

Adult Mental Disorders List

The following list of mental disorders contain names of those mental illnesses that are commonly seen in adults.

Dissociative Disorders

- Depersonalization disorder
- Dissociative amnesia
- Dissociative fugue
- Dissociative identity disorder (Multiple Personality Disorder)
- Dissociative disorder Not Otherwise Specified (NOS)
- Ganser syndrome

Mood Disorders

- Bipolar Disorder
- Manic Depression
- Hypomanic Episode
- Manic Episode
- Mixed Episode
- Melancholia

Sleep Disorders

- Circadian Rhythm Sleep Disorder
- Hypersomnia, Primary
- Insomnia
- Nightmare Disorder
- Narcolepsy
- Sleep Terror Disorder
- Sleepwalking Disorder
- Oneirophrenia
- Parasomnias

Personality Disorders

- Antisocial Personality Disorder
- Avoidant Personality Disorder
- Borderline Personality Disorder
- Dependent Personality Disorder
- Histrionic Personality Disorder
- Multiple Personality Disorder
- Narcissistic Personality Disorder
- Obsessive Compulsive Personality Disorder
- Paranoid Personality Disorder
- Schizoid Personality Disorder
- Schizotypal Personality Disorder