

# ARTHRITIS

CHAPTER 14 LESSON 4  
PAGES 461-463



NAME \_\_\_\_\_

1. **ARTHRITIS** is a disease of the \_\_\_\_\_ marked by painful \_\_\_\_\_ and \_\_\_\_\_.

2. List the **3 types of ARTHRITIS**:

\_\_\_\_\_

### 3. FACTS ABOUT OSTEOARTHRITIS:

- \* More common in older \_\_\_\_\_.
- \* Break down of \_\_\_\_\_ in the joints.
- \* Is the most \_\_\_\_\_ type of arthritis.
- \* Caused by \_\_\_\_\_ and \_\_\_\_\_ on the joints.
- \* More than \_\_\_\_\_ million people in the U.S. have osteoarthritis.
- \* \_\_\_\_\_ rub against each other. This causes \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ stiffness of the joints.

4. **Risk factors of Arthritis** are: List 3 below:

\_\_\_\_\_

5. **RHEUMATOID ARTHRITIS** is a chronic disease characterized by \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_, and stiffness of the \_\_\_\_\_.

### 6. FACTS ABOUT RHEUMATOID ARTHRITIS:

- \* Usually more \_\_\_\_\_ and more \_\_\_\_\_.
- \* Immune systems \_\_\_\_\_ healthy joint tissue.
- \* Causes damage in the \_\_\_\_\_ tissue.

7. **Symptoms of rheumatoid arthritis** are: List 4 below:

\_\_\_\_\_

8. **JRA = JUVENILE RHEUMATOID ARTHRITIS** is the most common form of arthritis in young people ages 6 months to 16 years.

9. **Early symptoms of JRA** include: Complete the following:

- \* \_\_\_\_\_ and \_\_\_\_\_ in the joints
- \* Skin covering the joint may be \_\_\_\_\_ and \_\_\_\_\_ to the touch.
- \* Children with JRA may get \_\_\_\_\_ and \_\_\_\_\_.

## MANAGING ARTHRITIS

10. THERE IS NO CURE FOR ARTHRITIS, BE IT CAN BE MANAGED.  
**LIST 7 WAYS TO MANAGE ARTHRITIS BELOW:**

- \* \_\_\_\_\_
- \* \_\_\_\_\_
- \* \_\_\_\_\_
- \* \_\_\_\_\_
- \* \_\_\_\_\_
- \* \_\_\_\_\_
- \* \_\_\_\_\_

