.

CURRICULUM

6th grade activities: softball, fitness testing, long and short jump rope, tumbling, aerobic fitness, strength training, track and field, team handball

7th grade activities: archery, Ultimate, disc golf, cooperative games, dance, LaCrosse

8th grade activities: volleyball, fitness, bowling, ping pong, badminton, softball

Other: each unit will include fitness activities designed to increase flexibility, strength and aerobic fitness.

ACADEMIC GRADE

Skill (25%) - Summative skill assessments based on individual student performance on rubrics designed for each unit.

Knowledge (25%) - Summative written assessments of rules, skills, and basic strategies.

Physical Activity - Includes the following:

& Fitness (25%) - Summative assessment of physical activity during class (required) and outside class (optional)

- Summative assessment of health-related fitness (fitnessgram)

Physical Activity & Behavior (25%) - Summative assessment of the following physical activity behaviors demonstrated during class:

- Participates cooperatively during physical activity
- Makes responsible decisions to resolve and/or avoid conflict
- Follows class rules related to safety practices and procedures

WORK/STUDY HABITS GRADE

- Comes to class prepared for physical activity (dressed appropriately for safe participation)
- Participates in class activities, striving for quality work
- Participates in fitness and skill assessments

SOCIAL/BEHAVIORIAL SKILLS GRADE

- Uses appropriate language
- Follows the directions of teacher/locker room supervisors
- Interacts with others appropriately in the locker room before/after physical activity

Active Participation: *Everyone is expected to actively participate in all aspects of Physical Education.*

ATTIRE

- Wear proper shoes that stay on, have good traction and enclose your whole foot (no sandals).
- Wear a T-shirt with your first and last name on the front left side.
- Wear shorts or athletic pants that you did not wear to school . No undergarments showing. Trash bag shorts may not be worn.
- Keep warm clothes (sweatshirt) in your locker for outdoor activities
- If you do not have appropriate clothes and do not have a note from home you may be asked to wear clothing provided by the P.E. department.
- All other school dress code rules apply.

LOCKER ROOM

- **NO** CELL PHONES IN GYM/LOCKER ROOM AREA
 - Phones should be left in hall locker during PE class
- Do not tell anyone else your combination.
- Do not bring valuables to P.E. class.
- Take clothes home every week or two for washing.
- Do not share a locker with anyone.
- Always!!!! LOCK YOUR LOCKER!!!

INJURED, ILL OR ABSENT

- You need to have a note from a parent or doctor to be excused from participating.
- A note from a parent will excuse you for up to one school week. If you need to be out for more time you must bring a note from a doctor.
- If you are excused from PE you may be required to complete a written assignment during that time.

TEACHER CONTACT INFORMATION

- Mr. Claridge: dclarid@lps.org
- Mr, Lenz: plenz@lps.org
- Mrs. Kloefkorn: kkloefk@lps.org
- Mr. Czeranko: aczeran@lps.org
- Mr Kechely: wkechely@lps.org

Please sign and return to your P.E. teacher this week.

Student name: _____

Parent signature: _____

work hard - have fun - be responsible - work hard - have fun - be responsible