



Lesson Time

Your child is learning that being kind to other people is a way to show we care about how they are feeling. He or she is learning how to be kind to others by:

- Listening to them
- Helping them

Understanding how to be kind helps your child get along well with others at school and at home.

Play Time

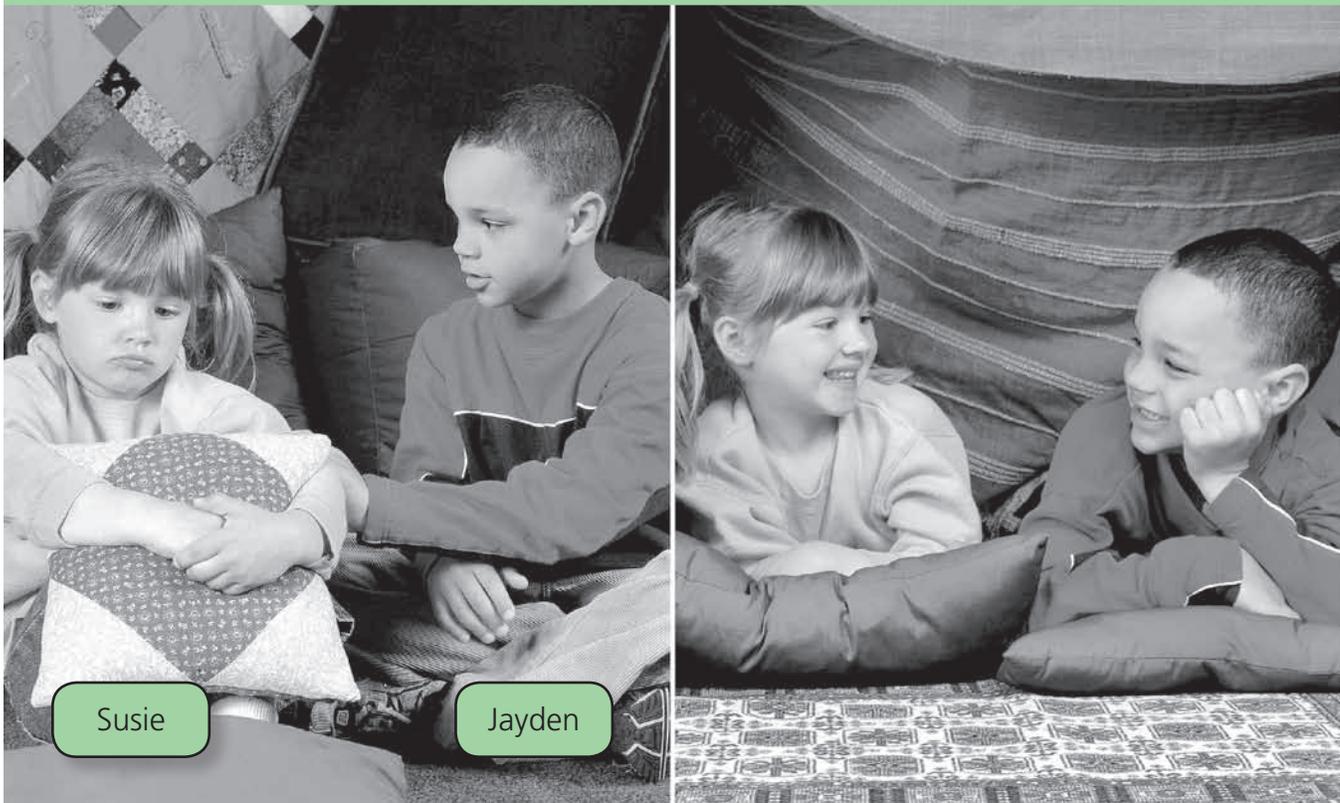
Play a game with your child to practice being kind.

Say: **We're going to play a game. We'll take turns pretending something sad happened. Pretend you hurt your foot.** Model what to say: **You look sad. Are you okay?** Wait for a reply. Then say how you'll help: **Let me put some ice on it.**

Take turns using other pretend events. Say:

- **I lost my keys.**
- **A page is torn in your favorite book.**
- **My friend is sick.**

Story Time



This week's story is about Susie and Jayden. Susie is sad because her friend doesn't want to play with her. Jayden helps Susie feel better. He says, "Let's play together," and offers to help her build a tent. Ask your child about this story.

- **What do you see in these photos?**
- **How can you tell Susie is sad?** (By the look on her face. By what happened—her friend didn't want to play with her.)
- **How was Jayden kind to Susie?** (He listened. He asked her to play. He offered to help her build a tent.)
- **How does Susie feel now?** (Happy.)

Now let's pretend I'm Susie and you're Jayden. What is a kind thing you can say to me? (Do you want to play with me? I can help you build your tent. It will be fun to play with you.)