Concept Mapping Activity 1-4

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Directions: Complete the concept map on risk behaviors, using terms and phrases from your textbook.

| Risk is the chance that | 23 |
|-------------------------|---------------|
| Risk behaviors are | 24 |
| Cumulative risk is | 25 |
| Consequences are | 24 |
| Ways to Avoid o | |
| | |
| Abstinence is | Prevention is |
| · | · |

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Lesson 4

Enrichment Activity 1-4

What Are the Consequences?

Directions: Fill in the table below. The left column has risk behaviors. Write the possible consequences of the risk behavior in the middle column. Then write a way to prevent the consequence in the right column.

| Risk Behavior | Possible Consequences | Prevention |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|------------|
| It's just too hot for Geraldo to wear his bike helmet. Besides, he's only traveling a short distance. | | |
| Amy eats when she is feeling stressed. Today she ate an entire box of cupcakes that her mother had been saving for tonight's dessert. | · | |
| Stephen is so mad at Paul that he came up behind him in the hall and hit him on the back, starting a fight. | | |
| Lena hates swimming and thinks it's unfair that a swimming class is a requirement at her school. She cuts class, feeling she has a good reason to avoid it. | | |
| Austin has started smoking and finds he is having difficulty stopping. In fact, he is now smoking more than he was a few weeks ago. | | |