

# Activity 5

Use with Chapter 2, Lesson 1

## Using the H.E.L.P. Criteria to Make a Decision

Read each situation below. Using the H.E.L.P. criteria, write what you would do for each one.

<b>H (Healthful)</b>	What are the physical, mental/emotional, and social health effects of this action?
<b>E (Ethical)</b>	Is this action right? Does it agree with my values?
<b>L (Legal)</b>	Is this action legal?
<b>P (Parental Approval)</b>	Would my parents approve of my decision?

1. Adrienne is the strongest math student in class, with a straight A average. She is shy and has some difficulty in making new friends. She is, however, happy that a new boy named Chad has been paying attention to her in class. This morning he asked her if she would help him during today's test. When Adrienne asked him what he meant, he replied, "You don't have to do a thing. Just let me see your paper."

What would you do in Adrienne's place?

H \_\_\_\_\_

E \_\_\_\_\_

L \_\_\_\_\_

P \_\_\_\_\_

2. Dylan and Patrick have agreed to go to the store for their neighbor, Mrs. Saranson. She is an elderly woman who doesn't see well. After she gives the boys \$20 and her list, they leave. On the way to the store, they discover that instead of one \$20 bill, there are two. Patrick says that they'll give the extra money back to Mrs. Saranson when they deliver the groceries. Dylan says, "She'll never know the difference if we keep it."

What would you do in Patrick's place?

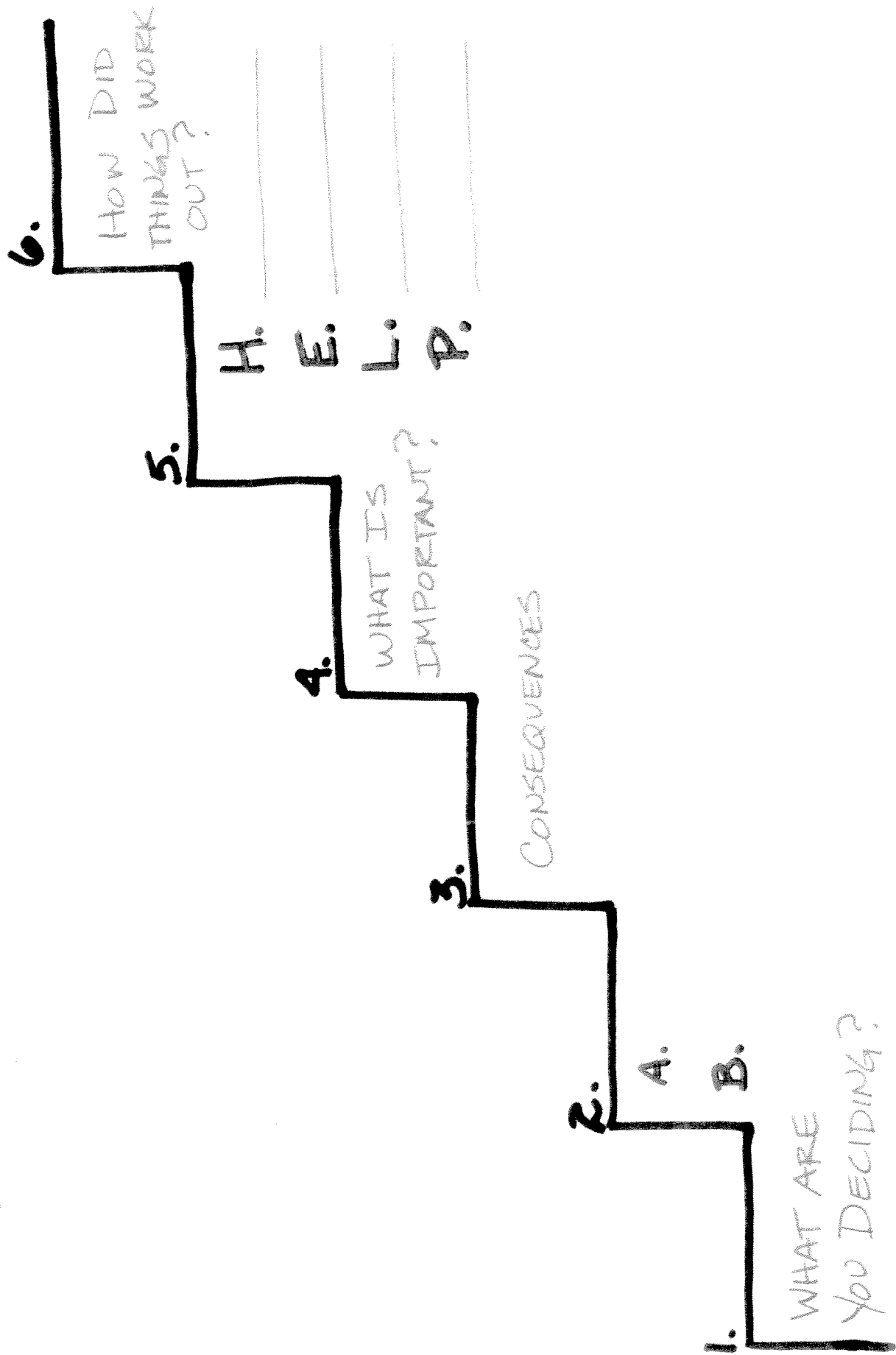
H \_\_\_\_\_

E \_\_\_\_\_

L \_\_\_\_\_

P \_\_\_\_\_

# 6 Steps to Making a Responsible Decision



(28)