

Name _____

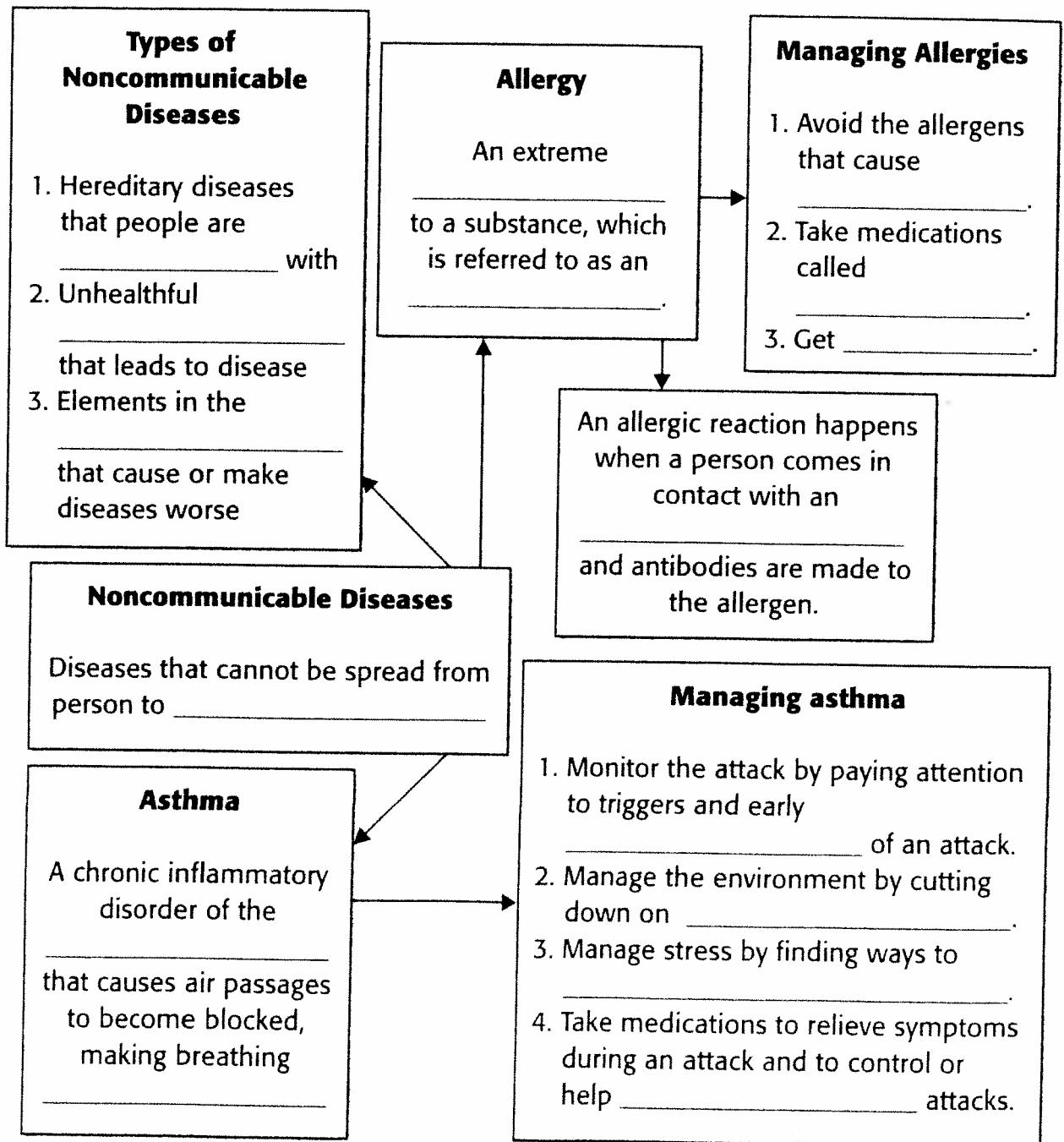


▲ Many people with asthma carry inhalers containing bronchodilators. These medicines ease breathing. How does keeping their environment clean help people with asthma breathe easier?

Concept Mapping Activity 14-1

Directions: Complete the concept map on allergies and asthma, using terms and phrases from your textbook.

Pgs. 440-441



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Lesson 1

COMMON ALLERGENS

Many different substances can be allergens. Some are easier to avoid than others. How could you avoid each of these allergens?



Name _____

Activity 65
Use with Chapter 14, Lesson 1

Sneezing and Wheezing

Fill in the blanks. Pgs. 441-445

Asthma Triggers

List four asthma triggers: _____

Allergic Reactions

List at least one allergic reaction that can affect the following body parts or systems.

Digestive System _____

Eyes _____

Respiratory System _____

Skin _____

Throat _____

Nose _____

Allergens

List six allergens and at least one source for each.

1. _____

Source: _____

2. _____

Source: _____

3. _____

Source: _____

4. _____

Source: _____

5. _____

Source: _____

6. _____

Source: _____

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