

Taking Charge of Your Health

Name: _____ Period: _____

Chapter 2 Lesson 1: Making Responsible Decisions Pgs. 36-41

Vocabulary:

Word	Picture	Definition
1. Decision Making (36)		
2. Values (37)		
3. Ethical (37)		
4. Criteria (38)		

5. One of the keys to being responsible is good _____

_____. (36)

6. The _____ and _____ you make

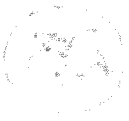
can affect each part of your _____. (36)

7. Your decisions show what's _____ to you. That's why

it's important for your choices to be based on your _____. (37)

8. Values that are shared by a group of people are known as _____

_____. (37)



9. Values that help you make decisions about what is important to you are known as _____ . (37)

10. You learn your values from:

11. What does the H.E.L.P. criteria stand for to help you make good decisions? (38)

H -

E -

L -

P -

12. In order to make responsible decisions based on core ethical values, you should go through the **SIX STEPS OF DECISION MAKING:** (40)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____