

Name _____ Date _____

EFFECTS OF ALCOHOL

DIRECTIONS: Fill in the blanks to explain how alcohol affects a person.

HOW ALCOHOL AFFECTS A PERSON DEPENDS ON:

1. How _____ you drink.



2. How _____ you drink.



3. Your body _____



4. How much drinking you've done in the _____



I've been drinking for 5 years now!

5. How much _____ is in the stomach.



6. What your _____ are about drinking.

I'm gonna get loaded!!



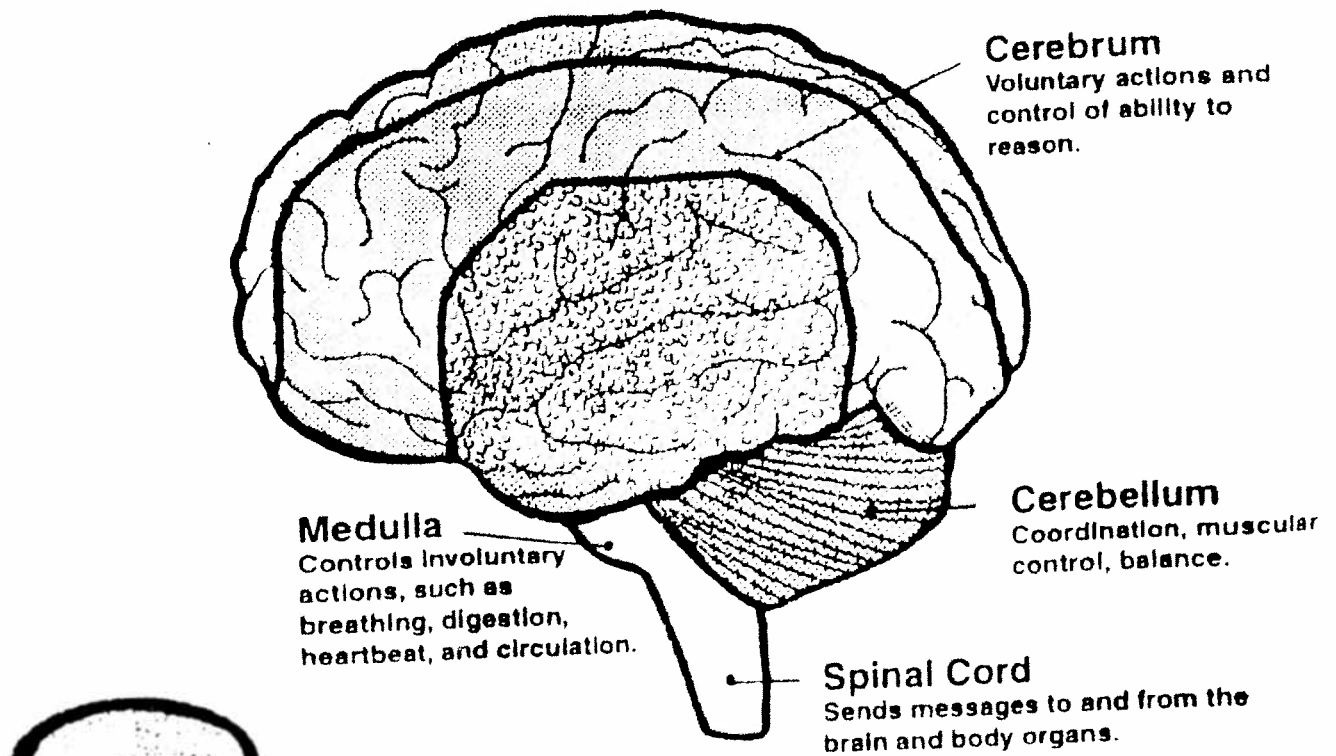
7. _____ you are when you drink.



Name _____

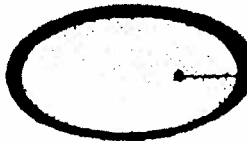
Date _____

THE EFFECT OF ALCOHOL ON THE BRAIN



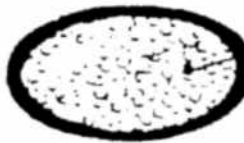
1 to 2 Drinks (BAC .01 to .05)

Person's systems begin to slow down, relaxed feeling, less inhibited, slight decrease in fine motor skills. Person should wait at least an hour before driving.



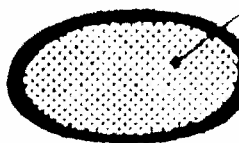
3 to 4 Drinks (BAC .05 to .10)

Fine motor skills are decreased, performance and responsiveness are reduced. There is a reduction in judgment as well as reaction time. People may feel more alert and talkative, but, in reality, the systems are slowed.



5 to 7 Drinks (BAC .10 to .13)

The senses are dulled, especially speech, hearing, and vision. Balance is altered and person may stagger. There is a decreased sense of pain.



8 to 12 Drinks (BAC .20 to .33)

The reflex actions are decreased, body temperature drops, blood circulation slows, as does respiration. Unconsciousness may occur. Further drinking may cause coma and eventual death from alcohol overdose.

NOTE: These blood alcohol concentrations (BACs) are based on a 130 lb. person who has consumed the alcohol in a 1- to 2-hour span of time.