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lincoln parks & recreation

WINTER/SPRING 2014 PROGRAM GUIDE

A Message from the Director

The number one health concern facing our children today is childhood obesity resulting from poor nutrition habits and from too little physical activity. Adults face these same concerns. Getting off the couch and away from video screens is a big part of the solution. Few of us really enjoy "exercising", so making physical activity fun is important. Your Parks and Recreation Department offers many opportunities to get out, be active and have fun.

- Ager PlayCenter is an indoor setting for active play by pre-school children. (It's also a great location for birthday parties!)
- Recreation center gyms offer times for drop-in play and for team practices.
- Ice skating areas are cleared at Holmes Lake and Oak Lake when weather conditions allow.
- Sled hills at Pioneers Park and Holmes Park provide for active fun in the snow.
- Seven miles of hiking trails at Pioneers Park Nature Center are open year-round. Take a nature hike and discover areas of native prairie, woodland and wetland.
- Wilderness Park trails provide opportunities for hiking, bicycling and cross-country skiing.
- Adult and youth team sports programs offer opportunities for competitive play.
- Take advantage of special winter rates and play a round at a City golf course.

The Nebraska Game and Parks Commission will again be offering The Great Park Pursuit, a free program involving parks across Nebraska between May 1 and September 16, 2014. Register at www.negpp.org and print the pages for each park location. Follow the clues provided to each Great Park Pursuit destination and complete the nature impression.

In addition to creating each nature impression, there are other fun and educational activities at each park location (*quick tip – one of the locations is within in Lincoln Parks & Recreation system).

Mail completed impressions by September 16 to be eligible for a variety of prizes.

Get out. Be active. Have fun! 



www.negpp.org

**Visit parks.
Be active.
Win prizes.**

FOR YOUR INFORMATION:

CLASS REGISTRATIONS

Registration is now available online for most classes/programs. Go to parks.lincoln.ne.gov and click the 'Register Online' button. Class sizes are limited, so register early!

CANCELLATIONS

The Department reserves the right to combine classes/programs as needed or cancel classes/programs due to insufficient enrollment. A full refund will be granted if the Department cancels the program.

For more information please stop by the Lincoln Parks & Recreation Administration Office at 2740 A Street, call 402-441-7847, or go online at parks.lincoln.ne.gov.

RENTALS/RESERVATIONS

Indoor Facilities Indoor/enclosed facilities available for rent include: Antelope, Auld Pavilion, Bethany, Jayne Snyder Trails Center, Van Dorn, all Recreation Centers, the Malinovskis Auditorium at Pioneers Park Nature Center and some Golf Course Clubhouses. Please call each location to find out more about their facilities, availability and rental rates.

Outdoor Facilities Outdoor picnic shelters and master table locations are also available for rent. Planning a concert? Rent the Union Plaza Ampitheatre or Antelope Park Bandshell.

Wedding Locations There are numerous park settings available to reserve for your wedding: Antelope Park Bandshell, Auld Pavilion, Pioneers Park Columns, Hazel Abel Park, Stransky Park, Sunken Gardens, Iron Horse Park, Oak Lake Island, Bowling Lake Island, Hamann Rose Garden at Antelope Park and the Jayne Snyder Trails Center at Union Plaza.

Refunds Requests for refunds are subject to a \$25 service charge and must be made at least seven working days prior to the reservation date. Note: rain, cold, heat, or bugs are not an automatic cause for a refund. Each request/issue will be considered separately after a refund form has been completed.

Summer Day Camps

Monday - Friday, 7a.m.-6p.m. *No camp on Monday May 26 or Friday July 4, 2014

Location	Grades	Send Payment To	Phone
Air Park	K-1, 2-3, 4-7	3720 NW 46th St., 68524	402-441-7876
Belmont	K-1, 2-4	1234 Judson St., 68521	402-441-6789
Bethany Park* 66th & Vine	K-5	1225 "F" St., 68508	402-441-7952
Calvert	K-4, 5-7	4500 Stockwell, 68506	402-441-8480
F Street	K-5	1225 "F" St., 68508	402-441-7951
Goodrich	5-7	1234 Judson St., 68521	402-441-4601
Irving	K-2, 3-4, 5-7	2010 Van Dorn St., 68502	402-441-7954
Everett 1123 C St (10 weeks only)	K-5	1225 "F" St., 68508	402-441-7952

* not Title XX Eligible

Participants will experience:

- Recreation and Leisure Skill Building
- Physical Fitness Through Active Play
- Social Development
- Nutrition Awareness
- Nature Interaction

Parents and participants can expect:

- A focus on large group games and active play
- Skill building with challenging activity levels
- Site-based activities and city wide field trips
- Exploration of individual interests through a wide range of activities offered.

ENROLLMENT FORM & FEE

- Summer Day Camps: Complete registration form and attach \$12.50 for each of the weeks selected. (Do not mail cash.)
- Mail or take the completed form and fee (if required) to your child's payment camp location to hold their spot in camp.

***Title XX:** Most programs are approved to accept Title XX, the State of Nebraska Department of Health and Human Services Child Care Subsidy Program. The purpose is to assist low income families with child care expenses. For eligibility information, call 800-383-4278 or visit www.accessnebraska.ne.gov.

****Need-based scholarships are available:** Consideration is based on need. Complete a registration form and a scholarship application that is available at all recreation centers, the Parks and Recreation Administration Office or the Playground Office. Scholarship applicants need to share income and size of household information, and a statement of need. You may contact the program location where you register to discuss the scholarship amount we can make available to you and discuss other financial considerations you may require in order to join our programs.



Register today!



Weekly fee of \$125 includes weekly enrollment fee
(\$100 for 4 day weeks of 5/27-30 and 6/30-7/3)

****Scholarships Available****

*FCU*ndamental healthy me

A focused program where youth grow

To learn more about our camps - visit parks.lincoln.ne.gov

- Adopt-a-Trail
- Adopt-a-Park
- Adopt-a-Lincoln Landscape
- Community Tree Planting
- Swim and Dive Teams Practices/Meets
- Pioneers Park Nature Center Gardens
- Special Olympics

Volunteer Opportunities

We have a variety of volunteer opportunities, such as teaching hobbies, coaching youth, special events, parks and trail cleanups and landscape maintenance. We provide volunteer activities for individuals, organizations and businesses which can be one-day events or ongoing activities. Visit our website parks.lincoln.ne.gov/volunteer for a list of locations, applications and specific activities. Contact 402-441-7847 if you are interested in volunteering!

School's Out

When school's not in session, check out our School's Out programs. We offer a variety of programs for children throughout the year. Most programs include activities such as academic support, sports skills, games, arts, crafts, nature activities, cultural celebrations, stories, music, songs, social skill development, and computer skills. All our programs are adult supervised. Need based scholarships are available. Most locations are Title XX eligible. Contact the program location for more information or to inquire about registration. Register online at parks.lincoln.ne.gov. *Does not accept Title XX.

BEFORE AND AFTER SCHOOL

Fees:

- Before School: \$86/month
- After School: \$93/month

Dates: August 13, 2013 - May 22, 2014

LOCATIONS

Arnold Elementary School: Grades K-5

Times: 6:30a-Start of School; End of School-6p

Belmont Recreation Center: Grades K-5

Times: 6:30a-Start of School; End of School-6p

Calvert Recreation Center: Grades K-5

Times: 6:30a-Start of School; End of School-6p

Everett Elementary School: Grades K-5

Community Learning Center Program

Time: (After School Only)End of School-6p

"F" Street Community Center: Grades K-5

Time: (After School Only)End of School-6p

Goodrich Middle School: Grades 6-8*

Community Learning Center Program

Time: 3-5:30p

Fee: \$1.75/day (reduced rate punch cards and year passes available).

Irving Recreation Center: Grades 6-8*

Time: 3-4:30p

Fee: \$1.75/day (reduced rate punch cards and year passes available) Irving Middle School students only.

McPhee Elementary School: Grades K-5

Community Learning Center Program

Times: 7a-Start of School; End of School-6p

**ALL FEES ARE FOR
2013-2014 SCHOOL YEAR.**

KIDS DAY OFF / KIDS WEEK OFF

Supervised play when school's not in session

Fees: \$31/day or \$125/week

LOCATIONS

Air Park Neighborhood Center: Grades K-5

Focus is on fun and play.

Times: 6:30a-6p

Belmont Recreation Center: Grades K-5

Organized games, crafts, occasional field trips and selected activities. Children must bring a sack lunch, drink and tennis shoes. An afternoon snack will be provided.

Times: 6:30a-6p

Calvert Recreation Center: Grades K-5

Each week will focus on one or two different sports-develop some knowledge and basic skill while having fun participating.

Time: 6:30a-6p

Everett Elementary School: Grades K-5

Community Learning Center Program

Experience a week-long vacation with friends through participation in an array of games, activities, field trips and enrichment opportunities. **March 10-14 only.**

Time: 7a-6p | **Fee:** \$125/week

"F" Street Community Center: Grades K-5

Days include games, crafts, occasional field trips and enrichment activities. Children must bring a sack lunch and wear tennis shoes.

Time: 7a-6p



locations

Air Park Neighborhood Center
3720 NW 46th St. • 402 441-7876

Arnold Elementary School: Grades K-5
Community Learning Center Program
5000 Mike Scholl St • 402 436-1120

Belmont Recreation Center
1234 Judson St. • 402 441-6789

Calvert Recreation Center
4500 Stockwell Street • 402 441-8480

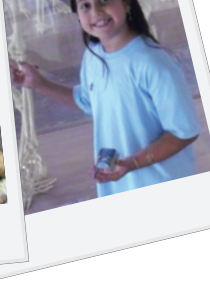
Everett Elementary School
Community Learning Center Program
1123 C St. • 402 441-7952

F Street Community Center
1225 F Street • 402 441-7951

Goodrich Middle School
Community Learning Center Program
4600 Lewis Ave. • Contact: 402 441-6789

Irving Recreation Center
2010 Van Dorn St. • 402 441-7954

McPhee Elementary School
Community Learning Center Program
820 Goodhue • Contact 402 441-7952





Ager Indoor Play Center

About Ager Indoor Play Center

Ager Play Center is a play space for the smaller person; where play is the purpose.

Play for the small person 3 and older:

The Play Center is the small person friendly place to be for active play in Lincoln. Fueled by their curiosity and imaginations, little people over the age of 3 and at most 48 inches tall can slide, crawl and play as hard as they like in the large 2 level play structure. Exploring the maze of tunnels, slides and 3 ball pools is just the beginning of the play offered. Outside of the play structure the active play continues by making use of the riding toys or riding in a wagon. Imaginary play is encouraged through the use of other stationary play features placed around the Center.

Play for the small person 2 and younger:

For those 2 and younger, there is the Toddler Area, located in the back of the Center. It is an enclosed and gated area filled with a small ball pool, play equipment and toys designed for the very little person to explore and manipulate. They can play outside of the Toddler Area and the structure, making use of the imagination areas of the Center.

Moms on the Move *(Any parent/guardian welcome)*

M.O.M.s will be walking the track around our play structure and participating in optional exercises with their infant as resistance while sharing their secrets and successes related to raising great kids! Call 402-441-6792 or visit the center to acquire the punch card prior to participation.

Fee: \$40/10 punches* *(adult & infant)*

**Additional fee of \$3/child*

Day: Tues/Thurs | **Time:** 8-9a



REMEMBER:

Socks are required for play. Outside food is not allowed unless it is for a scheduled party or health reasons.

contact

1300 S. 27th St.

Lincoln, NE 68502

info 402 441.6788

direct 402 441.6792

fees

Adults (18+) \$3.50

Children 12 mo.-17 yrs \$3.50

with zoo membership \$3.25

Children 0-11 mo. Free

Coupon books are available for discounted savings.

hours

Winter Hours Oct 1 - April 30

Monday-Friday: 9a-5p

Saturday: 9a-3p

Sunday: Private rentals only

Summer Hours (May 1 - Sept 30)

Mon - Fri: 9a-5p

Sat & Sun: Private rentals only

Scheduled closures:

April 20

May 24-26

July 4

DEVELOPMENTAL PLAY GROUP

specifically designed for families of very young children with special needs

Tuesdays, 6-8p

Session start dates

Jan 7*, Feb 18, Apr 29, July 8

*4 week mini-session, \$36

Ager Play Center

1300 South 27th St.

\$72/8 week session

need based scholarships available

We offer a safe family friendly environment, structured activities, opportunities to interact with other parents, professional presentations, adaptive toys to accommodate children of all abilities, trained staff and volunteers, an opportunity for siblings to play together, and a special time to

PLAY
with your child.



Call 402-416-7607 for an application.

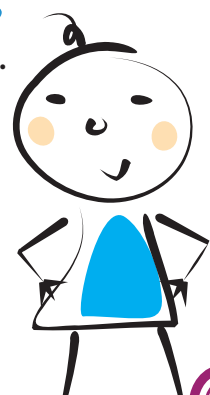
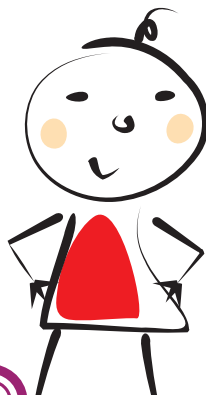
The Active Party Place

Birthday Party Rentals are for children up to 5 years of age.

OPEN HOURS RENTAL: Party during our "open to public" hours - \$30/hour for each room plus \$3 each for admission

AFTER HOURS RENTAL: Private Party during our closed hours - \$81/hour for the entire facility up to 200 people. Height and age restrictions still apply.

For more information, call the Ager Play Center at 402-441-6792



Air Park Neighborhood Center

GYM/BUILDING RENTALS

Air Park Neighborhood Center is available to rent for your reunion, birthday party, meeting or event. Rentals may include game room, gym and/or meeting room. Call for more information and reservations. \$53/hr for 1 area (gym or 1 room) plus game room. Lobby \$83/hr Gym, 2 rooms, game room, lobby

Weight Room

Ages 15 yrs (9th grade) and older. Includes Universal Style equipment, free weights and treadmill.
Fee: \$2/visit

ARCHERY

Beginning Archery: Ages 6 and older

This will be an instructional session tailored to the beginner archer. Archery is a sport anyone with upper body use can do and be successful at. Try this sport if you use a wheel chair or need to be seated to do activity. Class includes the basics of archery (range rules, stance, holding the bow, the draw, line of sight and shooting.) Class includes 30 minutes of instruction and 30 minutes of open range time beginning at 10a.

Day: Saturdays | Time: 9:30-10:30a

Fee: \$18/4 weeks

Sessions start: Jan 4, Feb 1, Mar 1, April 5, May 3

Families on Target

This is an open archery range opportunity for individuals and families. The range will be monitored by Recreation staff for safety, however individuals and families can practice and develop their archery shooting skills. Archery also promotes upper body strength and conditioning. Equipment is provided.

Day: Saturdays | Time: 10-11:30a

Fee: \$4/person, \$8/family

BOXING

Lincoln Boxing Club- Ages 8+

No cost until sparring or competition. Focus is on fitness, discipline and excellence.

Days: Tuesdays & Thursdays | Time: 6:30-8p

Open Gym

Open gym time is for adults 18 and older after 11:30a.m. Youth 6th grade and older after 4:30 p.m. (not chaperoned.) Youth 5th grade and younger must be accompanied by an adult at all times.

Days: Monday-Friday | Time: 11:30a-8p

Fee: \$2/visit

Gym Court Reservations

\$14/hour/half court/1 basket

Call 402-441-7876 for reservation

KARATE: GOJU RYU

A traditional Okinawa style of Martial Arts. This style combines the "softer" style of redirecting and blocking with the "harder" style of kicking and punching movements of Karate. In this session you will learn kata, good technique, awareness of surroundings, self-defense, discipline and get a good workout. Child care is available. Wear comfortable clothing. All Sessions start on Jan 4, Feb 4, Mar 1, April 5, May 3 unless otherwise noted below.

Tiny Ninjas: 5-6 yrs

Day: Sat, 9:30a-10:15a

Fee: \$18 monthly

Junior Ninjas: Ages 7-15yrs

Day/Time*: Tues, 6-7p & Sat, 10:30-11:30a

Fee: \$43 monthly

Adult Karate: 16yrs and older

Day/Time: Sat, 11:45a-12:45p

Fee: \$28 monthly

Day/Time*: Wed, 6-7p & Sat, 11:45a-12:45p

Fee: \$45 monthly

Sessions start: Jan 4, Feb 1, Mar 1, April 5, May 3

*Class meets both days listed.



contact

3720 NW 46th St.

Lincoln, NE 68524

402 441-7876

hours

General Hours thru May 4, 2014

Mon - Fri: 11:30a-8p

Saturday: 9a-12:30p

Sunday: Closed

Gym

Mon-Fri: 11:30a-6p

Saturday: 9a-12:30p

Fitness/Weight Room Hours:

Monday-Friday: 11:30a-8p

Saturday: 9a-12:30p

Game Room

Monday-Friday: 11:30a-8p

Saturday: 9a-2p



AmeriCorps Programs

Contact: Deb Buckman, Program Coordinator
402-441-4907 • dbuckman@lincoln.ne.gov

Join the National Movement and become an AmeriCorps Member!

We are outdoors, in classrooms, at recreation centers, in the community... *getting things done!*

Accepting Applications for
2013-2014

Program Year runs from
Sept 1, 2013-Aug 31, 2014



Belmont Recreation Center

TRACK/FITNESS FACILITIES

Belmont's Track/Fitness facility includes a 13 lap/mile indoor elevated track, Universal Fit Step Stair Climbers, Concept II rowing machines, Schwinn Air-Dynes, NordicTrack cross country ski machines, a Promaxima treadmill and Universal weight machine. There are lockers and showers available. Bring your own lock and towel.

Track/Fitness Hours

Mon-Thurs: 6:30a-7:50p | **Friday:** 6:30a-5:20p
Saturday: 9a-4:50p | **Sunday:** 1-4:50p

Senior Track/Fitness Hours

Mon-Fri: 9a-1p | **Fee:** \$1.50 for track or treadmill

Fitness/Track Fees

Fee: \$5/day | \$50/mo/person | \$200/yr/person

Track or Weights Only

Fee: \$3/day | \$25/mo/person

Open Gym: Ages 18+*

Date: Beginning March 19, 2014

Days: Tues/Thurs | **Time:** 5:30-6:50p | **Fee:** \$2/Adults

TEAM PRACTICES

Weekly reservations (55 minute time slots) are taken beginning on Wednesdays at 9:00a for the following week. Call 402-441-6789 to reserve a court.

Basketball

Day/Time: Monday, 6-6:55p, 6:55-7:50p
Saturday, available from 9:20a-4:40p

Half-Court Fee: \$14/55 min

Full-Court Fee: \$28/55 min

Volleyball

Days: Sunday | **Time:** 1:00-4:40p | **Fee:** \$15/55 min

Building Rental

Belmont Recreation Center classrooms are available to rent for your reunion, birthday party, meeting or event. Rental includes use of game room with foosball, pool, bumper pool, table tennis and shuffleboard. Call us for more information and to book your event.

Computer Lab: Adults

Days: Mon-Thurs | **Time:** 9a-2:50p

Days: Friday | **Time:** 9a-2:50p

Days: Sat-Sun | **Time:** 1:00-4:50p

PROGRAMS FOR YOUTH

TeenTreks: Grades 6-8

A special program just for middle schoolers on the third Friday, which features activities each month. Student IDs are required. Call for more information.

Dates: Feb 15, Mar 15 | **Time:** 7-9p

Youth Drop-in

Grade school - High School students

Days: Mon - Thurs | **Time:** 5:30-8p | **Fee:** Free

Days: Sat & Sun | **Time:** 1-5p | **Fee:** Free

PROGRAMS FOR ALL AGES

Table Tennis Challenge: All Ages

Players of all ability levels are encouraged to join. Handicaps are used to even out play. You may use Parks & Recreation equipment. Sandpaper paddles are not allowed. Everyone may compete in singles and doubles competitions. The number of divisions will depend on the number of participants. Single and Doubles played each week. Elementary age children must be accompanied by an adult.

Days: Sundays | **Time:** 5-10p | **Fee:** \$30/13 week

500 Mile Club

Complete 500 miles walking, jogging, bicycling, stair stepping, rowing or in any combination during a 12 month period at the Belmont Recreation Center and receive a free fitness club T-shirt. Keep a record of distances completed on a distance card. Cards are available at the front desk and will be kept on file there. This is a great way for the entire family to become physically fit together, while enjoying your individual activity and going at your own pace. Walking or jogging 1 mile = 1 mile, Bicycling 4 miles = 1 mile towards your goal. A complete set of guidelines is available at the front desk. For more information call 402-441-6789. All mileage must be completed at the Belmont Recreation Center.

Walk with Ease

This program is an exercise program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk with Ease. Call 402-441-4900 today or email mharris@lincoln.ne.gov to sign up. Space is limited.

Dates: Feb 3 - March 14

Day: Mon, Wed, Fri

Time: 1-2p

Fee: \$10/person

contact

1234 Judson St.

Lincoln, NE 68521

402 441-6789

jgerlach@lincoln.ne.gov

hours

FALL HOURS: BEGIN SEPT 16

Mon-Thursday 9a - 8p

Friday 9a - 5:30p

Sat - Sunday 1p - 5p

INDOOR SHOOTING ACTIVITIES FOR KIDS AGES: 8-15

FALL/WINTER/SPRING 2013-14

FEE: \$30

Classes held at
Easterday Recreation Center
6130 Adams Street

BEGINNING BB GUN

6-week sessions begin
• Sept 11, 6:15-7:45 p.m.
• Nov 6, 4:30-6 p.m.
• Jan 15, 6:15-7:45 p.m.
• March 5, 4:30-6 p.m.

INTERMEDIATE AND ADVANCED BB GUN

6-week sessions begin
• Sept 11, 4:30-6 p.m.
• Nov 6, 6:15-7:45 p.m.
• Jan 15, 4:30-6 p.m.
• March 5, 6:15-7:45 p.m.

AIR GUN TOURNAMENT

- Ages 8-19
- Nov 9, 8 a.m. - 4 p.m.
- Jan 11, 8 a.m. - 4 p.m.
- March/April - TBA

Easterday Recreation Center

For class sign-up & details call
Belmont Recreation Center

402.441.6789



You can help maintain and expand Lincoln's valuable community forest - the public trees in parks and along City streets. Trees beautify our landscape, benefit the environment and lower energy costs. Just add \$2 to your Lincoln Water System bill and watch your donation grow!

Calvert Community Center

TEAM PRACTICE TIMES

Basketball

Fee: Full Court \$28/55 min; Half Court \$14/55 min

Day: Saturdays

Times: 9-9:55a, 10-10:55a, 11-11:55a, 12-12:55p,
1-1:55p, 2-2:55p, 3-3:55p, 4-4:55p

PROGRAMS FOR FAMILIES: ALL AGES

These events offer families a time to play together and be with other families to socialize and have fun.

Food Net

Free food distribution for those in need.

Days: Thursdays | **Time:** 11a

Make & Take

A variety of ready-to-paint ceramic pieces (holidays, animals, decorations and more). A great family or individual activity. Your completed pieces make superb home decorations or gifts. Two pieces, all paints and tools provided each meeting. Additional pieces available for \$5 each. Call ahead to register, 402-441-8480.

Dates: Feb 2, 16; Mar 9, 23; April 6, 20; May 4, 18

Day: Sundays | **Time:** 1-3p | **Fee:** \$15/family/session

PROGRAMS FOR ADULTS

Walking: Ages 18+

For adults who would like to walk in the gym. We'll help you count your on-going miles.

Days: Monday-Friday | **Time:** 9a – 2:30p | **Fee:** \$2.00

Ceramics: Ages 18+

Learn the basics: cleaning greenware, glazing, staining, lustering, dry brushing and decals. Come develop your skills and learn new techniques. Fee includes firing. Participants purchase their own pieces. Instructor will help new participants with all aspects.

Days: Mondays

Dates: Feb 3, 10, 24 (3 wks); Mar 3-24 (4 wks);
Apr 7-28 (4 wks); May 5-19 (3 wks)

Time: 6:30-8:30p | **Fee:** \$21/3 wks; \$28/4 wks

Widowed Persons Services

Support and fun social activities for widows & widowers.

Days: Sundays | **Time:** 1-3p | **Fee:** Free

PROGRAMS FOR YOUTH

Kids Days Off

A program for kids when LPS is not in session. The goals of the program are to provide the children with fun activities and to offer opportunities for social interaction and skill development. We teach teamwork, appropriate social behavior and how to make leisure time positive.

Adult staff lead activities including active games and sports, crafts, and occasional field trips. Registration forms are available at the Center.

Dates: Ongoing during most days when LPS is not in session | **Days:** Varies | **Time:** 6:30a-6p

Fee: Days Off \$31/day, Week Off \$125/week

Creative Link One: Ages 3-4

A pre-school program focused on music and art activities. Research shows enhanced development with these activities in early childhood. Goals are increased social skills and creativity. A variety of other activities are also presented. Program is ongoing once registered. New registrations accepted as space available. Fees paid by month. Registration for fall begins May 1.

Days: Tuesday & Thursday

Time: 9:30-11:30a | **Fee:** \$69/month

Creative Link Two: Ages 4-5

A program for preschoolers. The spotlight will be on more intricate music and art as well as other early childhood themes. Goals are increased social skills and creativity appropriate for the older preschooler. Program is ongoing once registered. New registrations accepted as space available. Fees paid by month. Registration for fall begins May 1.

Days: Monday, Wednesday & Friday

Time: 9-11:30a | **Fee:** \$97/month

Ballet I - Ages 3-5

Your dancer will learn the basic movements in a fun age appropriate class.

Dates: Jan 21 - Feb 25, Mar 11 - Apr 15

Day: Tuesdays | **Fee:** \$28.00 | **Time:** 5:30-6:15p

Tap and Jazz Combo I - Ages 3-6

This class will introduce your dancer to the basics of tap and jazz dance. Fun and simple, there is no experience necessary for this class. Tap shoes are recommended but not required.

Dates: Jan 21 - Feb 25, Mar 11 - Apr 15

Time: 6:15-7p | **Day:** Tuesdays | **Fee:** \$28.00

Ballet II - Ages 4-6

Slightly more advanced than Ballet I and is recommended for dancers with some experience. Basic elements of dance continue to be a focus.

Dates: Jan 21 - Feb 25; Mar 11 - Apr 15

Day: Tuesdays | **Fee:** \$28.00 | **Time:** 7-7:45p



contact

4500 Stockwell

Lincoln, NE 68506

p 402 441-8480

f 402 441-8471

dkasperek@lincoln.ne.gov

hours

Monday-Friday 8:30a-2:30p

Saturday 9a-5p

facility rentals

Calvert Community Center is available to rent for your reunion, birthday party, meeting or event. Rental includes use of game room with foosball, pool, bumper pool, ping-pong and shuffleboard.

Gym also may be available at an additional fee. Call us for more information and to book your event.



Easterday Recreation Center

Weight Room

Our Cage System offers a weight training package to satisfy any lifter with lofty goals! Smith Linear System, Upper & Lower Cables, Pec Dec, Squats, Preacher Curls, Leg Extension/Leg Curl, and Multi-Position Benches + Free Weights.

Cardio Area: Ages 15+

Cardio Area includes Recumbent bike and Treadmill. Call for availability outside of hours listed below.

Monday - Friday

Time: 7:30a-4:30p | Fee: \$2/per use or \$21/12 uses

Gym Use/Walking: Ages 15+*

Stop by to shoot hoops or walk in the gym. Call for availability outside of hours listed below.

Monday - Friday

Time: 7:30a-4:30p | Fee: \$2.00/person
*14 and under with adult supervision.

ADAPTIVE RECREATION PROGRAMS: (for youth and adults with special needs)

Day Structure 1 program is for adults with mental health issues. M-F 7:30a - 2:30p

Day Structure 2 program is for adults with medical/physical challenges. M-F 7:30a - 2:30p

Our programs are held in a supportive, caring environment, with trained and experienced staff, kind and caring volunteers, and community specialists leading groups and special programs. Clients are encouraged to set personal goals and participate in a broad spectrum of programs. A few of our Program Offerings include: Exercise & Physical Activities, Arts & Crafts, Gardening, Theatre/Drama, Nutrition & Cooking, Leisure Education, Life Skills, Special Events/Holiday Parties, Community Outings, and much, much more! Call 402-441-7901 for more information.

RECREATIONAL CLUB PROGRAMS

Fun Club: Grade School

Begins: Jan 21 | Day: Tue | Time: 5:15-6:30p | Location: Easterday | Weeks: 14 | Fee: \$28
Varied recreational and social activities with additional fees for some activities plus \$1/month dues.
*Transportation available for an additional fee of \$56 for fall session. Call 402-441-7901 to register.

Hi-Time Club: Middle - High School, through age 21

Begins: Jan 20 | Day: Mon | Time: 7:00-8:30p | Location: Easterday | Weeks: 14 | Fee: \$28
Varied recreational and social activities with additional fees for some activities plus \$1/month dues.
*Transportation available for an additional fee of \$56 for fall session. Call 402-441-7948 to register.

Friendship Club: Ages 22-35

Begins: Jan 23 | Day: Thu | Time: 7:00-8:30p | Location: Auld | Weeks: 13 | Fee: \$26
Varied recreational and social activities with additional fees for some activities plus \$1/month dues.
*Transportation available for an additional fee of \$52 for fall session.
Call 402-441-7948 to register.

Social Club: Ages 36 and older

Begins: Jan 22 | Day: Wed | Time: 7:00-8:30p | Location: Auld | Weeks: 13 | Fee: \$26
Varied recreational and social activities with additional fees for some activities plus \$1/month dues.
*Transportation available for an additional fee of \$52 for fall session.
Call 402-441-7877 to register.

Holiday Ceramics: Ages 17+

Participants will paint 1-3 pieces of greenware with the assistance of instructors. Fee includes the cost of project supplies. All classes held at Calvert Community Center, 4500 Stockwell St. Call 402-441-7877 to register.

Date	Session 1	Session 2
Jan 4	9:30 – 10:45a	11a–12:15p
Feb 1	9:30 –10:45a	11a–12:15p
Mar 1	9:30 – 10:45a	11a–12:15p
Apr 5	9:30 – 10:45a	11a–12:15p
May 3	9:30 – 10:45a	11a–12:15p

Fee: \$21.25/person*

contact

6130 Adams St.

Lincoln, NE 68507

402 441-7901 | 402 441-7877

kzingg@lincoln.ne.gov

dwilliams@lincoln.ne.gov

mcjohnson@lincoln.ne.gov

hours

Monday - Friday 7:30a - 4:30p

Saturday - Sunday Closed

FACILITY RENTALS

Did you know that you can rent the Easterday Recreation Center for your next birthday, family gathering, meeting, social event, or club? Call 402-441-7901 for information.

Fees:

\$43/hr: Lobby, Classroom, Game Room, Kitchen

\$43/hr: Lobby, Gym

\$53/hr: Whole Building

(Lobby, Classroom, Game Room, Kitchen, Gym)

DEVELOPMENTAL PLAY GROUP

is designed for young children with special needs.



See page 4 for more information!

ADAPTIVE RECREATION PROGRAMS (cont.)

Adaptive Recreation Coed Bowling League

Four person teams. Teams bowl three games each week following regulation league rules and handicaps. Trophies will be awarded. Pre-registration required. This session will be held at Hollywood Bowl.

Begins: Mar 1 | **Days:** Saturdays | **Time:** 1-3:30p | **Weeks:** 10

Fees: \$7 Seasonal spring bowling league fee plus \$7/week for 3 games.

ADAPTIVE RECREATION CREATIVITY CAMPS

Art Extravaganza Camp: Ages 13-Young Adults

Will be held at Easterday Recreation Center (6130 Adams Street). Campers will receive instruction in painting, drawing, ceramics, and pottery.

Dates: July 21 | **Days:** Mon-Fri | **Time:** 1:15-4:15p | **Fee:** \$66.00/person*

*Door to door transportation is available for \$20 for the session.

Drama Camp: Ages 13-Young Adults

Activities include beginning theatre concepts, creative movement, and set design. Campers will prepare and perform a short play. Camp is based out of Auld Pavilion (1650 Memorial Drive) in Antelope Park.

Dates: July 28 | **Days:** Mon-Fri | **Time:** 9:30a-3:00p | **Fee:** \$109/person*

*Door to door transportation is available for \$20 for the session.

Adaptive Recreation SumFun 2014 Day Camp: Ages 5-21

SumFun is a camp designed to meet the needs of youth with intellectual and physical disabilities. The program offers a wide range of recreation activities which provide opportunities for social interaction and aid in the development of physical and social skills. SumFun is designed to provide a paid staff to participant ratio of 1-4. Activities will include arts & crafts, games, music, sports, swimming and field trips. Participants will be assigned to camp groups according to their age. Enrollment is limited. Registrations are taken on a first come, first served basis. Call 402-441-7948 (Easterday Recreation Center) for further information or to register.

Camp is based out of Auld Pavilion (1650 Memorial Drive) in Antelope Park. No camp week of June 30.

Sessions Begin Dates: June 16, June 23, July 7, July 14 | **Days:** Mon-Fri

Time: 9:00 am-2:30 pm | **Fee:** *\$85/person per session

**Door to door transportation is available within Lincoln for an additional fee of \$20 per session.*

If the camper has not previously attended SumFun, Fun Club, or Hi-Time Club, please register in person at Easterday Recreation Center (6130 Adams). Bring the completed "Adaptive Recreation 2014 Summer Camps Application Form" with you. Call Mary at 402-441-7948, Kerry at 402-441-7877 or Debra at 402-441-7901 to arrange a time. If the applicant has previously attended any of adaptive recreation programs listed above, you may mail the application form.



**Special
Olympics**
Nebraska

Special Olympics PRACTICE SCHEDULE

Lincoln Parks & Recreation sponsors the Lincoln Shooting Stars team with competition in Basketball, Bocce, Bowling, Flag Football, Golf, Roller Skating, Soccer, Swimming, Track & Field, and Volleyball. Our team is open to athletes from ages 8 on up. Call 402-441-7877 for more information and registration forms.

Basketball

Youth Basketball: Ages 8-14

Easterday, 6130 Adams St

Youth Practices (Ages 8-14)

Saturdays, 11:15a-12:15p

Dates: 1/18, 1/25, 2/1, 2/8, 2/15, 3/1, 3/8, 3/15, 3/22

Older Teen-Adult Basketball Practices: Ages 15+

Irving Rec Center, 2010 Van Dorn

Sundays, 3:00-4:00p: Level A, individual skills, team skills & half-court teams

4:00-5:00p: Full Court Team

Dates: 1/19, 1/26, 2/2, 2/9, 2/16, 3/2, 3/9, 3/16, 3/23

Basketball Tourney Info: All Ages

Sat, Feb 22: East Central Regional Tourney at Lincoln High School

State Tourney will be in Lincoln on March 29.

Specific date to be determined.

If we need to change a practice location or cancel a practice due to weather issues, we will update the voice mail at 402-441-7877 one hour before the scheduled practice time.

Golf

Ager Junior Golf Course

3761 Normal Blvd

Tuesdays, 4-5:30p

Spring practice: 4/1, 4/8, 4/15, 4/22, 4/29, 5/6

Alternate shot partners and Unified 18 hole golfers can practice independently. Please keep your golf scorecards and turn them into Kerry.

Roller Skating

Skate Zone, 300 N 48th

Mondays, 4-5p

Fee: \$5/week

Dates: 2/3, 2/10, 2/24, 3/3, 3/17, 3/24, 3/31, 4/7, 4/14, 4/21, 5/5, 5/12

Swimming

Lincoln Northeast High School

2635 N. 63rd St.

Saturdays, 10:00a-11:15a

Dates: 1/18, 1/25, 2/1, 2/8, 2/15, 3/1, 3/8, 3/15, 3/22, 4/5, 4/26, 5/3

Tournament: Sat 3/22, East Central Region Tourney at Lincoln High School.

State Tourney: Thur 5/22 (regular swimming), Fri 5/23 (water walks, assisted swims)

Track & Field: Ages 8+

Location: Lincoln High School, 21st & J St.

Sundays, 1:15p-2:45p

Dates: 3/2, 3/9, 3/16, 3/23, 4/6, 4/27, 5/4

Tournament: Sat 4/12: East Central Regional Tourney, Lincoln

State Tourney: 5/23-24, Omaha Northwest

Volleyball

Location: Easterday, 6130 Adams St

Saturdays, 8:30-10a

Dates: 2/1, 2/8, 2/15, 3/1, 3/8, 3/15, 3/22, 4/5, 4/26, 5/3, 5/10

Young Athletes Program

The Young Athletes Program is an innovative sports play program for children ages 2-7 with intellectual disabilities, designed to introduce them to the world of sports prior to Special Olympics eligibility at age eight. Children learn the basics of running, jumping, throwing, catching, striking and kicking through guided activities. Siblings and friends are encouraged to register and participate.

Location: Easterday, 6130 Adams St

Saturdays, 10:15-10:45a

Dates: 1/18-3/15 No program 2/22



Team Sports

ADULT SPORTS

Adult Slow-Pitch Softball

Team Registration: March 1 - March 30

Teams will play a eight game regular season and a double elimination tournament. Play begins mid-April. Games vary in night and location according to league and class.

Leagues offered:

- Men's (Sun - Friday)
- Women's (Wed)
- Coed (Tue, Fri, Sun)
- Church Men's (Mon-Tue), Coed (Fri) and Youth (Thur)

Adult Kickball

Team Registration: March

Teams will play a six game season and a single elimination tournament.

Leagues offered:

- Coed

SPORT REGISTRATION

Register online at www.teamsideline.com/lincolnne or at the Athletics Office, 2100 "M" St.

SOFTBALL UMPIRES

We are offering a free clinic in March for those interested in umpiring. For more information contact the Athletics Office at 402-441-7892 or email mmanning@lincoln.ne.gov.

FIELD RESERVATIONS

Are you looking for a place to practice with your baseball or softball team? Reserve a ballfield online at parks.lincoln.ne.gov.

contact

Athletics Office

2100 M Street

Lincoln, NE 68510

p 402 441-7892

athletics@lincoln.ne.gov

contact

Dale Hardy, Golf Administrator

2740 "A" St.

Lincoln, NE 68502

p 402 441-3860

dhardy@lincoln.ne.gov

locations

Pioneers Golf Course

3403 W. Van Dorn, 402 441-8966

Holmes Park Golf Course

3701 S. 70th St., 402 441-8960

Mahoney Golf Course

7900 Adams St., 402 441-8969

Highlands Golf Course

5501 NW 12th St., 402 441-6081

Jim Ager Golf Course

3761 Normal Blvd., 402 441-8963

10 parks.lincoln.ne.gov

Golf

All Lincoln City Golf Courses are open to the public 362 days a year with the exception of the Ager Golf Course, which is open April 1 through October 31. Availability of the courses for play may vary, therefore, it is always a good idea to call ahead or visit golf.lincoln.ne.gov to reserve a tee time.

Several **golf membership options** are available for the avid golfer and **golf gift cards** are available in any amount at any City course location.

All Lincoln City Golf Courses have full service professional golf shops, staffed by knowledgeable P.G.A. Golf Professionals. Every type of service is available, from full service tournament operations, custom golf clubs and beginning to advanced golf instruction. Visit golf.lincoln.ne.gov for more information.

GOLF LESSONS

Get Golf Ready is designed to teach everything you'll need to play golf in just a few lessons. You will be shown that there are lots of ways to play by combining fun, friends and fitness. Classes will be conducted once a week for a five week period.

Get Golf Ready consist of five sixty-minute group lessons for \$149. The maximum group size is eight students which allows for sufficient one on one instruction.

Sign up today at getgolffready.com, call the course of choice or golf.lincoln.ne.gov



Location	Days	Start Date	Time
Ager Golf Course	Saturdays	April 8	6p
Highlands Golf Course	Fridays	April 11	6p
Holmes Golf Course	Wednesdays	April 9	6p
Mahoney Golf Course	Thursdays	April 10	6p
Pioneers Golf Course	Tuesdays	April 8	6p

"F" Street Community Center

ROOM/BUILDING RENTALS

Our cafeteria, kitchen, gym and classrooms are available to rent for parties, reunions and meetings. Call for more information about booking your event.

TEAM PRACTICE TIMES

We begin reservations every Wednesday morning at 9am for the following Thursday-Wednesday.

Basketball

Mon & Wed 7-8:55p
Saturday 9a-12:55p
Sunday 1-2:55p

Half-Court Fee: \$14/55 min

Volleyball

Friday 7-8:50p
Saturday 3-4:50p

Fee: \$15/55 min

PROGRAMS FOR YOUTH

Youth Drop-In

Mid Level - High School students

Day: Monday-Friday | **Time:** 4:30-9p | **Fee:** Free

Beginning Taekwondo: Ages 5-12

Focuses on self-defense through stretching, accuracy, and cardiovascular training. Provides a sense of honor, integrity and respect for elders/superiors, perseverance and self control. Parents are welcome to sign up and take the class with their child. Taught by Michael Melhorn. (Class will not meet on April 20.)

Day: Sundays | **Time:** 2-3pm

Dates: Feb 9-Mar 23; Mar 30-May 18 | **Fee:** \$27.50

Basketball Clinic: Grades 4-9

Participants will be taught basic basketball skills and techniques. This class will focus on offensive and defensive strategies. Sportsmanship will be stressed.

Dates: Feb 6-27 | **Day:** Thursdays

Fee: \$17 | **Time:** 6-7:30p

Ballet

Learn basic ballet steps, balance and coordination. Ballet slippers are recommended.

Dates: Feb 8 - Mar 22; Apr 5 - May 17

Day: Saturdays | **Fee:** \$21.50

Ages: 3 1/2-5 | **Time:** 9:15-10a

Ages: 5-9 | **Time:** 10:15-11a, 11:15-12p

Gear-Tech 21 LEGO® Robotics*

Build and program simple robots using a LEGO® MIND-STORMS NXT kit. Participants will learn how to use a Handheld GPS receiver, to plot a course, follow a trail and find hidden objects.

Day: Saturdays | **Time:** 10-12p | **Fee:** Free

**This program will continue throughout the year.*

PROGRAMS FOR ADULTS

Tai Chi

Tai Chi is an ancient martial art that has proven health benefits. This class has been modified for adults who have problems with mobility or balance. Participants are taught simple movements that are performed slowly.

Dates: Feb 12-April 2 | **Day:** Wednesday

Time: 10-11am | **Fee:** \$31.00

Introduction to Weight Training

Participants will be instructed on each of our machines and the free weights during this one hour class. Evan will help each individual create a personal workout plan. You may sign up for more than one class if desired.

Date: Feb 12, 19, 26 | **Day:** Wednesdays

Time: 6:30-7:30p | **Fee:** \$6.50/class

Fun & Free Activities for Older Adults

Billiards	Mon-Fri	8a-3p
Choir	Monday	9-10:30a (begins Mar 4)
Pinochle	Friday	8a-3p
Pitch	Wed	8a-3p

Senior Pitch Tournament

Thirteen point pitch will be played. Registration fee is \$5, and includes lunch. Call the center to register in advance.

Date: Wednesday, April 9 | **Time:** 10a-2p | **Fee:** \$5

Senior Potlucks

Call the center to register at least two days in advance of each meal. We provide the main dish; participants can bring a covered dish to share or pay \$6.

Dates: Valentines Day-Feb 13; St. Patrick's Day-Mar 13

Time: 11:30a

Walk with Ease

This program is an exercise program that can reduce pain and improve overall health. If you can be on your feet for 10 minutes without increased pain, you can have success with Walk with Ease. Call 402-441-4900 today or email mharris@lincoln.ne.gov to sign up. Space is limited.

Dates: Feb 3 - March 14 | **Day:** Mon, Wed, Fri | **Time:** 1-2p

Fee: \$10/person



contact

1225 "F" Street

Lincoln, NE 68508

402 441-7951

dskorupa@lincoln.ne.gov

hours

General Hours:

Sunday 1-6p
Monday-Friday 8a-9p
Saturday 9a-5p

Track/Weight Room Hours:

Sunday 1-5:45p
Monday-Friday 8a-8:45p
Saturday 9a-4:45p

fees

Track: \$3/day | \$25/mo
Weights: \$3/day | \$25/mo
Track/Weights: \$5/day | \$50/mo
Annual Pass: \$200/person
Annual Pass: \$300/family

ADULT BASKETBALL - DROP IN

Mon/Wed/Thurs/Fri 8a-3p
Tuesday 8-11a

Fee: \$2/day

FREE TRACK HOURS:

Please come and enjoy our indoor track for no charge

Mon-Friday 9a-11a, 1p-3p



Irving Recreation Center

FACILITY RENTALS

Did you know you can rent Irving Recreation Center for your next birthday party, family gathering, meeting, social event or club? For more information, visit us online at parks.lincoln.ne.gov.

Picnic Loan

Make any event more fun with our equipment loan program. Quick, affordable rentals of all your old-time favorites: bingo, bocce, croquet, gunny sacks, horseshoes, parachutes, tug-of-war, water coolers, and plenty more! Visit parks.lincoln.ne.gov for more information.

Team Practice Times

We begin taking court reservations for team practice every Wednesday at 9am for Thursday through the following Wednesday.

Basketball

Fee: \$14/half/55 min., \$28/full/55 min.

January 30 through March 31

Days: Mon & Tues | Time: 5:30-6:25p

Wed & Thur | Time: 5:00-5:55p, 5:55-6:50p, 6:50-7:45p

Saturday | Time: 1:05-2p, 2:05-3p, 3:05-4p, 4:05-5p

April 1 through May 24

Monday-Thursday | Time: 5:00-5:55p, 5:55-6:50p

Saturday | Time: 1:05-2p, 2:05-3p, 3:05-4p, 4:05-5p

Volleyball

Fee: \$15/court/55 min.

January 30 through March 31

Wednesday | Time: 5:00-5:55p, 5:55-6:50p, 6:50-7:45p

April 1 through May 24

Wednesday | Time: 5:00-5:55p, 5:55-6:50p

WEIGHT/FITNESS HOURS

Fee: \$1/visit

Days: Monday-Thursday, ends 3/31 | Time: 5-8p

Days: Monday-Thursday, begins 4/1 | Time: 5-7p

Days: Saturday, ends 4/30 | Time: 1-5p

PROGRAMS FOR CHILDREN & YOUTH

Middle School Drop-in: Grades 6-8

After school program for Irving Middle School students. Reduced rate punch cards and year passes available.

Days: School days | Time: 3-5p

Fee: \$1.75/day

Open Gym

Basketball, Ages 18 & younger *Ends 4/30

No adults allowed on the courts to coach or play.

Days: Saturday | Time: 1-5p | Fee: Free

FUNDamental Healthy Me Summer Day Camps

Registration Begins January 27th!

Days: Monday-Friday | Weeks: 11

Time: 7a-6p | Fee: \$125/wk (Scholarships Available)

Irving Recreation Center offers three camps:

Day Camp: Grades K-2

This program is for children who have completed grades K-2. We help day campers develop lifelong social skills by implementing character education into fun recreation activities every day at camp. Recreation activities are introduced to campers as means to living a healthy, happy life.

Day Camp: Grades 3-4

This camp teaches young people healthier lifestyle choices through fun recreation day camp activities with a special emphasis on making smart nutrition and activity choices. Every day at camp we promote a healthy balance of staying active while focusing on healthy food choices to help our bodies grow and develop in healthy ways so we can enjoy life to its fullest!

Day Camp: Grades 5-7

This camp is designed specifically for youth who will be enrolled in middle school for the coming school year. Each week at camp will incorporate a variety of individual and group challenges with a focus on healthy living and positive youth development.

contact

2010 Van Dorn

Lincoln, NE 68502

402 441-7954

dpayzant@lincoln.ne.gov

hours

Monday - Thursday 9:00a - 8:00p

Friday 9:00a - 6:00p

Saturday 1:00p - 5:00p

Sunday Closed

BEGINNING 4/1

Monday - Thursday 9:00a - 7:00p

All other hours remain the same

BEGINNING 5/1

Saturday - Sunday Closed

All other hours remain the same



Follow us!
[@irvingrec](https://twitter.com/irvingrec)

Woods Tennis Center

Lessons and leagues for all ages and skill levels!

Visit our website for tennis lesson information including cost, registration, scheduling and levels for all abilities. Family discounts are available.

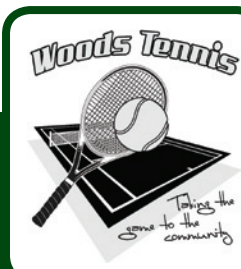
Classes meet twice a week, either Mondays/Wednesdays, or Tuesdays/Thursdays depending on location, as well as Saturdays. Check the website for scheduling.

401 S. 33rd St.
Lincoln, NE 68510
p 402 441-7095
woodstenniscenter.com

Spring Sessions:

IV: Mar 3 - Apr 12

V: Apr 14 - May 17



Summer Sessions

I: May 27 - June 23

II: June 24 - July 25

III: July 28 - August 8

Irving Recreation Center

PROGRAMS FOR EVERYONE

China Painting

Irving Recreation Center has offered china painting classes for both beginning and experienced painters since 1991 and is home to some of the finest china painting hobbyists around. All classes taught by Peg Pelter.

Days: Wednesdays

Sessions: January 8 – 29; February 5 – 26;
April 2 – 23; April 30 – May 21

Times: 9:30-11:30a; 12:30-2:30p; 6 - 8p

Fees: \$28.00 plus \$5.00 firing fee (supply fees vary)

China Painting Workshops

These workshops are an inexpensive way for new painters to try china painting. Bring your lunch and enjoy a full day of china painting.

Days: Saturdays

Dates: January 25; February 22; March 29; April 26

Time: 9a-4p | **Fee:** \$24.50 | Supply fees vary.

China Painting Open House

Hosted by Irving Recreation Center China Painters and featuring student displays, holiday tables, demonstrations, tours of our classroom and kiln room. Coffee and cookies will be served.

Date: Sunday, May 4 | **Time:** 1-4p | **Fee:** Free



**Dual Language
Preschool**
English/Spanish

- **Ages:** 3 - 5
- **Days:** M/W or M/W/F
- **Time:** 9 - 11:30a
- **Fee:** \$60 or \$90/month*

*Need -based scholarships available!

Our dual language preschool program allows children to grow by incorporating new experiences into their daily routine. Thematic content supports language development in Spanish and English and allows preschoolers to have fun while playing and learning kindergarten readiness skills.

Call 402-441-7954
to request an information packet.



VETERAN'S GARDEN EVENTS 2014

Armed Forces Day

Saturday May 17, 2014

- No Veterans Program
- Flags to fly at half staff

Memorial Day

Monday May 26, 2014

- 8p program
- Veterans will display flags

June Celebration

Saturday June 14, 2014

- 10a program

Flag Day

Saturday June 14, 2014

- No veterans program
- Veterans will display flags

Independence Day

Friday July 4, 2014

- No veterans program
- Veterans will display flags

Patriots Day

Thursday September 11, 2014

- 10a program

Veteran's Day

Tuesday November 11, 2014

- Auld Pavillion
- 11a program

Pearl Harbor Day

Sunday December 7, 2014

- Auld Pavillion
- 11:55a program

CHANGE IS GOOD.

SUPPORT PARKS, LIBRARIES, AND OLDER ADULTS IN LINCOLN!

If you are currently adding \$1 to your utility bill on a month-by-month basis, thank you! Please note that this option will no longer be available after April.



YOU NOW HAVE TO ENROLL TO PARTICIPATE.

ENROLL TODAY AT

WWW.LES.COM/LCDONATE
OR CALL LES AT **402.475.4211**

*Give a gift
that lasts a lifetime*

Visit lincolnparks.org for information about these and other exciting projects:

- **Planned Giving Opportunities**
- **Centennial Mall Renovation**
- **Special Events in the Parks**
- **Mini Grants for Neighborhood Parks**

Contact the Lincoln Parks Foundation for more information on how you can support parks and recreation opportunities in Lincoln!



**LINCOLN PARKS
FOUNDATION**

We love our parks.

2740 A St Suite 201 • Lincoln, NE 68502
402-441-8258 • lincolnparks.org



Photo by Adrian Olivera

contact

MAILING ADDRESS:

2740 "A" Street • Lincoln, NE 68502

Location:

3201 South Coddington

Lincoln, NE 68522

West end of Pioneers Park,
West Van Dorn & South Coddington
p 402. 441.7895

naturecenter@lincoln.ne.gov

parks.lincoln.ne.gov/naturecenter

hours

Monday - Saturday 8:30a - 5p

Sunday Noon - 5p

Friends of

Pioneers Park Nature Center

*Become a friend and support
the development, programming and
operation needs.*

*Call 402-441-7895
for a membership brochure.*

Pioneers Park Nature Center

PROGRAMS FOR ALL AGES

Night Walk *Register by January 31.*

Take a walk under the brilliant stars of the winter sky as we listen to hear the sounds of nocturnal animals around us. After the hike we will warm up with hot cocoa. This is recommended for ages 6 and up.

Date: Saturday, February 8 | **Time:** 7-8:30p

Location: Prairie Building | **Fee:** \$7/person

Great Backyard Bird Count

Bundle up and join us for a 9:00 a.m. winter bird walk. Then meet with other birders at the Chet Ager Building for hot mulled cider and a snack as we count the visitors at our bird garden. That data will be submitted to the biologists at the Cornell University Bird Lab for the 16th Annual Great Bird Count. The Wild Bird Habitat Stores will be on hand to discuss how you can attract birds to your backyard. No registrations necessary for this drop-in program but please call 402-441-7895 if you plan to attend the bird walk.

Date: Saturday, February 15 | **Time:** 9-11:30a

Location: Prairie Building | **Fee:** \$5 Suggested Donation

Geology Day

Learn about fossils, minerals, rocks and gemstones through displays and demonstrations by the members of the Lincoln Gem and Mineral Club. They can also help you identify your own specimens during this drop-in program.

Date: Sunday, March 9 | **Time:** 1-4p

Location: Chet Ager Building

Fee: \$5 Suggested Donation

Wild Adventure

This will be a family event hosted by the Friends of Pioneers Park Nature Center. Details are still being determined. Please contact the Nature Center after February 1st to learn more.

Date: Saturday, April 19 | **Time:** TBD

Location: Pioneers Park Nature Center

PROGRAMS FOR YOUTH

Preschool Open House

Learn about the wonderful nature based Preschool and Pre-K programs at Pioneers Park Nature Center by attending one of the open house sessions. Children explore the Nature Center daily developing inquiry, motor and social skills. Registration for 2014-15 school year begins on February 1st. If there is inclement weather Open House will be held Tuesday, Jan 28.

Date: Tuesday, Jan 21 | **Time:** 10-11a or 1-2p

Location: Prairie Building | **Fee:** Free

Animal Theater & Winter Play

Celebrate Groundhog's Day with the animals! Come see a show about wildlife at the Nature Center. Then head outside for some fun winter games. Dress for the weather.

Date: Saturday, February 1 | **Time:** 10 - 11:00a

Location: Prairie Building | **Fee:** \$3/person

Nature Explorers Camp

Looking for fun and adventure for your spring break? Spend it at the Nature Center. Children ages 6 - 13 will play games, explore, build magic places, make friends and have a great time during spring break.

Campers will get outside every day to investigate the natural world around them. Extended hours are available from 7:30 a.m. to 5:30 p.m. at no extra charge.

Dates: March 10-14 | **Time:** 8:30a-5:00p

Location: Prairie Building | **Fee:** \$170

Hand in Hand: Spring Song *Register by March 6*

Together you and your child will discover the wonders of spring through walks, games and stories. Please dress for the weather, we will be exploring outside for a portion of each class. A snack will be provided. Ages 2 ½-3 ½ year olds and accompanying adult only. This class is designed for one-on-one time, please leave younger siblings at home.

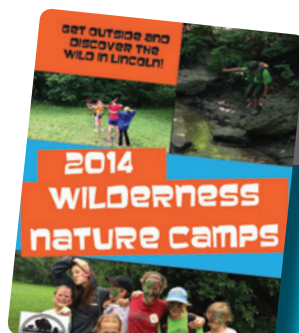
Days: Mondays,

Dates: March 17, 24 & 31, April 7, 14, 21 & 28, May 5

Time: 10-11:30a

Location: Prairie Building Goldenrod Classroom

Fee: \$65/child/8 week session



WILDERNESS NATURE CAMP

Brochure & Registration will be available February 1!

SPECIALLY FOR SCOUTS

Badgework

Upon request, staff will work with leaders for Naturalist or Forester badge programming with the following fee schedule:

- 2 hours or less: \$7/scout/minimum 10

Scout Hikes

One hour naturalist-led hikes are available.

Fee: \$3/scout/minimum 10

Naturalist Badge for Webelos *Register by April 30*

Learn to identify the poisonous plants and animals of our area, search for animals of our region, investigate food chains, bird flyways and the importance of wetlands! Complete activities 4, 6, 7, 8, 9, 10 and 11 with the help of Nature Center staff.

Date: Saturday, May 3 | **Time:** 9:30a-noon

Location: Prairie Building | **Fee:** \$10/scout

Junior Naturalist Series

This series of programs is targeted at Brownies but all levels of Girl Scouts are welcome to attend. Fee includes instructor, supplies, snacks and recognition. Come dressed for the weather, we'll be outside for at least part of the time! Register through the Girl Scouts at girlscoutsnebraska.org at least two weeks before the program.

Date: Sundays | **Time:** 1-3:30p

Location: Prairie Building | **Fee:** \$15/scout

Feb 16 - Myth Busters

Mar 16 - More Than Just Feathers

April 13 - Spring Explosion

PROGRAMS FOR ADULTS

Sandhill Crane Trip

Experience one of our planet's most spectacular wildlife migrations. Visit the Nebraska Nature and Visitor Center, travel rural roads to see the cranes foraging and dancing in the fields, then watch and listen to them return to the Platte River at sunset from a Rowe Sanctuary blind. The fee includes van transportation, dinner and blind costs. Must have the ability to walk uneven trails in low light with a guide. *Registration and payment required by February 21 for blind reservations.*

Date: Thursday, March 20 | **Time:** Noon-11:00p

Fee: \$75/person* \$25 is for the blind reservation and is non-refundable if the trip is cancelled or participants cancel and we cannot fill with a new participant.

Volunteering at Pioneers Park Nature Center

Call 402 441-8708 or afaas@lincoln.ne.gov

- Herb Garden •
- Childrens Garden •
- Prairie Garden •
- Land Management Opportunities •

Volunteers are
FUNdamental!



2014 GARDEN VOLUNTEER OPPORTUNITIES

Wake up the Beds

- Saturday, May 10 at 8:30a
- Location: Sunken Gardens

Garden Docents

- May through Oct
- Trained volunteers interpret the three main gardens for our visitors.

Garden Gab

- Learn different aspects of horticulture from the staff and then applying these skills on a voluntary basis in the Gardens.
- Dates: May 13 - October
- Days: Tues & Thurs | Time: 9a-12p
- Location: Sunken, Rotary and Hamann Gardens

Put the Beds to Bed

- Saturday, November 1 at 8:30a
- Location: Sunken Gardens
- Weather dependent, plant removal may continue to the following week

Birthday Parties at the Nature Center!

Reptiles Rock, Insect Investigations, Nature's Scavenger Hunt, Amazing Birds, Marvelous Mammals or Grow in the Garden. Choose the theme that will make for an exciting birthday celebration. There is time for a nature hike/activity and your birthday activities. We provide the space, program, a favor bag for each child and a special gift for the guest of honor. You provide the refreshments. Facilities available:

Birthday House, \$75 for 10 children and 3 adults, \$7 each additional child, 15 maximum.

Auditorium, \$100 for up to 10 children and 5 adults, \$7 each additional child, \$3 each additional adult.

Call 402-441-7895 for reservations at least two weeks in advance.

To find out more about
volunteer opportunities,
call 402 441-8267 or
email snosal@lincoln.ne.gov



contact

AQUATICS OFFICE

1255 "F" St.

402 441-7960 Year Round

Pool phones during season only.

pool dates

May 24 - August 10

For additional information,
check out parks.lincoln.ne.gov
on the public pools page

Rent a Pool!

Pools are available for family and group events. 1.5 hour rental time usually is available after closing. Some pools can host morning events. Pricing is for up to 100 guests and \$1/guest 101+ guests except Star City Shores. Reservations can be made after May 26. Star City Shores requests can be made Jan 8.

Public Pools

LOCATIONS

	Address	Phone number	Hours*	Rent a Pool**
Arnold Heights Pool	4000 NW 46th	402 441-7829	1-6p* Everyday	\$130
Ballard Pool	3901 N 66th	402 441-7898	1-6p* Everyday	\$130
Belmont Pool	12th & Manatt	402 441-7826	1-6p* Everyday	\$130
Eden Pool	4400 Antelope Creek	402 441-7827	1-6p* Everyday	\$130
Highlands Aquatic Center	5511 NW 12th	402 441-7800	M-F: 1-8p, Sat-Sun: 1-6p	\$165
Irvingdale Pool	1900 Van Dorn	402 441-7828	1-6p* Everyday	\$130
Star City Shores Aquatic Center	4375 S. 33rd Ct.	402 441-6670	12:30-8p Everyday	\$510
University Place Aquatic Center	2000 N 48th	402 441-7834	M-F: 1-8p, Sat-Sun: 1-6p	\$190
Woods Pool	33rd & J	402 441-7782	1-6p* Everyday	\$220

*Family Swim Nights 6-8p on certain weekdays from May 26-Aug 8.

**\$1 per Guest over 100

PROGRAMS FOR FAMILIES

Family Swim Nights

Evening swims for \$7/family. Locations vary on day.

Dates: May 26 - August 8 | **Time:** 6-8p

Learn to Swim Program

Celebrate 100 years of American Red Cross Learn to Swim program by joining a class this summer. Lessons available for all ages and skill levels. Get more information and register online at parks.lincoln.ne.gov. Registration begins April 1.

Days: Monday - Thursday.

Dates: Session I: June 16-26, Session II: June 30-July 10, Session III: July 14-24, Session IV: July 28- August 7

Junior Lifeguard Program

Basic skills to professional development, be part of the Junior Lifeguard program. Fee: \$25/week session

Level 1: Basic techniques and stamina offered at Ballard, Belmont, Eden and Irving. Ages 10-15yrs.

Level 2: Building a foundation of knowledge, attitude and skills for future guards offered at Ballard, Belmont and Eden. Ages 10-15yrs.

Junior Swim Instructor Program

Basic skill to professional development, be part of the Junior Swim Instructor Program.

Level 1: Age 12-15. Complete the A.R.C. Level 4 or equivalent. *Level 2: Coming in 2015!*

Swimming and Diving League: Ages 6-18

Neighborhood based teams, exercise, skill building and introduction of competitive swimming and diving for 6-18yr olds. Daily practice June 2-July 18 with four weekly swim and dive meets. Season concludes with the All-City Dive Meet on July 17 and Swim Meet on July 19. Registration begins January 30.

Fees: Swim/Dive Team: \$67, save \$5/add'l child. Adding Second Program: \$25 per child. Save \$5/child if registration is received before May 14.

2014 POOL PASSES

Pool passes for the 2014 season will be available on-line in March at parks.lincoln.ne.gov or at the Aquatics Office, 1255 "F" St.

ADMISSIONS

POOL LOCATIONS	GENERAL			LOW INCOME*			PASSES**			GROUP/DISCOUNT COUPON BOOKS	
	0 - 2	3 - 17	18+	0 - 2	3 - 17	18+	Season Family	Ages 3 - 17	Ages 18+	3-17 (30 coupons)	18+ (10 coupons)
Neighborhood Pools	Free	\$3.75	\$5.00	Free	\$1.90	\$2.50	\$181	\$65	\$88	\$74	\$33
Aquatic Centers Highlands Aquatic Center University Place Aquatic Center	Free	\$4.25	\$5.50	Free	\$2.15	\$2.75	\$203	\$74	\$98	\$84	\$37
Star City Shores Aquatic Center	Free	\$4.50	\$5.75	Free	\$2.25	\$2.90	\$215	\$80	\$102	\$89	\$38

Neighborhood Pools: Arnold Heights, Ballard, Belmont, Eden, Irvingdale and Woods Pool.

Low Income* - Lincoln Parks and Recreation distributes the Low Income cards to local agencies across the community who distribute the cards to their clients.

Passes** - No discounts for season passes. Purchase at pool or online at lincoln.ne.gov under e-pay services. Family pass includes up to two adults and four youth (ages 3-17) in the same family/household. Add \$25 for each additional youth over first four. Additional fees are required per visit when neighborhood season passes are used at Highlands, University Place Pools (\$.25) and Star City Shores (\$.50). Highlands and University Place pass holders need to pay an additional \$.25 per visit at Star City Shores.